

RECORDS HISTORY
North West Metropolitan

LAANSW Carnival System

4 February 2010

Page 1 of 8

RECORD TYPE: CARNIVAL

Age Group	Event	Record	Current?	Record Holder(s)	Centre/Club	Date
U/7 Boys	50M Run	8.79	Yes	James Sullivan	Winston Hills	28/01/2006
		8.80		Jordan Shelley	Hills District	29/01/2005
		9.37		Cameron Cavaleri	Winston Hills	05/02/2004
	70M Run	11.0	Yes	P. Mogan	W/HLS	01/01/1989
		16.00	Yes	T. Henry	W/HLS	01/01/1982
	200M Run	33.90	Yes	J. Adolphe	HILLS	01/01/1983
			Yes	M. Canning	W/HLS	01/01/1980
	Long Jump	3.59	Yes	G. Wells	W/HLS	01/01/1988
	Shot Put	8.46	Yes	M. Bylsma	W/HLS	01/01/1981
	Discus	21.72	Yes	M. Walker	HILLS	30/01/1998
	500M Pack Sta	1-29.50	Yes	Josh Green	Hills District	30/01/2008
U/8 Boys	70M Run	10.5	Yes	N. Stephens	W/HLS	01/01/1982
		14.80	Yes	A. Polley	W/HLS	01/01/1983
	200M Run	30.70	Yes	A. Polley	W/HLS	01/01/1983
		1-13.70	Yes	Adam Harding	Riverstone	27/10/2003
	400M Run		Yes	P. Wallington	HILLS	01/01/1987
		11.16	Yes	Nelson Osifo	Kings Langley	29/01/2005
	60M Hurdles	11.20		C. Neilson	W/HLS	05/02/1994
		3.95	Yes	C. Pound	W/HLS	01/01/1985
	Long Jump	8.80	Yes	S. Dhaliwal	Q/HILL	29/01/2000
	Shot Put	27.86	Yes	S. Dhaliwal	Q/HILL	30/01/2000
	700M Pack Sta	2-05.30	Yes	Josh Green	Hills District	28/01/2009
2-11.00			L Maddalena	HILLS	30/01/1998	
U/9 Boys	70M Run	10.7	Yes	A. Bowden	KINGSL	01/02/1997
		14.30	Yes	P. Mogan	W/HLS	02/02/1991
	200M Run	29.80	Yes	J. De Silva	W/HLS	04/02/1996
			Yes	J. De Silva	W/HLS	04/02/1995
	400M Run	1-09.20	Yes	A. Polley	W/HLS	01/01/1984
	800M Run	2-35.50	Yes	A. Polley	W/HLS	01/01/1984
	700M Walk	3-51.60	Yes	S. Johnstone	W/HLS	30/01/1998
	60M Hurdles	10.10	Yes	C. Nielson	W/HLS	04/02/1995
	Long Jump	4.27	Yes	P. Wallington	HILLS	01/01/1988
		High Jump	1.31	Yes	Tim Clarke	Winston Hills
	1.27			S Nicholls	Hawkesbury City	25/01/2003
				T. Henry	W/HLS	01/01/1984
	Shot Put	9.70	Yes	Tepai Moerea	Winston Hills	29/01/2005
		9.60		Maevna-nui Teina	Winston Hills	27/10/2003
		9.14		S. Novkovic	W/HLS	01/01/1990
Discus	30.83	Yes	Tepai Moerea	Winston Hills	30/01/2005	
	29.84		A. Walker	W/HLS	07/02/1993	
U/10 Boys	70M Run	10.0	Yes	D. Wright	W/HLS	01/02/1997
		13.90	Yes	D. Wright	W/HLS	01/02/1997
	200M Run	28.80	Yes	T. Henry	W/HLS	01/01/1985
	400M Run	1-07.70	Yes	M. Canning	W/HLS	01/01/1983
	800M Run	2-34.30	Yes	A. Polley	W/HLS	01/01/1985
	1500M Run	5-09.10	Yes	G. Vermeulen	W/HLS	01/01/1983
	1100M Walk	6-06.36	Yes	Lachlan McGrath	Hills District	27/01/2010
		6-09.90		C. Trescott	W/HLS	31/01/1997
	60M Hurdles	9.60	Yes	G. O'Donell	RICH	07/12/1991
	Long Jump	4.53	Yes	B. Courtney	HILLS	01/01/1984
	High Jump	1.41	Yes	D. Harris	P TOWN	01/01/1980
		Shot Put	11.25	Yes	M Teina	Winston Hills
			10.72		M. Outzen	W/HLS
	Discus	35.40	Yes	Joshua Baker	Winston Hills	31/01/2009
		34.34		L. Maddalena	HILLS	29/01/2000

