

**RECORDS HISTORY**  
**North West Metropolitan**

**LAANSW Carnival System**

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**RECORD TYPE: CARNIVAL**

<b>Age Group</b>	<b>Event</b>	<b>Record</b>	<b>Current?</b>	<b>Record Holder(s)</b>	<b>Centre/Club</b>	<b>Date</b>	
U/7 Boys	50M Run	8.79	Yes	James Sullivan	Winston Hills	28/01/2006	
		8.80		Jordan Shelley	Hills District	29/01/2005	
		9.37		Cameron Cavaleri	Winston Hills	05/02/2004	
	70M Run	11.0	Yes	P. Mogan	W/HLS	01/01/1989	
		16.00	Yes	T. Henry	W/HLS	01/01/1982	
	200M Run	33.90	Yes	J. Adolphe	HILLS	01/01/1983	
			Yes	M. Canning	W/HLS	01/01/1980	
	Long Jump	3.59	Yes	G. Wells	W/HLS	01/01/1988	
	Shot Put	8.46	Yes	M. Bylsma	W/HLS	01/01/1981	
	Discus	21.72	Yes	M. Walker	HILLS	30/01/1998	
	500M Pack Sta	1-29.50	Yes	Josh Green	Hills District	30/01/2008	
	U/8 Boys	70M Run	10.5	Yes	N. Stephens	W/HLS	01/01/1982
		100M Run	14.80	Yes	A. Polley	W/HLS	01/01/1983
200M Run		30.70	Yes	A. Polley	W/HLS	01/01/1983	
400M Run		1-13.70	Yes	Adam Harding	Riverstone	27/10/2003	
			Yes	P. Wallington	HILLS	01/01/1987	
60M Hurdles		11.16	Yes	Nelson Osifo	Kings Langley	29/01/2005	
		11.20		C. Neilson	W/HLS	05/02/1994	
Long Jump		3.95	Yes	C. Pound	W/HLS	01/01/1985	
Shot Put		8.80	Yes	S. Dhaliwal	Q/HILL	29/01/2000	
Discus		27.86	Yes	S. Dhaliwal	Q/HILL	30/01/2000	
700M Pack Sta		2-05.30	Yes	Josh Green	Hills District	28/01/2009	
		2-11.00		L Maddalena	HILLS	30/01/1998	
U/9 Boys		70M Run	10.7	Yes	A. Bowden	KINGSL	01/02/1997
	100M Run	14.30	Yes	P. Mogan	W/HLS	02/02/1991	
	200M Run	29.80	Yes	J. De Silva	W/HLS	04/02/1996	
	400M Run	1-09.20	Yes	A. Polley	W/HLS	01/01/1984	
	800M Run	2-35.50	Yes	A. Polley	W/HLS	01/01/1984	
	700M Walk	3-51.60	Yes	S. Johnstone	W/HLS	30/01/1998	
	60M Hurdles	10.10	Yes	C. Nielson	W/HLS	04/02/1995	
	Long Jump	4.27	Yes	P. Wallington	HILLS	01/01/1988	
	High Jump	1.31	Yes	Tim Clarke	Winston Hills	27/10/2003	
		1.27		S Nicholls	Hawkesbury City	25/01/2003	
				T. Henry	W/HLS	01/01/1984	
	Shot Put	9.70	Yes	Tepai Moerea	Winston Hills	29/01/2005	
		9.60		Maevna-nui Teina	Winston Hills	27/10/2003	
		9.14		S. Novkovic	W/HLS	01/01/1990	
		30.83	Yes	Tepai Moerea	Winston Hills	30/01/2005	
	Discus	29.84		A. Walker	W/HLS	07/02/1993	
U/10 Boys	70M Run	10.0	Yes	D. Wright	W/HLS	01/02/1997	
	100M Run	13.90	Yes	D. Wright	W/HLS	01/02/1997	
	200M Run	28.80	Yes	T. Henry	W/HLS	01/01/1985	
	400M Run	1-07.70	Yes	M. Canning	W/HLS	01/01/1983	
	800M Run	2-34.30	Yes	A. Polley	W/HLS	01/01/1985	
	1500M Run	5-09.10	Yes	G. Vermeulen	W/HLS	01/01/1983	
	1100M Walk	6-06.36	Yes	Lachlan McGrath	Hills District	27/01/2010	
		6-09.90		C. Trescott	W/HLS	31/01/1997	
	60M Hurdles	9.60	Yes	G. O'Donell	RICH	07/12/1991	
	Long Jump	4.53	Yes	B. Courtney	HILLS	01/01/1984	
	High Jump	1.41	Yes	D. Harris	P TOWN	01/01/1980	
	Shot Put	11.25	Yes	M Teina	Winston Hills	26/01/2003	
		10.72		M. Outzen	W/HLS	30/01/1998	
		35.40	Yes	Joshua Baker	Winston Hills	31/01/2009	
	Discus	34.34		L. Maddalena	HILLS	29/01/2000	

