

RECORDS HISTORY
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Age Group	Event	Record	Current?	Record Holder(s)	Centre/Club	Date
U/7 Boys	50M Run	9.21	Yes	Finn Watkins	Winston Hills	29/01/2011
		9.48		Jarrold Horder	Hills District	30/01/2010
		8.82		Kye Dermuth	Rouse Hill	31/01/2009
		8.85		Josh Green	Hills District	02/02/2008
		9.21		Timothy Simmons	Winston Hills	27/01/2007
		8.88		James Sullivan	Winston Hills	28/01/2006
		8.80		Jordan Shelley	Hills District	29/01/2005
		9.37		Cameron Cavaleri	Winston Hills	31/01/2004
		12.29		Finn Watkins	Winston Hills	30/01/2011
	70M Run	12.66	Reece Gerungan	Hills District	31/01/2010	
		12.28	Lachlan Camilleri	Riverstone	01/02/2009	
		12.8	Harrison McLean	Rouse Hill	03/02/2008	
		12.5	Timothy Simmons	Winston Hills	28/01/2007	
		12.2	James Sullivan	Winston Hills	29/01/2006	
		12.5	Jordan Shelley	Hills District	30/01/2005	
		13.0	Nicholas Andrews	Hills District	01/02/2004	
		12.7	A Shorroch	Hills District	26/01/2003	
		17.49	Finn Watkins	Winston Hills	29/01/2011	
		100M Run	18.18	Lachlan Purnell	Rouse Hill	30/01/2010
	16.74		Kye Dermuth	Rouse Hill	31/01/2009	
	17.68		Harrison McLean	Rouse Hill	02/02/2008	
	17.72		Jye Clisby	Hawkesbury City	27/01/2007	
	17.20		Zachary Spryn	Riverstone	28/01/2006	
	17.58		Corey Butcher	Quakers Hill	29/01/2005	
	17.44		Troy Black	Winston Hills	31/01/2004	
	17.58		D Holdsworth	Winston Hills	25/01/2003	
	36.56		Nicholas Olijnyk	Hills District	30/01/2011	
	200M Run		39.16	Lachlan Purnell	Rouse Hill	31/01/2010
		37.34	Lachlan Camilleri	Riverstone	01/02/2009	
		37.66	Liam Hope	Kings Langley	03/02/2008	
		39.01	Ty Schneider	Kings Langley	28/01/2007	
		36.99	Zachary Spryn	Riverstone	29/01/2006	
		36.20	Jordan Shelley	Hills District	30/01/2005	
		37.96	Troy Black	Winston Hills	01/02/2004	
		37.63	D Holdsworth	Winston Hills	26/01/2003	
		3.05	Finn Watkins	Winston Hills	28/01/2011	
		Long Jump	2.68	Lachlan Longridge	Kings Langley	27/01/2010
	2.97		Lachlan Camilleri	Riverstone	01/02/2009	
	3.22		Josh Green	Hills District	03/02/2008	
	2.90		Walther Wegmann	Kings Langley	28/01/2007	
	2.88		Alexander Newton	Hills District	29/01/2006	
	3.24		Jordan Shelley	Hills District	30/01/2005	
2.99	Nicholas Andrews		Hills District	01/02/2004		
2.97	D Kwarcinski		Hills District	26/01/2003		
5.72	Max Marden		Hills District	29/01/2011		
Shot Put	5.10		Kartar Pooni	Kings Langley	30/01/2010	
	6.63	Ryan Dean	Kings Langley	31/01/2009		
	5.34	Ramil Wilson	Riverstone	02/02/2008		
	6.00	Travis Osbourne	Kings Langley	27/01/2007		
	4.60	J Gregg	Quakers Hill	28/01/2006		
	6.20	Adam Pawelko	Hills District	29/01/2005		
	5.73	L Mulford	Quakers Hill	31/01/2004		
	6.00	A Apikotoa	Kings Langley	25/01/2003		
	14.03	Alex Marshall	Winston Hills	30/01/2011		
	Discus	14.10	Aaron Smith	Quakers Hill	31/01/2010	
13.72		Alexandar Murdocca	Rouse Hill	01/02/2009		
15.52		Matthew Tillott	Quakers Hill	03/02/2008		
16.29		Kundan Pooni	Kings Langley	28/01/2007		
14.54		Lachlan Rose	Winston Hills	29/01/2006		

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U/7 Boys	Discus	15.77		Airfun Javam	Winston Hills	30/01/2005	
		17.82		Joshua Byron	Winston Hills	01/02/2004	
		22.08		Pita Vi	Winston Hills	27/10/2003	
	500M Pack Sta	15.07		B Wasson	Quakers Hill	26/01/2003	
		1-36.36	Yes	Nicholas Olijnyk	Hills District	28/01/2011	
		1-46.07		Reece Gerungan	Hills District	27/01/2010	
		1-40.50		Tom Watson	Hills District	28/01/2009	
	1-29.50		Josh Green	Hills District	30/01/2008		
U/8 Boys	70M Run	11.43	Yes	Samuel Loizou	Hills District	30/01/2011	
		11.34		Lachlan Camilleri	Riverstone	31/01/2010	
		11.37		Josh Green	Hills District	01/02/2009	
		11.3		Walther Wegemann	Kings Langley	03/02/2008	
		11.7		James Sullivan	Winston Hills	28/01/2007	
		11.6		Jordan Shelley	Hills District	29/01/2006	
		12.0		Nicholas Andrews	Hills District	30/01/2005	
		12.2		Andre Krucican	Winston Hills	01/02/2004	
		11.7		B Goodwin	Hawkesbury City	26/01/2003	
		100M Run	15.79	Yes	Samuel Loizou	Hills District	29/01/2011
			15.57		Lachlan Camilleri	Riverstone	30/01/2010
			15.87		Josh Green	Hills District	31/01/2009
			16.47		Walther Wegemann	Kings Langley	02/02/2008
			16.90		James Sullivan	Winston Hills	27/01/2007
	16.01			Jordan Shelley	Hills District	28/01/2006	
	15.68			Nicholas Andrews	Hills District	29/01/2005	
	16.88			Dylan Holdsworth	Winston Hills	31/01/2004	
	16.41			B Goodwin	Hawkesbury City	25/01/2003	
	200M Run		33.56	Yes	Samuel Loizou	Hills District	30/01/2011
		33.80		Lachlan Camilleri	Riverstone	31/01/2010	
		35.70		Liam Hope	Kings Langley	01/02/2009	
		36.20		Zachary Duncan	Kings Langley	03/02/2008	
		34.65		Tom Robson	Winston Hills	28/01/2007	
		34.21		Jordan Shelley	Hills District	29/01/2006	
		34.12		Troy Black	Winston Hills	30/01/2005	
		37.41		Dylan Holdsworth	Winston Hills	01/02/2004	
		35.14		B Rappolt	Winston Hills	26/01/2003	
		400M Run	1-23.63	Yes	Maximilian Fryar	Hills District	29/01/2011
			1-18.09		Lachlan Camilleri	Riverstone	30/01/2010
			1-21.42		Saxon Kirkley	Winston Hills	31/01/2009
			1-20.35		Zachary Duncan	Kings Langley	02/02/2008
			1-23.22		Lachlan Rose	Winston Hills	27/01/2007
	1-21.86			Ashley Doggett	Hills District	28/01/2006	
	1-17.39			Connor Stewart	Hills District	29/01/2005	
	1-22.18			Jayden Rennie	Hills District	31/01/2004	
	1-25.20			R Kenny	Hills District	25/01/2003	
	60M Hurdles		12.52	Yes	Jayden Pike	Hills District	29/01/2011
		11.52		Chad Burriss	Kings Langley	30/01/2010	
		12.30		James Sprague	Hills District	31/01/2009	
		11.97		Walther Wegemann	Kings Langley	02/02/2008	
		12.09		Scott Browning	Hills District	27/01/2007	
		12.27		Conrad Kaazke-McDonald	Winston Hills	28/01/2006	
11.16			Nelson Osifo	Kings Langley	29/01/2005		
12.35			Dylan Holdsworth	Winston Hills	31/01/2004		
11.59			S Krishua	Winston Hills	25/01/2003		
Long Jump		3.69	Yes	Erick Rajan	Winston Hills	29/01/2011	
	3.41		Heath Shields	Riverstone	30/01/2010		
	3.54		Josh Green	Hills District	31/01/2009		
	3.23		Walther Wegemann	Kings Langley	02/02/2008		