RECORDS HISTORY
North West Metropolitan

LAANSW Carnival System

4 February 2010

Page 2 of 8

RECORD TYPE: CARNIVAL

Age Group	Event	Record	Current?	Record Holder(s)	Centre/Club	Date
U/11 Boys	100M Run	12.90	Yes	C. Cassidy	HILLS	01/01/1980
	200M Run	27.60	Yes	C. Cassidy	HILLS	01/01/1980
	400M Run	1-04.20	Yes	C. Cassidy	HILLS	01/01/1980
	800M Run	2-27.20	Yes	P. Stellino	HILLS	01/01/1982
	1500M Run	4-59.30	Yes	P. Stellino	HILLS	01/01/1982
	1100M Walk	5-59.87	Yes	Jordan Glover	Hills District	27/01/2010
		6-11.10		N. Fullarton	W/HLS	31/01/1996
	1500M Walk	7-55.20	Yes	C. Arkins	HILLS	01/01/1982
	60M Hurdles	9.70	Yes	D Zisti	Riverstone	27/10/2003
				G. O'Donell	RICH	06/02/1993
	Long Jump	5.06	Yes	T. Henry	W/HLS	01/01/1986
	High Jump	1.50	Yes	Joel Edwards	Winston Hills	28/01/2006
				Nathan White	Hills District	29/01/2005
				D Marcel	Hills District	25/01/2003
				B. Brian	RIV	01/01/1989
	Triple Jump	10.12	Yes	Nicholas Hough	Hills District	29/01/2005
		10.11		G. Snowsill	HILLS	01/01/1981
	Shot Put	13.22	Yes	Maeva-nui Teina	Winston Hills	31/01/2004
		12.44		Adam Luzi	Winston Hills	27/10/2003
		11.50		M. Outzen	W/HLS	30/01/1999
	Discus	33.83	Yes	Maeva-nui Teina	Winston Hills	01/02/2004
		31.36		M. Lowe	W/HLS	02/02/1997
	U/12 Boys	100M Run	12.60	Yes	C. Cassidy	HILLS
200M Run		26.80	Yes	S. Wright	W/HLS	01/01/1983
400M Run		1-02.00	Yes	N. Wallington	HILLS	01/01/1988
800M Run		2-16.80	Yes	P. Stellino	HILLS	01/01/1983
1500M Run		4-38.50	Yes	P. Stellino	HILLS	01/01/1983
1500M Walk		7-25.90	Yes	C. Arkins	HILLS	01/01/1983
60M Hurdles		9.40	Yes	A. Abou-Mahmoud	W/HLS	03/02/1996
				A. Abou-Mahmoud	W/HLS	03/02/1995
Long Jump		5.10	Yes	B. Courtney	HILLS	01/01/1986
High Jump		1.52	Yes	N. Wallington	HILLS	01/01/1988
Triple Jump		10.66	Yes	D. Barrett	HILLS	01/01/1984
Shot Put		12.87	Yes	Maeva-nui Teina	Winston Hills	30/01/2005
		12.67		A Luzi	Winston Hills	26/01/2003
		12.56		S. Novkovic	W/HLS	07/02/1993
Discus		41.02	Yes	A Luzi	Winston Hills	25/01/2003
		40.12		S. Novkovic	W/HLS	06/02/1993
U/13 Boys	100M Run	12.30	Yes	A. Abou-Mahmoud	W/HLS	01/02/1997
	200M Run	24.88	Yes	S. Spicer	W/HLS	07/12/1991
				Nicholas Hough	Hills District	28/01/2007
				S. Madden	RICH	01/01/1985
	400M Run	1-00.10	Yes	M. Adams	HILLS	06/02/1993
	800M Run	2-18.70	Yes	R. Bileckij	HILLS	03/02/1991
	1500M Run	4-44.50	Yes	R. Bileckij	HILLS	02/02/1991
	3000M Run	10-12.08	Yes	A Ellis	Hills District	29/01/2003
		10-45.50		B. Murray	W/HLS	02/02/1994
	1500M Walk	7-37.80	Yes	B. Murray	W/HLS	04/02/1994
	80M Hurdles	12.10	Yes	A. Abou-Mahmoud	W/HLS	02/02/1997
	90M Hurdles	14.10	Yes	B. Courtney	HILLS	01/01/1987
	200M Hurdles	28.30	Yes	L. Liaubon	W/HLS	01/01/1985
		5.33	Yes	Denzel Singleton	Hills District	31/01/2010
	Long Jump	5.27		S. Laughton	HILLS	01/01/1986
		1.78	Yes	P. Jackson	RICH	02/02/1991
	Triple Jump	11.76	Yes	Nicholas Hough	Hills District	27/01/2007