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U/11 Boys	100M Run	12.90	Yes	C. Cassidy	HILLS	01/01/1980
	200M Run	27.60	Yes	C. Cassidy	HILLS	01/01/1980
	400M Run	1-04.20	Yes	C. Cassidy	HILLS	01/01/1980
	800M Run	2-27.20	Yes	P. Stellino	HILLS	01/01/1982
	1500M Run	4-59.30	Yes	P. Stellino	HILLS	01/01/1982
	1100M Walk	5-59.87	Yes	Jordan Glover	Hills District	27/01/2010
		6-11.10		N. Fullarton	W/HLS	31/01/1996
	1500M Walk	7-55.20	Yes	C. Arkins	HILLS	01/01/1982
	60M Hurdles	9.70	Yes	D Zisti	Riverstone	27/10/2003
				G. O'Donell	RICH	06/02/1993
	Long Jump	5.06	Yes	T. Henry	W/HLS	01/01/1986
	High Jump	1.50	Yes	Joel Edwards	Winston Hills	28/01/2006
				Nathan White	Hills District	29/01/2005
				D Marcel	Hills District	25/01/2003
				B. Brian	RIV	01/01/1989
	Triple Jump	10.12	Yes	Nicholas Hough	Hills District	29/01/2005
		10.11		G. Snowsill	HILLS	01/01/1981
	Shot Put	13.22	Yes	Maeva-nui Teina	Winston Hills	31/01/2004
		12.44		Adam Luzi	Winston Hills	27/10/2003
		11.50		M. Outzen	W/HLS	30/01/1999
	Discus	33.83	Yes	Maeva-nui Teina	Winston Hills	01/02/2004
		31.36		M. Lowe	W/HLS	02/02/1997
	U/12 Boys	100M Run	12.60	Yes	C. Cassidy	HILLS
200M Run		26.76	Yes	Jordan Idiare	Winston Hills	30/01/2011
		26.80		S. Wright	W/HLS	01/01/1983
400M Run		1-02.00	Yes	N. Wallington	HILLS	01/01/1988
800M Run		2-16.80	Yes	P. Stellino	HILLS	01/01/1983
1500M Run		4-38.50	Yes	P. Stellino	HILLS	01/01/1983
1500M Walk		7-25.90	Yes	C. Arkins	HILLS	01/01/1983
60M Hurdles		9.40	Yes	A. Abou-Mahmoud	W/HLS	03/02/1996
Long Jump		5.10	Yes	B. Courtney	HILLS	01/01/1986
High Jump		1.52	Yes	N. Wallington	HILLS	01/01/1988
Triple Jump		10.77	Yes	Frederick Adutwum	Quakers Hill	30/01/2011
		10.66		D. Barrett	HILLS	01/01/1984
Shot Put		12.87	Yes	Maeva-nui Teina	Winston Hills	30/01/2005
		12.67		A Luzi	Winston Hills	26/01/2003
		12.56		S. Novkovic	W/HLS	07/02/1993
Discus		41.02	Yes	A Luzi	Winston Hills	25/01/2003
		40.12		S. Novkovic	W/HLS	06/02/1993
Javelin		22.55	Yes	Joshua Wooldridge	Winston Hills	29/01/2011
U/13 Boys		100M Run	12.30	Yes	A. Abou-Mahmoud	W/HLS
			Yes	S. Spicer	W/HLS	07/12/1991
	200M Run	24.88	Yes	Nicholas Hough	Hills District	28/01/2007
		25.70		S. Madden	RICH	01/01/1985
	400M Run	1-00.10	Yes	M. Adams	HILLS	06/02/1993
	800M Run	2-18.70	Yes	R. Bileckij	HILLS	03/02/1991
	1500M Run	4-44.50	Yes	R. Bileckij	HILLS	02/02/1991
	3000M Run	10-04.22	Yes	Benjamin Thomson	Hills District	29/01/2011
		10-12.08		A Ellis	Hills District	29/01/2003
		10-45.50		B. Murray	W/HLS	02/02/1994
	1500M Walk	7-37.80	Yes	B. Murray	W/HLS	04/02/1994
	80M Hurdles	12.10	Yes	A. Abou-Mahmoud	W/HLS	02/02/1997
	90M Hurdles	14.10	Yes	B. Courtney	HILLS	01/01/1987
	200M Hurdles	28.30	Yes	L. Liaubon	W/HLS	01/01/1985
	Long Jump	5.33	Yes	Denzel Singleton	Hills District	31/01/2010
5.27			S. Laughton	HILLS	01/01/1986	