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U/8 Boys	Long Jump	3.46		Alexander Newton	Hills District	27/01/2007
		3.47		Jordan Shelley	Hills District	28/01/2006
		3.37		Timothy Anstee	Hills District	29/01/2005
		3.33		Andre Krucican	Winston Hills	31/01/2004
		3.09		T Bracey	Winston Hills	25/01/2003
	Shot Put	5.96	Yes	Kartar Pooni	Kings Langley	29/01/2011
		6.29		Jamie Monahan	Winston Hills	30/01/2010
		5.56		Callum Rennie	Hills District	31/01/2009
		6.57		Travis Osbourne	Kings Langley	02/02/2008
		5.87		Frank Malani	Hills District	27/01/2007
		7.09		Liam Usher	Winston Hills	28/01/2006
		5.87		Connor Stewart	Hills District	29/01/2005
		6.12		Caylem Smith	Hawkesbury City	31/01/2004
		8.02		P Vi	Winston Hills	25/01/2003
		Discus	15.75	Yes	Kartar Pooni	Kings Langley
	15.96			Jamie Monahan	Winston Hills	31/01/2010
	18.66			Jordan Hill	Winston Hills	01/02/2009
	16.27			Kyle Ekstrom	Rouse Hill	03/02/2008
	16.47			Harrison Leonard	Hills District	28/01/2007
	18.65			Airfun Javm	Winston Hills	29/01/2006
19.57			Joshua Byron	Winston Hills	30/01/2005	
17.52			Mitchell Anderson	Hawkesbury City	01/02/2004	
700M Pack Sta	20.42		P Vi	Winston Hills	26/01/2003	
	2-26.46	Yes	Samuel Loizou	Hills District	28/01/2011	
	2-22.77		Tom Watson	Hills District	27/01/2010	
	2-05.30		Josh Green	Hills District	28/01/2009	
	2-23.40		Aidan Roache	Riverstone	01/02/2008	
U/9 Boys	70M Run	11.29	Yes	Darren Ankrah	Quakers Hill	30/01/2011
		11.24		Brody Donovan	Kings Langley	31/01/2010
		11.23		Blake Cossor	Rouse Hill	01/02/2009
		10.9		Joshua Baker	Winston Hills	03/02/2008
		11.1		Jordan Shelley	Hills District	28/01/2007
		11.0		Nicholas Andrews	Hills District	29/01/2006
		11.2		Ruben Robertson	Hills District	30/01/2005
		11.7		Ben Goodwin	Winston Hills	01/02/2004
		10.9		N Hough	Hills District	26/01/2003
		100M Run	14.84	Yes	Heath Shields	Riverstone
	15.74			Jordan Hill	Winston Hills	30/01/2010
	15.25			Marshall Luke	Rouse Hill	31/01/2009
	14.99			Jordan Idiare	Winston Hills	02/02/2008
	16.00			Jordan Shelley	Hills District	27/01/2007
	15.27			Nelson Osifo	Hills District	28/01/2006
				Tepai Moerea	Winston Hills	29/01/2005
	15.83			Ben Goodwin	Winston Hills	31/01/2004
	15.08			N Hough	Hills District	25/01/2003
	200M Run		31.32	Yes	Heath Shields	Riverstone
		32.44		Thomas Smith	Hills District	31/01/2010
		33.03		Blake Cossor	Rouse Hill	01/02/2009
		32.95		Aaron Creagh	Winston Hills	03/02/2008
		33.34		Jordan Shelley	Hills District	28/01/2007
		30.86		Riley Staraj	Hawkesbury City	29/01/2006
		33.18		Tepai Moerea	Winston Hills	30/01/2005
		34.89		Jarrid Fyfe	Hawkesbury City	01/02/2004
		30.24		A Harding	Riverstone	26/01/2003
		400M Run	1-15.06	Yes	Connor Rose	Winston Hills
	1-12.74			Thomas Smith	Hills District	30/01/2010
	1-17.07			Ty Schneider	Kings Langley	31/01/2009

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U/9 Boys	400M Run	1-19.21		Lachlan Davis	Quakers Hill	02/02/2008	
		1-17.93		Benjamin Thomson	Hills District	27/01/2007	
		1-12.23		Riley Staraj	Hawkesbury City	28/01/2006	
		1-19.09		Joshua Shepherd	Hills District	29/01/2005	
		1-14.93		Jack Alderton	Hills District	31/01/2004	
		1-10.56		A Harding	Riverstone	25/01/2003	
	800M Run	2-58.97	Yes	Christopher Wicks	Quakers Hill	30/01/2011	
		2-46.42		Thomas Smith	Hills District	31/01/2010	
		2-59.27		Ty Schneider	Kings Langley	01/02/2009	
		2-55.95		Lachlan Davis	Quakers Hill	03/02/2008	
		2-54.70		Benjamin Thomson	Hills District	28/01/2007	
		2-47.80		Connor Stewart	Hills District	29/01/2006	
		2-58.94		Jayden Rennie	Hills District	30/01/2005	
		2-56.99		Shiva Sanjai Krishna	Winston Hills	01/02/2004	
		2-42.36		A Harding	Riverstone	26/01/2003	
		700M Walk	4-03.01	Yes	Connor Simpson	Hills District	28/01/2011
			4-38.69		Alex Borg	Hills District	27/01/2010
			4-16.40		Lachlan McGrath	Hills District	28/01/2009
	4-50.60			Ben Hall	Kings Langley	30/01/2008	
	4-38.71			Matthew Price	Hills District	24/01/2007	
	4-21.12			Nelson Osifo	Hills District	25/01/2006	
	4-39.07			Andre Krucican	Winston Hills	27/01/2005	
	4-45.60			Sean Leckie	Winston Hills	29/01/2004	
	4-24.80			S Lockrey	Quakers Hill	23/01/2003	
	60M Hurdles		11.40	Yes	Darren Ankrah	Quakers Hill	29/01/2011
		11.18		Luca Parramon	Winston Hills	30/01/2010	
		11.31		Marshall Luke	Rouse Hill	31/01/2009	
		10.90		Jordan Idiare	Winston Hills	02/02/2008	
		11.51		Luke Osborne	Kings Langley	27/01/2007	
		10.58		Nelson Osifo	Hills District	28/01/2006	
		11.03		Dylan Holdsworth	Winston Hills	29/01/2005	
		10.93		Shiva Sanjai Krishna	Winston Hills	31/01/2004	
		10.71		H Gardner	Winston Hills	25/01/2003	
		Long Jump	4.00	Yes	Heath Shields	Riverstone	30/01/2011
	3.90			Brody Donovan	Kings Langley	31/01/2010	
	3.39			Travis Osborne	Kings Langley	01/02/2009	
	3.82			Jordan Idiare	Winston Hills	03/02/2008	
	3.93			Jordan Shelley	Hills District	28/01/2007	
	3.64			Nicholas Andrews	Hills District	29/01/2006	
	3.49			Ruben Robertson	Hills District	30/01/2005	
	3.71			Steven Jessep	Kings Langley	01/02/2004	
	3.90			N Hough	Hills District	26/01/2003	
High Jump	1.05	Yes	Callum Van Oosten	Quakers Hill	29/01/2011		
	1.11		Nicholas Zakhia	Kings Langley	30/01/2010		
	1.18		Travis Osborne	Kings Langley	31/01/2009		
	1.09		Kai Parello	Winston Hills	02/02/2008		
	1.10		Ashley Doggett	Hills District	27/01/2007		
	1.18		Shaun Garner	Winston Hills	28/01/2006		
	1.15		Andre Krucican	Winston Hills	29/01/2005		
	1.22		Joel Edwards	Winston Hills	31/01/2004		
	1.27		S Nicholls	Hawkesbury City	25/01/2003		
Shot Put	7.13	Yes	Ryan Dean	Kings Langley	29/01/2011		
	6.72		Brandon Longridge	Kings Langley	30/01/2010		
	6.63		Patrick Idiare	Winston Hills	31/01/2009		
	8.11		Joshua Baker	Winston Hills	02/02/2008		
	7.62		Airfun Javam	Winston Hills	27/01/2007		
	6.68		Lachlyn Mulford	Riverstone	28/01/2006		
	9.70		Tepai Moerea	Winston Hills	29/01/2005		
8.99		Pita Vi	Winston Hills	31/01/2004			