RECORDS HISTORY
North West Metropolitan

LAANSW Carnival System

4 February 2010

Page 3 of 8

RECORD TYPE: CARNIVAL

Age Group	Event	Record	Current?	Record Holder(s)	Centre/Club	Date	
U/13 Boys	Triple Jump	10.89		S. Novkovic	W/HLS	05/02/1994	
	Shot Put	16.34	Yes	S. Novkovic	W/HLS	05/02/1994	
	Discus	43.10	Yes	S. Novkovic	W/HLS	06/02/1994	
	Javelin	39.67	Yes	Adam Luzi	Winston Hills	29/01/2004	
			34.16		A. Walker	W/HLS	31/01/1997
U/14 Boys	100M Run	11.90	Yes	M. Adams	HILLS	05/02/1994	
	200M Run	23.98	Yes	Nicholas Hough	Hills District	03/02/2008	
		24.70		S. Elliott	W/HLS	05/02/1995	
	400M Run	54.80	Yes	M. Adams	HILLS	05/02/1994	
	800M Run	2-14.90	Yes	R. Bileckij	HILLS	08/12/1991	
	1500M Run	4-36.80	Yes	B. McEneaney	HILLS	01/01/1987	
	3000M Run	10-11.90	Yes	Andrew Ellis	Hills District	04/02/2004	
		10-22.90		M. Katalinic	W/HLS	04/02/1996	
	1500M Walk	7-44.20	Yes	D. Rushworth	PROS	05/02/1993	
	80M Hurdles	12.80	Yes	L. Liaubon	W/HLS	01/01/1986	
	90M Hurdles	12.55	Yes	Nicholas Hough	Hills District	03/02/2008	
		13.60		L. Salkeld	HILLS	05/02/1995	
	200M Hurdles	25.41	Yes	Nicholas Hough	Hills District	02/02/2008	
		27.20		N. Wallington	HILLS	01/01/1990	
				B. Figures	W/HLS	01/01/1987	
	Long Jump	5.77	Yes	A. Abou-Mahmoud	HILLS	30/01/1998	
	High Jump	1.72	Yes	M Claridge	Hills District	27/10/2003	
		1.71		J. Herron	HILLS	01/01/1988	
				A. Bohman	HILLS	01/01/1988	
	Triple Jump	11.55	Yes	S. Novkovic	W/HLS	04/02/1995	
	Shot Put	16.12	Yes	S. Novkovic	W/HLS	04/02/1995	
	Discus	53.70	Yes	S. Novkovic	W/HLS	05/02/1995	
	Javelin	45.52	Yes	M. Sowden	RIV	31/01/1997	
	U/15 Boys	100M Run	11.20	Yes	Nicholas Hough	Hills District	31/01/2009
			11.40		A. Hokin	RICH	06/02/1993
		200M Run	22.87	Yes	Nicholas Hough	Hills District	01/02/2009
			23.70		S. Elliott	W/HLS	04/02/1996
				A. Hokin	RICH	07/02/1993	
400M Run		55.00	Yes	P. Williams	W/HLS	07/12/1991	
800M Run		2-07.38	Yes	James Kaan	Hills District	30/01/2005	
		2-08.60		J. Stevens	HILLS	30/01/2000	
				C. Jones	HILLS	03/02/1991	
1500M Run		4-20.45	Yes	James Kaan	Hills District	29/01/2005	
		4-27.90		C. Jones	HILLS	02/02/1991	
3000M Run		9-50.30	Yes	C. Jones	HILLS	31/01/1991	
1500M Walk		7-17.50	Yes	A. Midgley	PROS	05/02/1993	
90M Hurdles		13.30	Yes	P. Valenti	W/HLS	07/02/1993	
100M Hurdles		14.49	Yes	C Burns	Hawkesbury City	30/01/2005	
		14.65		Leo Dulay	Winston Hills	01/02/2004	
200M Hurdles		26.59	Yes	K Mannix	Hills District	25/01/2003	
		26.80		S. Morris	HILLS	01/01/1988	
Long Jump		6.00	Yes	Andrew Semple	Winston Hills	27/10/2003	
		5.83		D. Klineberg	HILLS	01/01/1988	
High Jump		1.85	Yes	Ryan Webster	Winston Hills	29/01/2005	
		1.78		T Zaja	Hills District	27/10/2003	
				P. Jackson	RICH	02/02/1991	
Triple Jump		12.37	Yes	Andrew Semple	Winston Hills	27/10/2003	
		12.24		D. Mulcahy	HILLS	06/02/1994	
Shot Put		17.34	Yes	M. Sowden	RIV	30/01/1998	
Discus		55.88	Yes	A. Walker	HILLS	30/01/1999	
Javelin	56.44	Yes	M Outzen	Winston Hills	26/01/2003		