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U/13 Boys	High Jump	1.78	Yes	P. Jackson	RICH	02/02/1991	
	Triple Jump	11.76	Yes	Nicholas Hough	Hills District	27/01/2007	
		10.89		S. Novkovic	W/HLS	05/02/1994	
	Shot Put	16.34	Yes	S. Novkovic	W/HLS	05/02/1994	
	Discus	43.10	Yes	S. Novkovic	W/HLS	06/02/1994	
	Javelin	39.67	Yes	Adam Luzi	Winston Hills	29/01/2004	
34.16			A. Walker	W/HLS	31/01/1997		
U/14 Boys	100M Run	11.90	Yes	M. Adams	HILLS	05/02/1994	
	200M Run	23.98	Yes	Nicholas Hough	Hills District	03/02/2008	
		24.70		S. Elliott	W/HLS	05/02/1995	
		24.70		S. Elliott	W/HLS	05/02/1995	
	400M Run	54.80	Yes	M. Adams	HILLS	05/02/1994	
	800M Run	2-14.90	Yes	R. Bileckij	HILLS	08/12/1991	
	1500M Run	4-36.80	Yes	B. McEearney	HILLS	01/01/1987	
	3000M Run	10-11.90	Yes	Andrew Ellis	Hills District	04/02/2004	
		10-22.90		M. Katalinic	W/HLS	04/02/1996	
	1500M Walk	7-44.20	Yes	D. Rushworth	PROS	05/02/1993	
	80M Hurdles	12.80	Yes	L. Liaubon	W/HLS	01/01/1986	
	90M Hurdles	12.55	Yes	Nicholas Hough	Hills District	03/02/2008	
		13.60		L. Salkeld	HILLS	05/02/1995	
	200M Hurdles	25.41	Yes	Nicholas Hough	Hills District	02/02/2008	
		27.20		N. Wallington	HILLS	01/01/1990	
		27.20		B. Figures	W/HLS	01/01/1987	
	Long Jump	5.77	Yes	A. Abou-Mahmoud	HILLS	30/01/1998	
	High Jump	1.72	Yes	M Claridge	Hills District	27/10/2003	
		1.71		A. Bohman	HILLS	01/01/1988	
		1.71		J. Herron	HILLS	01/01/1988	
	Triple Jump	11.69	Yes	Jodan Coleman	Hills District	29/01/2011	
		11.55		S. Novkovic	W/HLS	04/02/1995	
	Shot Put	16.12	Yes	S. Novkovic	W/HLS	04/02/1995	
	Discus	53.70	Yes	S. Novkovic	W/HLS	05/02/1995	
	Javelin	45.52	Yes	M. Sowden	RIV	31/01/1997	
	U/15 Boys	100M Run	11.20	Yes	Nicholas Hough	Hills District	31/01/2009
			11.40		A. Hokin	RICH	06/02/1993
200M Run		22.87	Yes	Nicholas Hough	Hills District	01/02/2009	
		23.70		S. Elliott	W/HLS	04/02/1996	
		23.70		A. Hokin	RICH	07/02/1993	
400M Run		55.00	Yes	P. Williams	W/HLS	07/12/1991	
800M Run		2-07.38	Yes	James Kaan	Hills District	30/01/2005	
		2-08.60		J. Stevens	HILLS	30/01/2000	
		2-08.60		C. Jones	HILLS	03/02/1991	
1500M Run		4-20.45	Yes	James Kaan	Hills District	29/01/2005	
		4-27.90		C. Jones	HILLS	02/02/1991	
3000M Run		9-50.30	Yes	C. Jones	HILLS	31/01/1991	
1500M Walk		7-17.50	Yes	A. Midgley	PROS	05/02/1993	
90M Hurdles		13.30	Yes	P. Valenti	W/HLS	07/02/1993	
100M Hurdles		14.49	Yes	C Burns	Hawkesbury City	30/01/2005	
		14.65		Leo Dulay	Winston Hills	01/02/2004	
200M Hurdles		26.59	Yes	K Mannix	Hills District	25/01/2003	
		26.80		S. Morris	HILLS	01/01/1988	
Long Jump		6.00	Yes	Andrew Semple	Winston Hills	27/10/2003	
		5.83		D. Klineberg	HILLS	01/01/1988	
High Jump		1.85	Yes	Ryan Webster	Winston Hills	29/01/2005	
		1.78		T Zaja	Hills District	27/10/2003	
		1.78		P. Jackson	RICH	02/02/1991	
Triple Jump		12.37	Yes	Andrew Semple	Winston Hills	27/10/2003	
		12.24		D. Mulcahy	HILLS	06/02/1994	