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U/9 Boys	Shot Put	6.82		S Ranson	Hawkesbury City	25/01/2003
		Discus	22.33	Yes	Jamie Monahan	Winston Hills
		21.97		Jordan Hill	Winston Hills	31/01/2010
		20.57		Kundan Pooni	Kings Langley	01/02/2009
		28.37		Joshua Baker	Winston Hills	03/02/2008
		24.03		Airfun Javam	Winston Hills	28/01/2007
		24.18		Joshua Byron	Winston Hills	29/01/2006
		30.83		Tepai Moerea	Winston Hills	30/01/2005
		23.73		Pita Vi	Winston Hills	01/02/2004
		22.74		S Ranson	Hawkesbury City	26/01/2003
U/10 Boys	70M Run	10.77	Yes	Nicholas Zakhia	Kings Langley	30/01/2011
		10.37		Marshall Luke	Rouse Hill	31/01/2010
		10.41		James Sullivan	Winston Hills	01/02/2009
		10.1		Jordan Shelley	Hills District	03/02/2008
		11.0		Darien Mocatta	Hills District	28/01/2007
		10.8		Ruben Robertson	Hills District	29/01/2006
		11.2		Jack Alderton	Hills District	30/01/2005
		10.9		Nicholas Hough	Hills District	01/02/2004
		11.1		G McCallum	Quakers Hill	26/01/2003
		100M Run	14.68	Yes	Jordan Hill	Winston Hills
		14.50		Marshall Luke	Rouse Hill	30/01/2010
		14.05		Jordan Idiare	Winston Hills	31/01/2009
		14.20		Jordan Shelley	Hills District	02/02/2008
		15.67		Nelson Osifo	Hills District	27/01/2007
		14.63		Ruben Robertson	Hills District	28/01/2006
		14.90		Jack Alderton	Hills District	29/01/2005
		14.81		Nicholas Hough	Hills District	31/01/2004
		14.99		D Duclos	Winston Hills	25/01/2003
	200M Run	31.37	Yes	Thomas Smith	Hills District	30/01/2011
		32.41		Ty Schneider	Kings Langley	31/01/2010
		30.55		Joshua Baker	Winston Hills	01/02/2009
		30.92		Jordan Shelley	Hills District	03/02/2008
		30.77		Nelson Osifo	Hills District	28/01/2007
		31.24		Joshua Shepherd	Winston Hills	29/01/2006
		31.31		Jack Alderton	Hills District	30/01/2005
		31.21		Nicholas Hough	Hills District	01/02/2004
		31.33		T Clarke	Winston Hills	26/01/2003
	400M Run	1-10.08	Yes	Thomas Smith	Hills District	29/01/2011
		1-11.15		Sam Williams	Hills District	30/01/2010
		1-12.26		Joshua Baker	Winston Hills	31/01/2009
		1-11.90		Benjamin Thomson	Hills District	02/02/2008
		1-14.25		Riley Starraj	Hills District	27/01/2007
		1-11.57		Joshua Shepherd	Winston Hills	28/01/2006
		1-08.65		Harry Stewart	Hills District	29/01/2005
		1-15.29		Daniel Moore	Hills District	31/01/2004
		1-12.50		T Clarke	Winston Hills	25/01/2003
	800M Run	2-40.51	Yes	Thomas Smith	Hills District	30/01/2011
		2-39.34		Sam Williams	Hills District	31/01/2010
		2-50.76		James Duff	Hills District	01/02/2009
		2-38.64		Benjamin Thomson	Hills District	03/02/2008
	2-52.42		Joshua Windsor	Hills District	28/01/2007	
	2-42.47		Joshua Shepherd	Winston Hills	29/01/2006	
	2-41.42		Harry Stewart	Hills District	30/01/2005	
	2-48.14		Richard Lack	Hills District	01/02/2004	
	2-53.59		H Laing	Hills District	26/01/2003	
1500M Run	5-30.33	Yes	Thomas Smith	Hills District	29/01/2011	
	5-22.10		Sam Williams	Hills District	30/01/2010	

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U/10 Boys	1500M Run	5-43.23		James Duff	Hills District	31/01/2009	
		5-18.66		Benjamin Thomson	Hills District	02/02/2008	
		5-40.04		Joshua Windsor	Hills District	27/01/2007	
		5-34.00		Jayden Rennie	Hills District	28/01/2006	
		5-19.10		Harry Stewart	Hills District	29/01/2005	
		5-39.94		Richard Lack	Hills District	31/01/2004	
	1100M Walk	5-55.70			H Laing	Hills District	25/01/2003
		7-41.97	Yes	Nickolai Simmons	Winston Hills	28/01/2011	
		6-06.36		Lachlan McGrath	Hills District	27/01/2010	
		6-16.50		Jordan Glover	Hills District	28/01/2009	
		6-35.80		Matthew Price	Hills District	30/01/2008	
		7-03.72		Nelson Osifo	Hills District	24/01/2007	
		8-15.09		Andre Krucican	Winston Hills	25/01/2006	
		6-51.47		Thomas Mcinnes	Hills District	27/01/2005	
		7-18.50		B Lockrey	Quakers Hill	29/01/2004	
		6-16.20		J Sultana	Hills District	23/01/2003	
		60M Hurdles	11.29	Yes	Saxon Kirkley	Winston Hills	29/01/2011
			11.79		Marshall Luke	Rouse Hill	30/01/2010
			11.15		Zachary Spryn	Riverstone	31/01/2009
			11.46		Conrad Kaatzke-McDonald	Winston Hills	02/02/2008
				Luke Osbourne	Kings Langley	02/02/2008	
	11.13			Nelson Osifo	Hills District	27/01/2007	
	11.68			Andrew Shorrock	Hills District	28/01/2006	
	11.71			Sanjai Krisjna	Winston Hills	29/01/2005	
	11.34			Shane Nicholls	Hawkesbury City	31/01/2004	
	11.65			H Laing	Hills District	25/01/2003	
	Long Jump	4.27	Yes	Brody Donovan	Kings Langley	29/01/2011	
		3.76		Walther Wegmann	Kings Langley	30/01/2010	
		4.10		James Sullivan	Winston Hills	31/01/2009	
		4.36		Jordan Shelley	Hills District	02/02/2008	
		3.75		Chris Hayward	Quakers Hill	27/01/2007	
		3.93		Andre Krucican	Winston Hills	28/01/2006	
		3.99		Steven Jessep	Kings Langley	29/01/2005	
		4.26		Nicholas Hough	Hills District	31/01/2004	
		4.05		T Clarke	Winston Hills	25/01/2003	
		High Jump	1.21	Yes	Nicholas Zakhia	Kings Langley	30/01/2011
	1.19			Travis Osborne	Kings Langley	31/01/2010	
	1.21			Alexander Cummins	Winston Hills	01/02/2009	
	1.23			Luke Osbourne	Kings Langley	03/02/2008	
	1.15			Jaywan Maxwell	Kings Langley	28/01/2007	
	1.25			Andre Krucican	Winston Hills	29/01/2006	
	1.30			Joel Edwards	Winston Hills	30/01/2005	
1.29			Shane Nicholls	Hawkesbury City	01/02/2004		
1.36			T Clarke	Winston Hills	26/01/2003		
Shot Put	7.65		Yes	Callum Rennie	Hills District	30/01/2011	
	7.82		Patrick Idiare	Winston Hills	31/01/2010		
	7.74		Thomas Summerhays	Rouse Hill	01/02/2009		
	8.93		Airfun Javam	Winston Hills	03/02/2008		
	8.22		Lachlan Parle	Winston Hills	28/01/2007		
	7.76		Aaron Apikotoa	Kings Langley	29/01/2006		
	8.13		Jarryd Rylance	Hills District	30/01/2005		
	8.43		Scott Ranson	Hawkesbury City	01/02/2004		
	11.25		M Teina	Winston Hills	26/01/2003		
	Discus	22.83	Yes	Jordan Hill	Winston Hills	29/01/2011	
27.27			Patrick Idiare	Winston Hills	30/01/2010		
35.40			Joshua Baker	Winston Hills	31/01/2009		
27.10			Billy Nicolson	Hills District	02/02/2008		
22.16			Lachlan Byron	Winston Hills	27/01/2007		
27.62			Aaron Apikotoa	Kings Langley	28/01/2006		