RECORDS HISTORY
North West Metropolitan

LAANSW Carnival System

4 February 2010

Page 4 of 8

RECORD TYPE: CARNIVAL

Age Group	Event	Record	Current?	Record Holder(s)	Centre/Club	Date	
U/15 Boys	Javelin	53.46		M. Sowden	RIV	30/01/1998	
U/17 Boys	100M Run	12.09	Yes	Matthew Wesble	Riverstone	30/01/2010	
		12.26		Alexander Lorenzelli	Hills District	31/01/2009	
	200M Run	24.18	Yes	Anthony Baddock	Winston Hills	31/01/2010	
		24.58		Anthony Baddock	Winston Hills	01/02/2009	
	400M Run	54.67	Yes	Anthony Baddock	Winston Hills	31/01/2009	
	800M Run	2-16.33	Yes	Franz Hartmann	Hills District	31/01/2010	
		2-27.16		Jake Farquar	Kings Langley	01/02/2009	
	3000M Run	12-10.65	Yes	Bryce Traynor	Kings Langley	30/01/2010	
		12-21.65		Bryce Traynor	Kings Langley	31/01/2009	
	200M Hurdles	26.36	Yes	Anthony Baddock	Winston Hills	23/01/2010	
	Long Jump	5.85	Yes	Elliott Balkin	Hills District	30/01/2010	
		5.69		Elliott Balkin	Hills District	31/01/2009	
	High Jump	1.72	Yes	Elliott Balkin	Hills District	30/01/2010	
		1.50		Elliott Balkin	Hills District	31/01/2009	
	Triple Jump	12.20	Yes	Anthony Baddock	Winston Hills	01/02/2009	
	Shot Put	15.34	Yes	Maeva Teina	Winston Hills	31/01/2009	
	Discus	41.18	Yes	Maeva Nui Teina	Winston Hills	31/01/2010	
		40.23		Maeva Teina	Winston Hills	01/02/2009	
	Javelin	43.56	Yes	Maeva Teina	Winston Hills	28/01/2009	
	110M Hurdles	16.41	Yes	Robert Jessep	Kings Langley	01/02/2009	
Junior Boys	4 x 100 Relay	57.90	Yes	Hills District	HILLS	01/01/1990	
Senior Boys	3000M Run	9-50.30	Yes	C. Jones	HILLS	31/01/1991	
	4 x 100 Relay	49.19	Yes	Relay Sb	Hills District	31/01/2010	
		50.60		Winston Hills	W/HLS	08/12/1991	
U/7 Girls	50M Run	9.04	Yes	Chloe Kennedy	Quakers Hill	30/01/2010	
		9.19		Tiana Jaber	Kings Langley	27/01/2007	
		9.40		Alice Collins	Hills District	28/01/2006	
				R Pace	Riverstone	29/01/2005	
		9.80		Rebecca Symonds	Winston Hills	05/02/2004	
	70M Run	11.4	Yes	A. Davis	HILLS	01/01/1984	
	100M Run	16.30	Yes	D. Kerr	W/HLS	01/01/1985	
	200M Run	33.70	Yes	A. Ashton	KINGSL	30/01/2000	
	Long Jump	3.46	Yes	R. Crooks	RIV	01/01/1987	
	Shot Put	7.96	Yes	K. Leppanen	W/HLS	01/01/1984	
	Discus	20.08	Yes	T Sengul	Winston Hills	25/01/2003	
		15.26		K. Kennedy	W/HLS	29/01/2000	
	500M Pack Sta	1-37.80	Yes	S. Lapham	HILLS	01/01/1988	
	U/8 Girls	70M Run	10.6	Yes	D. Kerr	W/HLS	01/01/1986
100M Run		15.40	Yes	D. Kerr	W/HLS	01/01/1986	
				Yes	K. Smith	LAL PK	01/01/1984
				Yes	A. Parker	HILLS	01/01/1980
200M Run		32.80	Yes	D. Kearney	HILLS	01/01/1990	
400M Run		1-17.12	Yes	Matilda Souter	Winston Hills	31/01/2004	
		1-18.60		D. Kearney	HILLS	01/01/1990	
60M Hurdles		11.70	Yes	K. Mcmahon	HAWKES	01/02/1997	
			Yes	A. Kerr	W/HLS	04/02/1995	
Long Jump		4.17	Yes	D. Kerr	W/HLS	01/01/1986	
Shot Put		8.50	Yes	Taylah Sengul	Winston Hills	01/02/2004	
		6.90		Taylor Breeze-backers	Kings Langley	27/10/2003	
		6.28		J. Cameron	W/HLS	30/01/1999	
				S. Vale	HILLS	04/02/1996	
Discus		23.74	Yes	Taylah Sengul	Winston Hills	31/01/2004	