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U/15 Boys	Shot Put	17.34	Yes	M. Sowden	RIV	30/01/1998	
	Discus	55.88	Yes	A. Walker	HILLS	30/01/1999	
	Javelin	56.44	Yes	M Outzen	Winston Hills	26/01/2003	
		53.46		M. Sowden	RIV	30/01/1998	
U/17 Boys	100M Run	11.87	Yes	Adrian Boelhouwer	Rouse Hill	29/01/2011	
		12.09		Matthew Wesble	Riverstone	30/01/2010	
		12.26		Alexander Lorenzelli	Hills District	31/01/2009	
	200M Run	24.18	Yes	Anthony Baddock	Winston Hills	31/01/2010	
		24.58		Anthony Baddock	Winston Hills	01/02/2009	
	400M Run	54.67	Yes	Anthony Baddock	Winston Hills	31/01/2009	
	800M Run	2-12.48	Yes	Franz Hartmann	Hills District	30/01/2011	
		2-16.33		Franz Hartmann	Hills District	31/01/2010	
		2-27.16		Jake Farquar	Kings Langley	01/02/2009	
	1500M Run	4-37.31	Yes	Franz Hartmann	Hills District	29/01/2011	
		4-50.83		Franz Hartmann	Hills District	30/01/2010	
	3000M Run	10-22.69	Yes	Franz Hartmann	Hills District	29/01/2011	
		12-10.65		Bryce Traynor	Kings Langley	30/01/2010	
		12-21.65		Bryce Traynor	Kings Langley	31/01/2009	
	200M Hurdles	26.36	Yes	Anthony Baddock	Winston Hills	23/01/2010	
	Long Jump	5.90	Yes	Brad Mcnaughton	Winston Hills	29/01/2011	
			Yes	Steven Jessep	Kings Langley	29/01/2011	
		5.85		Elliott Balkin	Hills District	30/01/2010	
		5.69		Elliott Balkin	Hills District	31/01/2009	
		High Jump	1.78	Yes	Steven Jessep	Kings Langley	29/01/2011
	1.72			Elliott Balkin	Hills District	30/01/2010	
	1.50			Elliott Balkin	Hills District	31/01/2009	
	Triple Jump	12.20	Yes	Anthony Baddock	Winston Hills	01/02/2009	
	Shot Put	15.34	Yes	Maeva Teina	Winston Hills	31/01/2009	
	Discus	41.18	Yes	Maeva Nui Teina	Winston Hills	31/01/2010	
		40.23		Maeva Teina	Winston Hills	01/02/2009	
	Javelin	44.59	Yes	Brad Mcnaughton	Winston Hills	28/01/2011	
		43.56		Maeva Teina	Winston Hills	28/01/2009	
	110M Hurdles	15.71	Yes	Steven Jessep	Kings Langley	30/01/2011	
		16.41		Robert Jessep	Kings Langley	01/02/2009	
	Junior Boys	4 x 100 Relay	57.90	Yes	Hills District	HILLS	01/01/1990
	Senior Boys	3000M Run	9-50.30	Yes	C. Jones	HILLS	31/01/1991
4 x 100 Relay		49.19	Yes	Relay Sb	Hills District	31/01/2010	
		50.60		Winston Hills	W/HLS	08/12/1991	
U/7 Girls	50M Run	9.04	Yes	Chloe Kennedy	Quakers Hill	30/01/2010	
		9.19		Tiana Jaber	Kings Langley	27/01/2007	
		9.40		Alice Collins	Hills District	28/01/2006	
				R Pace	Riverstone	29/01/2005	
		9.80		Rebecca Symonds	Winston Hills	05/02/2004	
	70M Run	11.4	Yes	A. Davis	HILLS	01/01/1984	
	100M Run	16.30	Yes	D. Kerr	W/HLS	01/01/1985	
	200M Run	33.70	Yes	A. Ashton	KINGSL	30/01/2000	
	Long Jump	3.46	Yes	R. Crooks	RIV	01/01/1987	
	Shot Put	7.96	Yes	K. Leppanen	W/HLS	01/01/1984	
	Discus	20.08	Yes	T Sengul	Winston Hills	25/01/2003	
		15.26		K. Kennedy	W/HLS	29/01/2000	
	500M Pack Sta	1-37.80	Yes	S. Lapham	HILLS	01/01/1988	
	U/8 Girls	70M Run	10.6	Yes	D. Kerr	W/HLS	01/01/1986
100M Run		15.40	Yes	D. Kerr	W/HLS	01/01/1986	