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U/10 Boys	Discus	21.87		Ali Javam	Winston Hills	29/01/2005	
		29.76		Scott Ranson	Hawkesbury City	31/01/2004	
		33.29		M Teina	Winston Hills	25/01/2003	
U/11 Boys	100M Run	14.25	Yes	Timothy Simmons	Quakers Hill	29/01/2011	
		13.39		Jordan Idiare	Winston Hills	30/01/2010	
		13.65		Jordan Shelley	Hills District	31/01/2009	
		14.06		Nelson Osifo	Hills District	02/02/2008	
		15.44		Mark Mc Leay	Hills District	27/01/2007	
				Arshdeep Sidhu	Hills District	27/01/2007	
				Jacob Roberts	Hawkesbury City	28/01/2006	
				Nicholas Hough	Hills District	29/01/2005	
				Tommy Cirjak	Winston Hills	31/01/2004	
				C Searle	Winston Hills	25/01/2003	
		200M Run	30.19	Yes	Timothy Simmons	Quakers Hill	30/01/2011
			30.15		Lachlan Davis	Quakers Hill	31/01/2010
			29.81		Jordan Shelley	Hills District	01/02/2009
			29.84		Harrison Frecklington	Rouse Hill	03/02/2008
	30.93			Joshua Shepherd	Winston Hills	28/01/2007	
	30.18			Jacob Roberts	Hawkesbury City	29/01/2006	
	29.18			Nicholas Hough	Hills District	30/01/2005	
	30.36			D Mooneesamy	Quakers Hill	01/02/2004	
	28.74			D Marcel	Hills District	26/01/2003	
	400M Run		1-10.47	Yes	Sam Williams	Hills District	29/01/2011
		1-10.48		Thomas Robson	Winston Hills	30/01/2010	
		1-10.03		Benjamin Thomson	Hills District	31/01/2009	
		1-07.96		Joshua Byron	Winston Hills	02/02/2008	
		1-08.45		Jayden Rennie	Hills District	27/01/2007	
		1-09.62		Harry Stewart	Hills District	28/01/2006	
		1-10.26		Matthew Gonzalez	Hills District	29/01/2005	
		1-11.65		D Mooneesamy	Quakers Hill	31/01/2004	
		1-05.85		D Marcel	Hills District	25/01/2003	
		800M Run	2-38.55	Yes	Sam Williams	Hills District	30/01/2011
			2-34.61		Joshua Baker	Winston Hills	31/01/2010
			2-36.28		Benjamin Thomson	Hills District	01/02/2009
			2-35.49		Joshua Windsor	Hills District	03/02/2008
			2-38.93		Jayden Rennie	Hills District	28/01/2007
	2-35.51			Harry Stewart	Hills District	29/01/2006	
	2-45.32			Matthew Gonzalez	Hills District	30/01/2005	
	2-44.85			Tommy Cirjak	Winston Hills	01/02/2004	
	1500M Run	2-45.98		J Lum	Winston Hills	26/01/2003	
		5-24.07	Yes	Sam Williams	Hills District	29/01/2011	
		5-24.00		William Smith	Hills District	30/01/2010	
		5-16.91		Benjamin Thomson	Hills District	31/01/2009	
		5-25.00		Joshua Windsor	Hills District	02/02/2008	
		5-24.18		Jayden Rennie	Hills District	27/01/2007	
5-17.00			Harry Stewart	Hills District	28/01/2006		
5-36.04			Blake Wigley	Hills District	29/01/2005		
5-42.06			Hayden Capewell	Hills District	31/01/2004		
5-27.53			D Marcel	Hills District	25/01/2003		
1100M Walk	6-58.11	Yes	Lachlan Mcgrath	Hills District	28/01/2011		
	5-59.87		Jordan Glover	Hills District	27/01/2010		
	6-30.50		Matthew Price	Hills District	28/01/2009		
	6-28.70		Adam Mylonas	Winston Hills	30/01/2008		
	7-55.87		Nicholas Shina	Hills District	24/01/2007		
	7-03.07		Sean Leckie	Winston Hills	25/01/2006		
	6-56.86		Aiden Kelly	Winston Hills	27/01/2005		
	6-21.70		Justin Sultana	Hills District	29/01/2004		

