

QUALIFIERS FOR NEXT CARNIVAL
Region 1 Championships 2008/2009

LAANSW Carnival System

22 February 2009

Page 1 of 2

Centre: 15 - Hills District

Age Group	Athlete Name	Number	Event	Result
U/9 Boys	Lachlan McGrath	154	700M Walk	4-06.2
	Jack Simpson	257	700M Walk	4-06.6
U/10 Boys	Jordan Glover	104	1100M Walk	5-47.5
			1500M Run	5-23.1
	Jacob Heinrich	161	1100M Walk	6-09.0
	Alex Odoom	129	Long Jump	4.02
U/11 Boys	Ashley Doggett	65	High Jump	1.45
	Jordan Shelley	121	Triple Jump	9.83
			200M Run	27.2
			Long Jump	4.52
			100M Run	13.3
	Benjamin Thomson	14	800M Run	2-25.9
			1500M Run	4-56.0
	U/12 Boys	Harrison Frecklington	298	High Jump
U/13 Boys	Bradley Baker	48	Discus	30.76
	Nicholas Shina	11	1500M Walk	9-42.1
U/14 Boys	Julian Dimitriou	424	400M Run	57.9
	James Frecklington	299	High Jump	1.60
	J Lord	653	Shot Put	9.40
	Duane Tennent	365	400M Run	58.6
U/15 Boys	Nicholas Hough	2	200M Run	21.5
			100M Hurdles	12.7
			100M Run	10.7
	Tim Pond	253	Javelin	43.09
			Shot Put	14.42
	Matthew Van Arkel	360	800M Run	2-10.4
	Blake Wigley	159	3000M Run	10-02.1
	Junior Boys	Junior Boys Hills District	9001	4 x 100 Relay
U/9 Girls	Ali Thomson	23	700M Walk	3-51.4
U/11 Girls	Adriana Shina	12	1100M Walk	6-23.6
U/13 Girls	Nicole Axford	192	1500M Walk	8-22.1
	Corinne Gard	156	3000M Run	11-40.8
	Jessica Hough	3	200M Hurdles	31.1

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Page 2 of 2

U/13 Girls	Emily Michell	272	800M Run	2-33.7
			1500M Run	5-17.6
			3000M Run	11-23.9
	Sarah Watts	38	High Jump	1.47
U/14 Girls	Gabrielle Ralphs	100	Triple Jump	10.29
			Long Jump	4.99
			High Jump	1.55
			Shot Put	11.20
			1500M Walk	7-50.5
U/15 Girls	Felicity Bright	18	800M Run	2-22.5
			3000M Run	11-06.0
	Sarah Bright	19	400M Run	1-01.5
			800M Run	2-20.5
			1500M Run	4-54.7
	Cassie Hewitt	16	Javelin	31.25
			Discus	34.37
U/17 Girls	Meryn Denning	33	100M Run	13.5
			Triple Jump	9.97
			200M Run	27.7