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U/8 Girls	100M Run	15.40	Yes	K. Smith	LAL PK	01/01/1984
			Yes	A. Parker	HILLS	01/01/1980
	200M Run	32.80	Yes	D. Kearney	HILLS	01/01/1990
	400M Run	1-17.12	Yes	Matilda Souter	Winston Hills	31/01/2004
			1-18.60		D. Kearney	HILLS
	60M Hurdles	11.70	Yes	K. Memahon	HAWKES	01/02/1997
			Yes	A. Kerr	W/HLS	04/02/1995
	Long Jump	4.17	Yes	D. Kerr	W/HLS	01/01/1986
	Shot Put	8.50	Yes	Taylah Sengul	Winston Hills	01/02/2004
				Taylor Breeze-backers	Kings Langley	27/10/2003
			6.28	J. Cameron	W/HLS	30/01/1999
	Discus	23.74	Yes	S. Vale	HILLS	04/02/1996
			Yes	Taylah Sengul	Winston Hills	31/01/2004
			20.20	K. Lepanen	W/HLS	06/02/1985
	700M Pack Sta	2-18.10	Yes	K. Drennan	Winston Hills	06/12/1991
U/9 Girls	70M Run	10.7	Yes	L. Todd	KINGSL	30/01/2000
	100M Run	14.30	Yes	L. Whiteside	W/HLS	01/01/1981
	200M Run	31.20	Yes	D. Kerr	W/HLS	01/01/1987
	400M Run	1-10.40	Yes	N. Stenberg	HILLS	01/01/1980
	800M Run	2-41.00	Yes	N. Stenberg	HILLS	01/01/1980
	700M Walk	3-31.00	Yes	S. Munday	PROS	31/01/1997
	60M Hurdles	10.80	Yes	S. Starkey	RIV	01/02/1997
	Long Jump	4.31	Yes	D. Kerr	W/HLS	01/01/1987
	High Jump	1.14	Yes	Lauren Russell	Hawkesbury City	27/01/2007
			Yes	L. Denning	HILLS	30/01/1999
	Shot Put	8.12	Yes	T Breeze-Backers	Winston Hills	25/01/2003
			7.96	M. Leppanen	W/HLS	01/01/1983
	Discus	27.18	Yes	Paletina Lemi	Winston Hills	30/01/2005
			25.64	C. Gardiner	P TOWN	01/01/1981
	U/10 Girls	70M Run	9.8	Yes	A. Kerr	W/HLS
100M Run		13.70	Yes	A. Kerr	W/HLS	01/02/1997
200M Run		29.50	Yes	D. Waltmann	LAL PK	01/01/1983
400M Run		1-10.01	Yes	Sara de Silva	Winston Hills	31/01/2009
			1-10.40		V. Hayes	W/HLS
800M Run		2-40.40	Yes	K. Clemens	LAL PK	01/01/1985
1500M Run		5-29.20	Yes	E. Simpson	W/HLS	01/01/1985
1100M Walk		6-17.40	Yes	R Houston	Winston Hills	23/01/2003
			6-40.20		A. Elgood	HILLS
60M Hurdles		9.60	Yes	B. Smith	W/HLS	01/01/1988
Long Jump		4.69	Yes	D. Kerr	W/HLS	01/01/1988
High Jump		1.28	Yes	Ashlee Tait	Kings Langley	28/01/2007
			1.27	Taylor Breeze-Backers	Winston Hills	01/02/2004
			1.26	J. Morrison	W/HLS	01/01/1981
Shot Put		10.92	Yes	Paletina Lemi	Winston Hills	29/01/2006
			10.26	D. Ciferson	W/HLS	01/01/1984
Discus		36.17	Yes	Taylah Sengul	Winston Hills	28/01/2006
			31.76	C. Gardiner	P TOWN	01/01/1982
U/11 Girls	100M Run	13.60	Yes	A. Kerr	W/HLS	30/01/1998
			Yes	B. Page	HILLS	01/01/1987
	200M Run	28.90	Yes	L. Sheridan	W/HLS	01/01/1980
	400M Run	1-06.00	Yes	N. Stenberg	HILLS	01/01/1982
	800M Run	2-33.90	Yes	C. Hauser	HILLS	01/01/1981
	1500M Run	5-16.70	Yes	E. Simpson	W/HLS	01/01/1986
	1100M Walk	5-57.51	Yes	Ali Thomson	Hills District	28/01/2011
			6-03.40		B.Melrose	WinstonHills