RECORDS HISTORY
North West Metropolitan

LAANSW Carnival System

4 February 2010

Page 5 of 8

RECORD TYPE: CARNIVAL

Age Group	Event	Record	Current?	Record Holder(s)	Centre/Club	Date
U/8 Girls	Discus	20.20		K. Lapanen	W/HLS	06/02/1985
	700M Pack Sta	2-18.10	Yes	K. Drennan	Winston Hills	06/12/1991
U/9 Girls	70M Run	10.7	Yes	L. Todd	KINGSL	30/01/2000
	100M Run	14.30	Yes	L. Whiteside	W/HLS	01/01/1981
	200M Run	31.20	Yes	D. Kerr	W/HLS	01/01/1987
	400M Run	1-10.40	Yes	N. Stenberg	HILLS	01/01/1980
	800M Run	2-41.00	Yes	N. Stenberg	HILLS	01/01/1980
	700M Walk	3-31.00	Yes	S. Munday	PROS	31/01/1997
	60M Hurdles	10.80	Yes	S. Starkey	RIV	01/02/1997
	Long Jump	4.31	Yes	D. Kerr	W/HLS	01/01/1987
	High Jump	1.14	Yes	Lauren Russell	Hawkesbury City	27/01/2007
				L. Denning	HILLS	30/01/1999
	Shot Put	8.12	Yes	T Breeze-Backers	Winston Hills	25/01/2003
				M. Leppanen	W/HLS	01/01/1983
	Discus	27.18	Yes	Paletina Lemi	Winston Hills	30/01/2005
				C. Gardiner	P TOWN	01/01/1981
U/10 Girls	70M Run	9.8	Yes	A. Kerr	W/HLS	01/02/1997
	100M Run	13.70	Yes	A. Kerr	W/HLS	01/02/1997
	200M Run	29.50	Yes	D. Waltmann	LAL PK	01/01/1983
	400M Run	1-10.01	Yes	Sara de Silva	Winston Hills	31/01/2009
				V. Hayes	W/HLS	01/01/1980
	800M Run	2-40.40	Yes	K. Clemens	LAL PK	01/01/1985
	1500M Run	5-29.20	Yes	E. Simpson	W/HLS	01/01/1985
	1100M Walk	6-17.40	Yes	R Houston	Winston Hills	23/01/2003
				A. Elgood	HILLS	30/01/1998
	60M Hurdles	9.60	Yes	B. Smith	W/HLS	01/01/1988
	Long Jump	4.69	Yes	D. Kerr	W/HLS	01/01/1988
	High Jump	1.28	Yes	Ashlee Tait	Kings Langley	28/01/2007
				Taylor Breeze-Backers	Winston Hills	01/02/2004
				J. Morrison	W/HLS	01/01/1981
	Shot Put	10.92	Yes	Paletina Lemi	Winston Hills	29/01/2006
				D. Ciferson	W/HLS	01/01/1984
	Discus	36.17	Yes	Taylah Sengul	Winston Hills	28/01/2006
C. Gardiner				P TOWN	01/01/1982	
U/11 Girls	100M Run	13.60	Yes	A. Kerr	W/HLS	30/01/1998
				B. Page	HILLS	01/01/1987
	200M Run	28.90	Yes	L. Sheridan	W/HLS	01/01/1980
	400M Run	1-06.00	Yes	N. Stenberg	HILLS	01/01/1982
	800M Run	2-33.90	Yes	C. Hauser	HILLS	01/01/1981
	1500M Run	5-16.70	Yes	E. Simpson	W/HLS	01/01/1986
	1100M Walk	6-03.40	Yes	B.Melrose	WinstonHills	02/02/2002
	1500M Walk	8-08.30	Yes	S. Pearce	HILLS	01/01/1983
	60M Hurdles	10.00	Yes	J. Pittman	W/HLS	05/02/1994
	Long Jump	4.83	Yes	D. Kerr	W/HLS	01/01/1989
	High Jump	1.38	Yes	A. Fletcher	HILLS	01/01/1985
	Triple Jump	9.46	Yes	K. Laws	HILLS	01/01/1988
	Shot Put	12.65	Yes	Taylah Sengul	Winston Hills	27/01/2007
				T. Kerr	W/HLS	06/02/1994
	Discus	33.66	Yes	Paletina Lemi	Winston Hills	28/01/2007
				D. Ciferson	W/HLS	01/01/1985
U/12 Girls	100M Run	13.20	Yes	M. Riley	HILLS	30/01/1999
				A. Coupland	HILLS	01/01/1986
	200M Run	27.10	Yes	M. Riley	HILLS	30/01/1999
	400M Run	1-04.90	Yes	N. Stenberg	HILLS	01/01/1983