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U/11 Boys	1100M Walk	6-17.50		J Rojas	Quakers Hill	23/01/2003	
		1500M Walk	8-46.90	Yes	R. Cooper	HAWKES	03/02/1995
	60M Hurdles	10.95	Yes	Walther Wegmann	Kings Langley	29/01/2011	
		11.82		Alexander Thompson	Quakers Hill	30/01/2010	
		10.72		Luke Osborne	Kings Langley	31/01/2009	
		9.95		Joshua Byron	Winston Hills	02/02/2008	
		12.24		Lee Kennedy	Winston Hills	27/01/2007	
		10.69		Sanjai Krishna	Winston Hills	28/01/2006	
		11.09		Shameem Husain	Hills District	29/01/2005	
		11.02		Tim Clarke	Winston Hills	31/01/2004	
		11.00		A Torta	Hills District	25/01/2003	
		Long Jump	3.95	Yes	Travis Osborne	Kings Langley	30/01/2011
			4.59		Joshua Baker	Winston Hills	31/01/2010
	4.42			Jordan Shelley	Hills District	01/02/2009	
	4.19			Nelson Osifo	Hills District	03/02/2008	
	4.16			Jason Brown	Kings Langley	28/01/2007	
	4.28			Sanjai Krishna	Winston Hills	29/01/2006	
	4.26			Nicholas Hough	Hills District	30/01/2005	
	4.33			Tim Clarke	Winston Hills	01/02/2004	
	4.30			L Herzog	Hills District	26/01/2003	
	High Jump		1.27	Yes	Travis Osborne	Kings Langley	29/01/2011
			1.28		Alexander Cummins	Winston Hills	30/01/2010
		1.40		Ashley Doggett	Hills District	31/01/2009	
		1.25		Shaun Garner	Winston Hills	02/02/2008	
		1.30		Allyn Hicks	Hills District	27/01/2007	
		1.50		Joel Edwards	Winston Hills	28/01/2006	
		1.46		Nathan White	Hills District	29/01/2005	
		1.40		Tim Clarke	Winston Hills	31/01/2004	
		1.45		D Marcel	Hills District	25/01/2003	
		Triple Jump	9.03	Yes	Travis Osborne	Kings Langley	29/01/2011
			9.28		Joshua Baker	Winston Hills	30/01/2010
	9.74			Jordan Shelley	Hills District	31/01/2009	
	8.18			Jaywan Maxwell	Kings Langley	02/02/2008	
	8.94			Mark Mc Leay	Hills District	27/01/2007	
	9.18			Sanjai Krishna	Winston Hills	28/01/2006	
	10.12			Nicholas Hough	Hills District	29/01/2005	
	9.66			Tim Clarke	Winston Hills	31/01/2004	
	9.10			A Booth	Quakers Hill	25/01/2003	
	Shot Put		8.36	Yes	Jacob Wilkinson	Hills District	29/01/2011
			8.64		Joshua Wooldridge	Winston Hills	30/01/2010
		10.16		Airfun Javam	Winston Hills	31/01/2009	
		9.85		Lachlan Parle	Winston Hills	02/02/2008	
		11.54		Aaron Apikotoa	Kings Langley	27/01/2007	
		9.81		Joel Edwards	Winston Hills	28/01/2006	
		8.65		M Wesble	Riverstone	29/01/2005	
		13.22		Maeva-nui Teina	Winston Hills	31/01/2004	
		10.20		J Ruwhiu	Winston Hills	25/01/2003	
		Discus	25.80	Yes	Patrick Idiare	Winston Hills	30/01/2011
			30.07		Joshua Baker	Winston Hills	31/01/2010
	26.08			Billy Nicolson	Hills District	01/02/2009	
27.34			Corey Mackay	Winston Hills	03/02/2008		
30.09			Aaron Apikotoa	Kings Langley	28/01/2007		
22.55			Ali Javam	Winston Hills	29/01/2006		
19.21			Kris Hayman	Quakers Hill	30/01/2005		
33.83			Maeva-nui Teina	Winston Hills	01/02/2004		
29.51			J Ruwhiu	Winston Hills	26/01/2003		
U/12 Boys	100M Run		13.03	Yes	Jordan Idiare	Winston Hills	29/01/2011

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U/12 Boys	100M Run	13.63		Jordan Shelley	Hills District	30/01/2010
		13.49		Samuel Mckinlay	Hawkesbury City	31/01/2009
		13.82		Jonathan Lagos	Rouse Hill	02/02/2008
		14.75		Steven Jessep	Kings Langley	27/01/2007
		13.82		Nicholas Hough	Hills District	28/01/2006
		13.31		Dilshen Mooneesany	Quakers Hill	29/01/2005
		14.59		Cameron Searle	Winston Hills	31/01/2004
		14.00		A Luzi	Winston Hills	25/01/2003
		26.91	Yes	Jordan Idiare	Winston Hills	30/01/2011
		29.01		Corey Gaal	Winston Hills	31/01/2010
		28.30		Joshua Byron	Winston Hills	01/02/2009
		29.06		Blake Wasson	Quakers Hill	03/02/2008
		29.21		Mitchell Claxton	Winston Hills	28/01/2007
		28.88		Nicholas Hough	Hills District	29/01/2006
	27.76		Dilshen Mooneesany	Quakers Hill	30/01/2005	
	28.06		Daniel Marcel	Hills District	01/02/2004	
	29.72		S Watson	Hills District	26/01/2003	
	400M Run	1-06.97	Yes	William Smith	Hills District	29/01/2011
		1-05.06		Benjamin Thomson	Hills District	30/01/2010
		1-06.77		Joshua Byron	Winston Hills	31/01/2009
		1-06.87		Joshua Shepherd	Winston Hills	02/02/2008
		1-08.25		Duane Tennent	Hills District	27/01/2007
		1-03.75		Adam Harding	Hills District	28/01/2006
		1-05.61		Dilshen Mooneesany	Quakers Hill	29/01/2005
		1-05.72		Daniel Marcel	Hills District	31/01/2004
		1-09.84		B Simpson	Winston Hills	25/01/2003
		2-33.27	Yes	William Smith	Hills District	30/01/2011
		2-27.12		Benjamin Thomson	Hills District	31/01/2010
		2-37.02		Hayden Sly	Hawkesbury City	01/02/2009
		2-32.20		Joshua Shepherd	Winston Hills	03/02/2008
		2-39.78		Brandon Smallwood	Hawkesbury City	28/01/2007
	800M Run	2-34.95		Adam Harding	Hills District	29/01/2006
		2-36.43		Brodie Mcinnes	Hills District	30/01/2005
		2-40.91		A Lans	Quakers Hill	01/02/2004
		2-41.85		B Williams	Quakers Hill	26/01/2003
		5-11.92	Yes	William Smith	Hills District	29/01/2011
		4-54.86		Benjamin Thomson	Hills District	30/01/2010
		5-22.00		Joshua Windsor	Hills District	31/01/2009
		5-21.04		Jayden Rennie	Hills District	02/02/2008
		5-20.18		Brandon Smallwood	Hawkesbury City	27/01/2007
		5-15.00		Blake Wigley	Hills District	28/01/2006
		5-14.01		Brodie Mcinnes	Hills District	29/01/2005
		5-34.28		D Bragg	Quakers Hill	31/01/2004
		5-46.90		B Williams	Quakers Hill	25/01/2003
		1500M Run	8-17.76	Yes	Jordan Glover	Hills District
	10-05.22			Ryan Owen	Kings Langley	27/01/2010
	9-08.50			Adam Mylonas	Winston Hills	28/01/2009
	9-46.30			Nicholas Shina	Hills District	30/01/2008
	13-22.78			Ali Javam	Winston Hills	24/01/2007
	9-36.86			Aiden Kelly	Winston Hills	25/01/2006
	10-46.62			Justin Sultana	Hills District	27/01/2005
	8-43.20			J Rojas	Quakers Hill	29/01/2004
	9-19.00			J Tuohy	Hills District	23/01/2003
	60M Hurdles		11.12	Yes	Alexander Thompson	Quakers Hill
11.13				Luke Osborne	Kings Langley	30/01/2010
9.88				Joshua Byron	Winston Hills	31/01/2009
11.49				Lee Kennedy	Winston Hills	02/02/2008
10.78				Steven Jessep	Kings Langley	27/01/2007
10.57			Nathan White	Hills District	28/01/2006	