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U/11 Girls	1500M Walk	8-08.30	Yes	S. Pearce	HILLS	01/01/1983
	60M Hurdles	10.00	Yes	J. Pittman	W/HLS	05/02/1994
	Long Jump	4.83	Yes	D. Kerr	W/HLS	01/01/1989
	High Jump	1.38	Yes	A. Fletcher	HILLS	01/01/1985
	Triple Jump	9.70	Yes	Tiana Jaber	Kings Langley	29/01/2011
		9.46		K. Laws	HILLS	01/01/1988
	Shot Put	12.65	Yes	Taylah Sengul	Winston Hills	27/01/2007
		10.70		T. Kerr	W/HLS	06/02/1994
	Discus	33.66	Yes	Paletina Lemi	Winston Hills	28/01/2007
		32.90		D. Ciferson	W/HLS	01/01/1985
U/12 Girls	100M Run	13.20	Yes	M. Riley	HILLS	30/01/1999
			Yes	A. Coupland	HILLS	01/01/1986
	200M Run	27.10	Yes	M. Riley	HILLS	30/01/1999
	400M Run	1-04.90	Yes	N. Sternberg	HILLS	01/01/1983
	800M Run	2-26.00	Yes	A. Harrison	HILLS	01/01/1985
	1500M Run	4-59.00	Yes	S. Everitt	HILLS	01/01/1980
	1500M Walk	7-50.80	Yes	C. Bock	W/HLS	04/02/1994
	60M Hurdles	9.60	Yes	B. Smith	W/HLS	01/01/1990
	Long Jump	5.07	Yes	K. Barrett	W/HLS	01/01/1982
	High Jump	1.47	Yes	J. Morrison	W/HLS	01/01/1983
	Triple Jump	10.58	Yes	L. Caruana	PROS	08/12/1991
		15.76	Yes	Taylah Sengul	Winston Hills	03/02/2008
	Shot Put	12.69		J Cameron	Hills District	26/01/2003
		12.58		C. Gardiner	LAL PK	01/01/1984
		41.59	Yes	Taylah Sengul	Winston Hills	02/02/2008
	Discus	38.62		D. Ciferson	W/HLS	01/01/1986
		22.93	Yes	Bethany Parker	Kings Langley	29/01/2011
U/13 Girls	100M Run	12.60	Yes	D. Kerr	W/HLS	02/02/1991
	200M Run	26.80	Yes	M. Riley	HILLS	30/01/2000
	400M Run	1-02.04	Yes	Phoebe Rom	Winston Hills	31/01/2004
		1-02.20		K. Clemens	HILLS	01/01/1988
	800M Run	2-22.60	Yes	K. Clemens	HILLS	01/01/1988
	1500M Run	4-57.50	Yes	A. Harrison	HILLS	01/01/1986
	3000M Run	10-43.12	Yes	Sarah Marvin	Winston Hills	30/01/2010
		11-17.40		Janine Liversage	Hills District	02/02/2006
		11-43.26		H Pobjie	HILLS	27/01/2002
		12-02.30		K. Drennan	W/HLS	02/02/1997
	1500M Walk	7-46.10	Yes	Isabella Shina	Hills District	30/01/2008
		8-01.40		Brittany Melrose	Winston Hills	29/01/2004
		8-02.10		S. Waldron	HILLS	28/01/2000
	80M Hurdles	13.50	Yes	A. Parry	HAWKES	05/02/1995
	90M Hurdles	14.10	Yes	B. Smith	W/HLS	03/02/1991
	200M Hurdles	29.70	Yes	A. Maguire	HILLS	01/01/1990
	Long Jump	5.05	Yes	D. Kerr	W/HLS	02/02/1991
	High Jump	1.55	Yes	E South	Winston Hills	25/01/2003
		1.53		M. Page	HILLS	01/01/1985
	Triple Jump	10.94	Yes	B. Smith	W/HLS	02/02/1991
	Shot Put	14.57	Yes	Taylah Sengul	Winston Hills	01/02/2009
		11.97		Tepa Lemi	Winston Hills	28/01/2007
		11.48		S. Novkovic	W/HLS	30/01/1998
Discus	47.60	Yes	Taylah Sengul	Winston Hills	31/01/2009	
	40.42		F. La Praik	HAWKES	04/02/1996	
Javelin	41.86	Yes	Taylah Sengul	Winston Hills	28/01/2009	
	31.49		Jessica Cameron	Winston Hills	29/01/2004	
	30.82		S. Novkovic	W/HLS	30/01/1998	