RECORDS HISTORY
North West Metropolitan

LAANSW Carnival System

4 February 2010

Page 6 of 8

RECORD TYPE: CARNIVAL

Age Group	Event	Record	Current?	Record Holder(s)	Centre/Club	Date
U/12 Girls	800M Run	2-26.00	Yes	A. Harrison	HILLS	01/01/1985
	1500M Run	4-59.00	Yes	S. Everitt	HILLS	01/01/1980
	1500M Walk	7-50.80	Yes	C. Bock	W/HLS	04/02/1994
	60M Hurdles	9.60	Yes	B. Smith	W/HLS	01/01/1990
	Long Jump	5.07	Yes	K. Barrett	W/HLS	01/01/1982
	High Jump	1.47	Yes	J. Morrison	W/HLS	01/01/1983
	Triple Jump	10.58	Yes	L. Caruana	PROS	08/12/1991
	Shot Put	15.76	Yes	Taylah Sengul	Winston Hills	03/02/2008
		12.69		J Cameron	Hills District	26/01/2003
		12.58		C. Gardiner	LAL PK	01/01/1984
Discus	41.59	Yes	Taylah Sengul	Winston Hills	02/02/2008	
	38.62		D. Ciferson	W/HLS	01/01/1986	
U/13 Girls	100M Run	12.60	Yes	D. Kerr	W/HLS	02/02/1991
	200M Run	26.80	Yes	M. Riley	HILLS	30/01/2000
	400M Run	1-02.04	Yes	Phoebe Rom	Winston Hills	31/01/2004
		1-02.20		K. Clemens	HILLS	01/01/1988
	800M Run	2-22.60	Yes	K. Clemens	HILLS	01/01/1988
	1500M Run	4-57.50	Yes	A. Harrison	HILLS	01/01/1986
	3000M Run	10-43.12	Yes	Sarah Marvin	Winston Hills	30/01/2010
		11-17.40		Janine Liversage	Hills District	02/02/2006
		11-43.26		H Pobjie	HILLS	27/01/2002
		12-02.30		K. Drennan	W/HLS	02/02/1997
	1500M Walk	7-46.10	Yes	Isabella Shina	Hills District	30/01/2008
		8-01.40		Brittany Melrose	Winston Hills	29/01/2004
		8-02.10		S. Waldron	HILLS	28/01/2000
	80M Hurdles	13.50	Yes	A. Parry	HAWKES	05/02/1995
	90M Hurdles	14.10	Yes	B. Smith	W/HLS	03/02/1991
	200M Hurdles	29.70	Yes	A. Maguire	HILLS	01/01/1990
	Long Jump	5.05	Yes	D. Kerr	W/HLS	02/02/1991
	High Jump	1.55	Yes	E South	Winston Hills	25/01/2003
		1.53		M. Page	HILLS	01/01/1985
	Triple Jump	10.94	Yes	B. Smith	W/HLS	02/02/1991
	Shot Put	14.57	Yes	Taylah Sengul	Winston Hills	01/02/2009
		11.97		Tepa Lemi	Winston Hills	28/01/2007
		11.48		S. Novkovic	W/HLS	30/01/1998
	Discus	47.60	Yes	Taylah Sengul	Winston Hills	31/01/2009
		40.42		F. La Praik	HAWKES	04/02/1996
	Javelin	41.86	Yes	Taylah Sengul	Winston Hills	28/01/2009
		31.49		Jessica Cameron	Winston Hills	29/01/2004
30.82			S. Novkovic	W/HLS	30/01/1998	
U/14 Girls	100M Run	12.40	Yes	Ashleigh Kerr	Winston Hills	27/10/2003
		12.60		B. Smith	W/HLS	07/12/1991
	200M Run	25.90	Yes	P. Carey	HILLS	30/01/1998
	400M Run	1-00.80	Yes	K. Clemens	HILLS	01/01/1989
	800M Run	2-20.60	Yes	K. Clemens	HILLS	01/01/1989
	1500M Run	5-04.64	Yes	H Gregson	Hills 2WS Athletic Club	25/01/2003
		5-05.90		K. Clemens	HILLS	01/01/1989
	3000M Run	11-32.10	Yes	Holly Pobjie	Hills District	27/10/2003
		12-15.50		V. Hawthorn	HILLS	02/02/1994
	1500M Walk	7-52.57	Yes	Brittany Melrose	Winston Hills	27/01/2005
		7-57.10		K. Geyteman	RICH	06/12/1991
	80M Hurdles	13.00	Yes	A. Luthy	HAWKES	04/02/1996
	90M Hurdles	14.20	Yes	B. Smith	W/HLS	08/12/1991
	200M Hurdles	29.10	Yes	R. Freeman	HILLS	01/01/1988
	Long Jump	5.39	Yes	P. Carey	HILLS	30/01/1998
	High Jump	1.57	Yes	K. Noon	HAWKS	30/01/1998