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U/12 Boys	60M Hurdles	10.93		Tim Clarke	Winston Hills	29/01/2005	
		11.18		Luke Herzog	Hills District	31/01/2004	
		11.42		M Brennan	Winston Hills	25/01/2003	
	Long Jump	4.71	Yes	Frederick Adutwum	Quakers Hill	29/01/2011	
		4.84		Jordan Shelley	Hills District	30/01/2010	
		4.77		Nelson Osifo	Hills District	31/01/2009	
		4.44		Mark Mcleay	Hills District	02/02/2008	
		4.90		Steven Jessep	Kings Langley	27/01/2007	
		4.77		Nathan White	Hills District	28/01/2006	
		4.56		Elliott Balkin	Hills District	29/01/2005	
		4.69		Daniel Marcel	Hills District	31/01/2004	
		4.35		S Watson	Hills District	25/01/2003	
		High Jump	1.47	Yes	Alexander Cummins	Winston Hills	30/01/2011
			1.45		Jordan Shelley	Hills District	31/01/2010
			1.37		Harrison Frecklington	Hills District	01/02/2009
			1.30		Kane Lippman	Kings Langley	03/02/2008
			1.48		James Frecklington	Riverstone	28/01/2007
	1.32			Nicholas Hough	Hills District	29/01/2006	
	1.40			Tim Clarke	Winston Hills	30/01/2005	
	1.36			Adam Grech	Hills District	01/02/2004	
	1.35			B Williams	Quakers Hill	26/01/2003	
	Triple Jump		10.77	Yes	Frederick Adutwum	Quakers Hill	30/01/2011
			10.55		Jordan Shelley	Hills District	31/01/2010
			9.35		Samuel Mckinlay	Hawkesbury City	01/02/2009
			10.32		Jonathan Lagos	Rouse Hill	03/02/2008
		9.22		Sanjai Krishna	Winston Hills	28/01/2007	
		10.29		Nicholas Hough	Hills District	29/01/2006	
		9.84		Tim Clarke	Winston Hills	30/01/2005	
		9.20		Jordan Ruwhiu	Winston Hills	01/02/2004	
		8.94		S Watson	Hills District	26/01/2003	
		Shot Put	9.48	Yes	Alex Odoom	Hills District	30/01/2011
			9.98		Zachary Blackburn	Winston Hills	31/01/2010
			11.07		Neil Jordan	Winston Hills	01/02/2009
	11.34			Aaron Apikotoa	Kings Langley	03/02/2008	
	10.56			Pita Vi	Winston Hills	28/01/2007	
	7.94			Samuel Morgan	Winston Hills	29/01/2006	
	12.87			Maeva-nui Teina	Winston Hills	30/01/2005	
	9.80			Jordan Ruwhiu	Winston Hills	01/02/2004	
	12.67			A Luzi	Winston Hills	26/01/2003	
	Discus		28.26	Yes	Callum Brosnan	Winston Hills	29/01/2011
			31.54		Airfun Javam	Winston Hills	30/01/2010
		34.35		Corey Mackay	Winston Hills	31/01/2009	
		32.76		Aaron Apikotoa	Kings Langley	02/02/2008	
		34.39		Pita Vi	Winston Hills	27/01/2007	
		20.61		Aaron Kramer	Hills District	28/01/2006	
		39.55		Maeva-nui Teina	Winston Hills	29/01/2005	
		32.77		Jordan Ruwhiu	Winston Hills	31/01/2004	
41.02			A Luzi	Winston Hills	25/01/2003		
Javelin		22.55	Yes	Joshua Wooldridge	Winston Hills	29/01/2011	
		Yes	Joshua Wooldridge	Winsown Hills	29/01/2011		
U/13 Boys	100M Run	13.87	Yes	Thomas Zdrilic	Hills District	29/01/2011	
		12.87		Denzel Singleton	Hills District	30/01/2010	
		13.34		Blake Wasson	Quakers Hill	31/01/2009	
		13.61		Mitchell Claxton	Winston Hills	02/02/2008	
		13.13		Nicholas Hough	Hills District	27/01/2007	
		12.73		D Mooneesamy	Quakers Hill	28/01/2006	
		12.77		Shane Chalmers	Hills District	29/01/2005	

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U/13 Boys	100M Run	13.00		Sean crosdale	Kings Langley	31/01/2004	
		13.71		C Burns	Hawkesbury City	25/01/2003	
	200M Run	28.65	Yes	Corey Gaal	Winston Hills	30/01/2011	
		26.97		Denzel Singleton	Hills District	31/01/2010	
		26.07		Jonathan Lagos	Rouse Hill	01/02/2009	
		27.39		Julian Dimitriou	Winston Hills	03/02/2008	
		25.36		Nicholas Hough	Hills District	28/01/2007	
		26.44		D Mooneesamy	Quakers Hill	29/01/2006	
		29.19		Cameron Searle	Winston Hills	30/01/2005	
		27.53		Sean crosdale	Kings Langley	01/02/2004	
		28.01		D Fell	Quakers Hill	26/01/2003	
		400M Run	1-02.77	Yes	Benjamin Thomson	Hills District	29/01/2011
	1-04.62			Neil Jordan	Winston Hills	30/01/2010	
	1-07.28			Joshua Shepherd	Winston Hills	31/01/2009	
	1-01.64			Julian Dimitriou	Winston Hills	02/02/2008	
	1-06.56			Adam Harding	Hills District	27/01/2007	
	1-02.52			Aiden Evans	Winston Hills	28/01/2006	
	1-02.30			Daniel Marcel	Hills District	29/01/2005	
	1-08.02			Blake Simpson	Winston Hills	31/01/2004	
	1-04.18			A Ellis	Hills District	25/01/2003	
	1-04.20			J. Hooimeyer	W/HLS	29/01/2000	
	800M Run	2-22.85	Yes	Benjamin Thomson	Hills District	30/01/2011	
		2-27.65		Nathan McGrath	Hills District	31/01/2010	
		2-36.93		Jayden Rennie	Hills District	01/02/2009	
		2-25.06		Julian Dimitriou	Winston Hills	03/02/2008	
		2-34.24		Adam Harding	Hills District	28/01/2007	
		2-29.94		Aiden Evans	Winston Hills	29/01/2006	
		2-32.38		Daniel Marcel	Hills District	30/01/2005	
		2-37.34		Adam Nagle	Hawkesbury City	01/02/2004	
		2-30.24		A Ellis	Hills District	26/01/2003	
		1500M Run	4-45.00	Yes	Benjamin Thomson	Hills District	29/01/2011
	5-00.16			Nathan McGrath	Hills District	30/01/2010	
	5-21.30			Joshua Shepherd	Winston Hills	31/01/2009	
	5-13.90			B. Smallwood	Hawkesbury City	02/02/2008	
	5-17.04			Adam Harding	Hills District	27/01/2007	
	5-21.00			Jesse Beadman	Riverstone	28/01/2006	
	5-49.77			Cameron Whittle	Hills District	29/01/2005	
	5-46.07			Michael	Hills District	31/01/2004	
	4-57.06			A Ellis	Hills District	25/01/2003	
	3000M Run		10-04.22	Yes	Benjamin Thomson	Hills District	29/01/2011
		11-59.79		Nicholas Henson	Hills District	30/01/2010	
		14-01.58		Kane Lippmann	Kings Langley	31/01/2009	
		11-27.81		B. Smallwood	Hawkesbury City	02/02/2008	
		11-08.06		Blake Wigley	Hills District	31/01/2007	
		11-21.90		Jesse Beadman	Riverstone	02/02/2006	
		13-06.80		Blake Simpson	Winston Hills	04/02/2004	
		10-12.08		A Ellis	Hills District	29/01/2003	
		1500M Walk	8-44.29	Yes	Ryan Owen	Kings Langley	28/01/2011
			8-36.89		Adam Mylonas	Winston Hills	27/01/2010
	8-51.00			Nicholas Shina	Hills District	28/01/2009	
11-03.80			Michael Candiloro	Hills District	30/01/2008		
10-27.26			Franz Hartevelt	Hills District	24/01/2007		
9-59.79			Jake Richardson	Riverstone	25/01/2006		
9-27.10			Joshua Tuohy	Hills District	29/01/2004		
8-52.80			J Harrison	Parramatta CityTrack&Field	23/01/2003		
80M Hurdles	14.92		Yes	Ashley Doggett	Hills District	30/01/2011	
	13.70			Joshua Byron	Winston Hills	31/01/2010	
	15.92		Lee Kennedy	Winston Hills	01/02/2009		
	14.23		Steven Jessep	Kings Langley	03/02/2008		