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**North West Metropolitan**

**LAANSW Carnival System**

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**RECORD TYPE: CARNIVAL**

<b>Age Group</b>	<b>Event</b>	<b>Record</b>	<b>Current?</b>	<b>Record Holder(s)</b>	<b>Centre/Club</b>	<b>Date</b>	
U/14 Girls	100M Run	12.40	Yes	Ashleigh Kerr	Winston Hills	27/10/2003	
		12.60		B. Smith	W/HLS	07/12/1991	
		25.90	Yes	P. Carey	HILLS	30/01/1998	
	200M Run	1-00.80	Yes	K. Clemens	HILLS	01/01/1989	
	400M Run	2-20.60	Yes	K. Clemens	HILLS	01/01/1989	
	1500M Run	5-01.87	Yes	Sarah Marvin	Winston Hills	29/01/2011	
		5-04.64		H Gregson	Hills 2WS Athletic Club	25/01/2003	
		5-05.90		K. Clemens	HILLS	01/01/1989	
	3000M Run	10-37.90	Yes	Sarah Marvin	Winston Hills	29/01/2011	
		11-32.10		Holly Pobjie	Hills District	27/10/2003	
		12-15.50		V. Hawthorn	HILLS	02/02/1994	
	1500M Walk	7-52.57	Yes	Brittany Melrose	Winston Hills	27/01/2005	
		7-57.10		K. Geyteman	RICH	06/12/1991	
	80M Hurdles	13.00	Yes	A. Luthy	HAWKES	04/02/1996	
	90M Hurdles	14.20	Yes	B. Smith	W/HLS	08/12/1991	
	200M Hurdles	29.10	Yes	R. Freeman	HILLS	01/01/1988	
	Long Jump	5.39	Yes	P. Carey	HILLS	30/01/1998	
	High Jump	1.57	Yes	K. Noon	HAWKS	30/01/1998	
	Triple Jump	11.28	Yes	B. Smith	W/HLS	08/12/1991	
	Shot Put	15.42	Yes	Taylah Sengul	Winston Hills	30/01/2010	
		13.16		Jessica Cameron	Winston Hills	29/01/2005	
				D. Ciferson	W/HLS	01/01/1988	
	Discus	44.29	Yes	Taylah Sengul	Winston Hills	31/01/2010	
		36.66		Jessica Cameron	Winston Hills	30/01/2005	
		35.84		D. Ciferson	W/HLS	01/01/1988	
	Javelin	37.11	Yes	Taylah Sengul	Winston Hills	27/01/2010	
		32.17		Lara Huston	Winston Hills	29/01/2004	
		28.78		E Pruyt	Hills District	27/10/2003	
		27.90		Christina Luzi	Winston Hills	27/10/2003	
		25.06		K. Drennan	W/HLS	30/01/1998	
	U/15 Girls	100M Run	12.50	Yes	M Riley	Hills District	27/10/2003
				Yes	P. Carey	HILLS	30/01/1999
				Yes	D. Kerr	W/HLS	06/02/1993
200M Run		26.20	Yes	M Riely	Hills District	27/10/2003	
		26.30		P. Carey	HILLS	30/01/1999	
				D. Kerr	W/HLS	07/02/1993	
400M Run		59.30	Yes	S. Lapham	HILLS	03/02/1996	
800M Run		2-18.30	Yes	S. Lapham	HILLS	04/02/1996	
1500M Run		4-58.60	Yes	Sarah Bright	Hills District	31/01/2009	
		5-07.20		H Pobjie	Hills District	25/01/2003	
		5-09.90		K. Clemens	HILLS	01/01/1990	
3000M Run		10-57.25	Yes	H Pobjie	Hills District	29/01/2003	
		11-12.00		E. Simpson	W/HLS	01/01/1990	
1500M Walk		7-15.46	Yes	Melissa Hayes	Kings Langley	25/01/2006	
		7-23.60		D. Peel	W/HLS	02/02/1995	
90M Hurdles		13.30	Yes	A. Luthy	HAWKES	02/02/1997	
200M Hurdles		29.50	Yes	J. Eccleston	W/HLS	01/01/1990	
Long Jump		5.49	Yes	M Riely	Hills District	27/10/2003	
		5.44		A. Luthy	HAWKES	01/02/1997	
High Jump		1.66	Yes	C. Mortleman	HILLS	05/02/1994	
Triple Jump		11.47	Yes	Natalie Apikotoa	Kings Langley	31/01/2010	
		11.25		S. Lapham	HILLS	04/02/1996	
Shot Put		14.86	Yes	Taylah Sengul	Winston Hills	30/01/2011	
	13.58		J. Everson	W/HLS	01/01/1989		
Discus	44.63	Yes	Taylah Sengul	Winston Hills	29/01/2011		
	40.32		D. Ciferson	W/HLS	01/01/1989		
Javelin	35.80	Yes	L Pruyt	Hills District	26/01/2003		