RECORDS HISTORY
North West Metropolitan

LAANSW Carnival System

4 February 2010

Page 7 of 8

RECORD TYPE: CARNIVAL

Age Group	Event	Record	Current?	Record Holder(s)	Centre/Club	Date		
U/14 Girls	Triple Jump	11.28	Yes	B. Smith	W/HLS	08/12/1991		
		15.42	Yes	Taylah Sengul	Winston Hills	30/01/2010		
	Shot Put	13.16		Jessica Cameron	Winston Hills	29/01/2005		
				D. Ciferson	W/HLS	01/01/1988		
		44.29	Yes	Taylah Sengul	Winston Hills	31/01/2010		
		36.66		Jessica Cameron	Winston Hills	30/01/2005		
		35.84		D. Ciferson	W/HLS	01/01/1988		
		37.11	Yes	Taylah Sengul	Winston Hills	27/01/2010		
	Javelin	32.17		Lara Huston	Winston Hills	29/01/2004		
		27.90		Christina Luzi	Winston Hills	27/10/2003		
		28.78		E Pruyn	Hills District	27/10/2003		
		25.06		K. Drennan	W/HLS	30/01/1998		
		U/15 Girls	100M Run	12.50	Yes	M Riley	Hills District	27/10/2003
					Yes	P. Carey	HILLS	30/01/1999
				Yes	D. Kerr	W/HLS	06/02/1993	
200M Run	26.20		Yes	M Riely	Hills District	27/10/2003		
	26.30			P. Carey	HILLS	30/01/1999		
				D. Kerr	W/HLS	07/02/1993		
400M Run	59.30		Yes	S. Lapham	HILLS	03/02/1996		
800M Run	2-18.30		Yes	S. Lapham	HILLS	04/02/1996		
1500M Run	4-58.60		Yes	Sarah Bright	Hills District	31/01/2009		
	5-07.20			H Pobjie	Hills District	25/01/2003		
	5-09.90			K. Clemens	HILLS	01/01/1990		
3000M Run	10-57.25		Yes	H Pobjie	Hills District	29/01/2003		
	11-12.00			E. Simpson	W/HLS	01/01/1990		
1500M Walk	7-15.46		Yes	Melissa Hayes	Kings Langley	25/01/2006		
	7-23.60		D. Peel	W/HLS	02/02/1995			
90M Hurdles	13.30	Yes	A. Luthy	HAWKES	02/02/1997			
200M Hurdles	29.50	Yes	J. Eccleston	W/HLS	01/01/1990			
Long Jump	5.49	Yes	M Riely	Hills District	27/10/2003			
	5.44		A. Luthy	HAWKES	01/02/1997			
High Jump	1.66	Yes	C. Mortleman	HILLS	05/02/1994			
Triple Jump	11.47	Yes	Natalie Apikotoa	Kings Langley	31/01/2010			
	11.25		S. Lapham	HILLS	04/02/1996			
Shot Put	13.58	Yes	J. Everson	W/HLS	01/01/1989			