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U/13 Boys	80M Hurdles	15.60		Nathan White	Hills District	28/01/2007	
		14.54		Tim Clarke	Winston Hills	29/01/2006	
		15.31		Vincent Hee	Hills District	11/02/2005	
		15.43		Nicholas Schmid	Hills District	01/02/2004	
		16.21		C Menzies	Hills District	26/01/2003	
	90M Hurdles	14.60	Yes	B. Hopkinson	W/HLS	07/02/1993	
	200M Hurdles	32.21	Yes	Ashley Doggett	Hills District	29/01/2011	
		32.22		Joshua Byron	Winston Hills	30/01/2010	
		31.70		Mark Mc Leay	Hills District	31/01/2009	
		32.88		David Thomson	Winston Hills	02/02/2008	
		34.73		Matthew Van Arkel	Hills District	27/01/2007	
		31.79		Jonathan Perry	Hills District	28/01/2006	
		32.02		Luke Herzog	Hills District	29/01/2005	
		35.56		Nicholas Schmid	Hills District	31/01/2004	
		32.26		L Maddalena	Hills District	25/01/2003	
		Long Jump	4.50	Yes	Ashley Doggett	Hills District	30/01/2011
			5.33		Denzel Singleton	Hills District	31/01/2010
			4.85		Jonathan Lagos	Rouse Hill	01/02/2009
			4.67		Steven Jessep	Kings Langley	03/02/2008
	4.71			Sanji Fernando	Kings Langley	28/01/2007	
	5.11			Joshua Andrew	Hawkesbury City	29/01/2006	
	4.35			Vincent Hee	Quakers Hill	30/01/2005	
	4.88			Sean Crosdale	Kings Langley	01/02/2004	
	4.52			C Menzies	Hills District	26/01/2003	
	High Jump		1.55	Yes	Ashley Doggett	Hills District	30/01/2011
		1.50		Denzel Singleton	Hills District	31/01/2010	
		1.35		Davis Erwin	Hills District	01/02/2009	
		1.55		James Frecklington	Rouse Hill	03/02/2008	
		1.60		Nathan White	Hills District	28/01/2007	
		1.45		Angus Baird	Hills District	29/01/2006	
		1.51		David Hayman	Quakers Hill	30/01/2005	
		1.32		David Atkins	Winston Hills	01/02/2004	
		1.58		R Webster	Winston Hills	26/01/2003	
		Triple Jump	10.25	Yes	Ashley Doggett	Hills District	29/01/2011
			9.48		Joshua Byron	Winston Hills	30/01/2010
			11.06		Jonathan Lagos	Rouse Hill	31/01/2009
	9.77			Duane Tennent	Hills District	02/02/2008	
	11.76			Nicholas Hough	Hills District	27/01/2007	
	9.48			Elliott Balkin	Hills District	28/01/2006	
	10.35			Daniel Marcel	Hills District	29/01/2005	
	9.25			Michael	Hills District	31/01/2004	
	9.31			L Maddalena	Hills District	25/01/2003	
Shot Put	9.26		Yes	Callem Lum	Winston Hills	30/01/2011	
	12.87		Corey Mackay	Winston Hills	31/01/2010		
	13.41		Aaron Apikotoa	Kings Langley	01/02/2009		
	11.98		Pita Vi	Winston Hills	03/02/2008		
	10.38		Aaron Winslade	Kings Langley	28/01/2007		
	16.24		Maeva-nui Teina	Winston Hills	29/01/2006		
	10.28		David Hayman	Quakers Hill	30/01/2005		
	14.57		Adam Luzi	Winston Hills	01/02/2004		
	8.00		R Johnson	Hawkesbury City	26/01/2003		
	Discus	30.38	Yes	William Nicolson	Hills District	29/01/2011	
35.25			Corey Mackay	Winston Hills	30/01/2010		
32.68			Aaron Apikotoa	Kings Langley	31/01/2009		
35.97			Pita Vi	Winston Hills	02/02/2008		
23.96			Brad McNaughton	Winston Hills	27/01/2007		
40.40			Maeva-nui Teina	Winston Hills	28/01/2006		
30.78			David Hayman	Quakers Hill	29/01/2005		
41.93			Adam Luzi	Winston Hills	31/01/2004		

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U/13 Boys	Discus	27.98		L Maddalena	Hills District	25/01/2003	
		26.93	Yes	Callem Lum	Winston Hills	28/01/2011	
	Javelin	27.13		Joshua Byron	Winston Hills	27/01/2010	
		31.13		Aaron Apikotoa	Kings Langley	28/01/2009	
		25.11		Joel Edwards	Winston Hills	30/01/2008	
		29.02		Brad McNaughton	Winston Hills	24/01/2007	
		32.06		Benn Melrose	Winston Hills	25/01/2006	
		27.88		Kerris Menzies	Hills District	27/01/2005	
		39.67		Adam Luzi	Winston Hills	29/01/2004	
		31.62		R Webster	Winston Hills	25/01/2003	
		U/14 Boys	100M Run	12.31	Yes	Jodan Coleman	Hills District
12.52				Blake Wasson	Quakers Hill	30/01/2010	
12.92				J Lord	Hills District	31/01/2009	
11.97				Nicholas Hough	Hills District	02/02/2008	
13.19				Joshua Andrew	Hills District	27/01/2007	
12.72				Rory Mcveigh	Hills District	28/01/2006	
12.21				Sean Crosdale	Kings Langley	29/01/2005	
12.47				J Rumble	Quakers Hill	31/01/2004	
12.39				B Rossi-Murray	Riverstone	25/01/2003	
200M Run	25.42			Yes	Denzel Singleton	Hills District	30/01/2011
	25.25				Jonathon Lagos	Rouse Hill	31/01/2010
	26.82				Julian Dimitriou	Hills District	01/02/2009
	23.98				Nicholas Hough	Hills District	03/02/2008
	25.90			Anthony Baddock	Winston Hills	28/01/2007	
	26.17			Rory Mcveigh	Hills District	29/01/2006	
	25.88			Sean Crosdale	Kings Langley	30/01/2005	
	26.69			Bradley Hoy	Hills District	01/02/2004	
	26.81			D Marshall	Hills District	26/01/2003	
	400M Run		59.45	Yes	Denzel Singleton	Hills District	29/01/2011
1-05.68				Jayden Rennie	Hills District	30/01/2010	
57.99				Julian Dimitriou	Hills District	31/01/2009	
1-02.86				Jackson Canning	Hills District	02/02/2008	
58.75				Aiden Evans	Winston Hills	27/01/2007	
59.02				Michael Inskip	Riverstone	28/01/2006	
1-06.21				Timothy Barclay	Hills District	29/01/2005	
1-03.49				Andrew Ellis	Hills District	31/01/2004	
1-01.84				D Wylie	Winston Hills	25/01/2003	
800M Run			2-37.91	Yes	Joshua Windsor	Hills District	30/01/2011
			2-37.69		Jayden Rennie	Hills District	31/01/2010
			2-39.05		Julian Dimitriou	Hills District	01/02/2009
			2-24.75		Matthew Van Arkel	Hills District	03/02/2008
			2-22.62		Aiden Evans	Winston Hills	28/01/2007
	2-21.68			Daniel Marcel	Hills District	29/01/2006	
	2-36.00			Benjamin Sparkes	Hills District	30/01/2005	
	2-20.76			J Rumble	Quakers Hill	01/02/2004	
	2-36.59			M Trescott	Winston Hills	26/01/2003	
	1500M Run		5-21.53	Yes	Nicholas Henson	Hills District	29/01/2011
5-40.28				Jayden Rennie	Hills District	30/01/2010	
5-25.80				Michael Candiloro	Hills District	31/01/2009	
4-55.00				Blake Wigley	Hills District	02/02/2008	
5-07.53				Jesse Beadman	Riverstone	27/01/2007	
5-10.00				Luke Herzog	Hills District	28/01/2006	
6-08.06				Daniel Maxwell	Hills District	29/01/2005	
4-54.32				Andrew Ellis	Hills District	31/01/2004	
5-02.16				T Laurie	Riverstone	25/01/2003	
3000M Run			12-09.20	Yes	Nicholas Henson	Hills District	29/01/2011
	11-41.97			Jayden Rennie	Hills District	30/01/2010	