**RECORD TYPE: CARNIVAL**

<b>Age Group</b>	<b>Event</b>	<b>Record</b>	<b>Current?</b>	<b>Record Holder(s)</b>	<b>Centre/Club</b>	<b>Date</b>
U/15 Girls	Javelin	32.30		K. Drennan	W/HLS	30/01/1999
U/17 Girls	100M Run	13.08	Yes	Natalie Apikotoa	Kings Langley	29/01/2011
		13.51		Meryn Denning	Hills District	31/01/2009
	200M Run	26.83	Yes	Natalie Apikotoa	Kings Langley	30/01/2011
		28.38		Meryn Denning	Hills District	01/02/2009
	400M Run	1-07.28	Yes	Hannah Monty	Hills District	30/01/2010
		1-08.99		Emily Jordan	Winston Hills	31/01/2009
	800M Run	2-43.72	Yes	Louise Marvin	Winston Hills	01/02/2009
	1500M Run	5-19.14	Yes	Else Gallen	Riverstone	30/01/2010
		5-31.70		Louise Marvin	Winston Hills	31/01/2009
	3000M Run	11-09.39	Yes	Else Gallen	Riverstone	30/01/2010
		12-02.43		Louise Marvin	Winston Hills	31/01/2009
	1500M Walk	8-47.57	Yes	Isabella Shina	Hills District	28/01/2011
		9-49.93		Rebecca Houston	Winston Hills	27/01/2010
	100M Hurdles	10-12.60		Rebecca Houston	Winston Hills	28/01/2009
		15.22	Yes	Corrina Moore	Kings Langley	30/01/2011
		17.82		Hannah Monty	Hills District	31/01/2010
	200M Hurdles	19.91		Emily Thomson	Winston Hills	01/02/2009
		30.03	Yes	Natalie Apikotoa	Kings Langley	29/01/2011
	Long Jump	32.87		Meryn Denning	Hills District	31/01/2009
		5.30	Yes	Natalie Apikotoa	Kings Langley	29/01/2011
		4.56		Emily Jordan	Winston Hills	30/01/2010
	High Jump	4.54		Alison McIntye	Hills District	31/01/2009
		1.54	Yes	Corrina Moore	Kings Langley	29/01/2011
	Triple Jump	1.35		Emily Thomson	Winston Hills	31/01/2009
		11.90	Yes	Natalie Apikotoa	Kings Langley	30/01/2011
	Shot Put	9.93		Meryn Denning	Hills District	01/02/2009
		11.73	Yes	Tepa Lemi	Winston Hills	31/01/2010
	Discus	8.27		Nicole Dahlberg	Winston Hills	01/02/2009
		38.30	Yes	Tepa Lemi	Winston Hills	30/01/2010
		24.16		Mahsa Javam	Winston Hills	31/01/2009
Javelin	32.15	Yes	Brianna Murray	Winston Hills	28/01/2011	
	31.16		Nicole Dahlberg	Winston Hills	28/01/2009	
Junior Girls	4 x 100 Relay	58.50	Yes	Hills District	HILLS	04/02/1996
Senior Girls	3000M Run	11-12.00	Yes	E. Simpson	W/HLS	02/02/1990
	4 x 100 Relay	51.60	Yes	Relay Hills	Hills District	27/10/2003
		52.50		Hills District	HILLS	30/01/1999

**Selection Criteria for this Report**

**Record Type:** CARNIVAL

**Age Group:** All

**Event:** All