Discus	40.32	Yes	D. Ciferson	W/HLS	01/01/1989			
Javelin	35.80	Yes	L Pruyn	Hills District	26/01/2003			
	32.30		K. Drennan	W/HLS	30/01/1999			
U/17 Girls	100M Run	13.51	Yes	Meryn Denning	Hills District	31/01/2009		
	200M Run	28.38	Yes	Meryn Denning	Hills District	01/02/2009		
	400M Run	1-07.28	Yes	Hannah Monty	Hills District	30/01/2010		
		1-08.99		Emily Jordan	Winston Hills	31/01/2009		
	800M Run	2-43.72	Yes	Louise Marvin	Winston Hills	01/02/2009		
	1500M Run	5-19.14	Yes	Else Gallen	Riverstone	30/01/2010		
		5-31.70		Louise Marvin	Winston Hills	31/01/2009		
	3000M Run	11-09.39	Yes	Else Gallen	Riverstone	30/01/2010		
		12-02.43		Louise Marvin	Winston Hills	31/01/2009		
	1500M Walk	9-49.93	Yes	Rebecca Houston	Winston Hills	27/01/2010		
		10-12.60		Rebecca Houston	Winston Hills	28/01/2009		
	100M Hurdles	17.82	Yes	Hannah Monty	Hills District	31/01/2010		
		19.91		Emily Thomson	Winston Hills	01/02/2009		
	200M Hurdles	32.87	Yes	Meryn Denning	Hills District	31/01/2009		
	Long Jump	4.56	Yes	Emily Jordan	Winston Hills	30/01/2010		
		4.54		Alison McIntye	Hills District	31/01/2009		
	High Jump	1.35	Yes	Emily Thomson	Winston Hills	31/01/2009		
	Triple Jump	9.93	Yes	Meryn Denning	Hills District	01/02/2009		

RECORD TYPE: CARNIVAL

Age Group	Event	Record	Current?	Record Holder(s)	Centre/Club	Date
U/17 Girls	Shot Put	11.73	Yes	Tepa Lemi	Winston Hills	31/01/2010
		8.27		Nicole Dahlberg	Winston Hills	01/02/2009
	Discus	38.30	Yes	Tepa Lemi	Winston Hills	30/01/2010
		24.16		Mahsa Javam	Winston Hills	31/01/2009
Javelin	31.16	Yes	Nicole Dahlberg	Winston Hills	28/01/2009	
Junior Girls	4 x 100 Relay	58.50	Yes	Hills District	HILLS	04/02/1996
Senior Girls	3000M Run	11-12.00	Yes	E. Simpson	W/HLS	02/02/1990
	4 x 100 Relay	51.60	Yes	Relay Hills	Hills District	27/10/2003
		52.50		Hills District	HILLS	30/01/1999

Selection Criteria for this Report

Record Type: CARNIVAL

Age Group: All

Event: All