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U/14 Boys	3000M Run	12-16.31		Brandon Smallwood	Hawkesbury City	31/01/2009	
		10-46.72		Blake Wigley	Hills District	02/02/2008	
		10-28.78		Jesse Beadman	Riverstone	31/01/2007	
		10-52.20		Daniel Marcel	Hills District	02/02/2006	
		10-11.90		Andrew Ellis	Hills District	04/02/2004	
		12-27.02		Tylor Vella	Kings Langley	02/02/2004	
		10-24.39		T Laurie	Riverstone	29/01/2003	
	1500M Walk	7-54.39	Yes	Adam Mylonas	Winston Hills	28/01/2011	
		8-28.51		Nicholas Shina	Hills District	27/01/2010	
		10-41.30		Michael Candiloro	Hills District	28/01/2009	
		9-31.60		Elliott Balkin	Hills District	24/01/2007	
		9-43.73		Joshua Tuohy	Hills District	27/01/2005	
		8-46.30		S Johntone	Winston Hills	23/01/2003	
		90M Hurdles	15.09	Yes	Joshua Byron	Winston Hills	30/01/2011
	15.97			Matt Pell	Kings Langley	31/01/2010	
	14.48			Steven Jessep	Kings Langley	01/02/2009	
	12.55			Nicholas Hough	Hills District	03/02/2008	
	13.84			Brandon Webster	Winston Hills	28/01/2007	
	16.03			Cameron Whittle	Hills District	29/01/2006	
	16.21			Nicholas Schmid	Hills District	30/01/2005	
	13.84			Chris Burns	Hawkesbury City	01/02/2004	
	13.74			L Dulay	Winston Hills	26/01/2003	
	200M Hurdles		28.06	Yes	Denzel Singleton	Hills District	29/01/2011
		31.25		Matt Pell	Kings Langley	30/01/2010	
		29.10		Matthew Collins	Hills District	31/01/2009	
		25.41		Nicholas Hough	Hills District	02/02/2008	
		28.90		Jahmali Hicks	Hills District	27/01/2007	
		30.45		Scott Watson	Hills District	29/01/2005	
		28.19		L Dulay	Winston Hills	25/01/2003	
		Long Jump	5.25	Yes	Jodan Coleman	Hills District	30/01/2011
			5.32		Jonathon Lagos	Rouse Hill	31/01/2010
			5.24		Steven Jessep	Kings Langley	01/02/2009
	4.86			Sarpong Kwakwa	Hills District	03/02/2008	
	5.26			Jahmali Hicks	Hills District	28/01/2007	
	4.55			Cameron Searle	Winston Hills	29/01/2006	
	4.74			Kenneth Hee	Quakers Hill	30/01/2005	
	5.50			J Rumble	Quakers Hill	01/02/2004	
	5.36			D Marshall	Hills District	26/01/2003	
	High Jump		1.60	Yes	Denzel Singleton	Hills District	30/01/2011
		1.37		Matt Pell	Kings Langley	31/01/2010	
		1.50		Steven Jessep	Kings Langley	01/02/2009	
				James Frecklington	Hills District	01/02/2009	
1.30			Sarpong Kwakwa	Hills District	03/02/2008		
1.58			Jahmali Hicks	Hills District	28/01/2007		
1.35			Bradley Bridge	Winston Hills	29/01/2006		
1.42			James Dray	Winston Hills	30/01/2005		
1.69			Ryan Webster	Winston Hills	01/02/2004		
1.47			S Jackson	Quakers Hill	26/01/2003		
Triple Jump	11.69	Yes	Jodan Coleman	Hills District	29/01/2011		
	10.72		Matt Pell	Kings Langley	30/01/2010		
	11.05		Cameron Robertson	Winston Hills	31/01/2009		
	11.20		Aaron Winslade	Kings Langley	02/02/2008		
	11.12		Brandon Webster	Winston Hills	27/01/2007		
	11.10		Daniel Marcel	Hills District	28/01/2006		
	10.50		Nicholas Schmid	Hills District	29/01/2005		
	10.79		Ryan Webster	Winston Hills	31/01/2004		
	10.74		L Dulay	Winston Hills	25/01/2003		
	Shot Put	11.64	Yes	Corey Mackay	Winston Hills	29/01/2011	
10.98			Andrew Simpson	Hills District	30/01/2010		

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U/14 Boys	Shot Put	10.35		Ali Javam	Winston Hills	31/01/2009		
		7.31		Aaron Kramer	Hills District	02/02/2008		
		15.22		Maeva-nui Teina	Winston Hills	27/01/2007		
		10.07		Michael Zaharia	Hills District	28/01/2006		
		15.55		Adam Luzi	Winston Hills	29/01/2005		
		10.34		Ryan Webster	Winston Hills	31/01/2004		
		9.78		B Rossi-Murray	Riverstone	25/01/2003		
		41.66	Yes	Corey Mackay	Winston Hills	30/01/2011		
		35.09		Bradley Baker	Hills District	31/01/2010		
		27.12		Amandeep Dhaliwal	Quakers Hill	01/02/2009		
		21.60		Aaron Kramer	Hills District	03/02/2008		
		45.44		Maeva-nui Teina	Winston Hills	28/01/2007		
		27.23		Benjamin Apikotoa	Kings Langley	29/01/2006		
		40.81		Adam Luzi	Winston Hills	30/01/2005		
	31.08		Luke Maddalena	Hills District	01/02/2004			
	23.85		S Rogers	Hills District	26/01/2003			
	Javelin	31.47	Yes	Corey Mackay	Winston Hills	28/01/2011		
		29.73		Shaun Woodhouse	Winston Hills	27/01/2010		
		29.11		Owen Murray	Winston Hills	28/01/2009		
		21.16		Lang T e h	Hills District	30/01/2008		
		38.46		Maeva-nui Teina	Winston Hills	24/01/2007		
		37.10		Ethan Fowler	Hills District	25/01/2006		
		44.95		Adam Luzi	Winston Hills	27/01/2005		
		40.63		Ryan Webster	Winston Hills	29/01/2004		
		34.70		P Maroun	Winston Hills	25/01/2003		
		U/15 Boys	100M Run	12.83	Yes	Matt Pell	Kings Langley	29/01/2011
				12.59		Duane Tennent	Hills District	30/01/2010
				11.20		Nicholas Hough	Hills District	31/01/2009
12.26					Joshua Andrew	Hills District	02/02/2008	
12.75					Cameron Searle	Winston Hills	27/01/2007	
12.20				Simon Powell	Hills District	28/01/2006		
12.19				Prishen Naidoo	Quakers Hill	29/01/2005		
12.04				Leo Dulay	Winston Hills	31/01/2004		
11.76				K Mannix	Hills District	25/01/2003		
200M Run	25.76			Yes	Matt Pell	Kings Langley	30/01/2011	
	25.46				Matthew Collins	Hills District	31/01/2010	
	22.87			Nicholas Hough	Hills District	01/02/2009		
	25.31			Anthony Baddock	Winston Hills	03/02/2008		
	25.76			Cameron Searle	Winston Hills	28/01/2007		
	25.33			Mitchell Dobson	Hawkesbury City	29/01/2006		
	25.23			Bradley Hoy	Winston Hills	30/01/2005		
	25.13			Daniel Marshall	Hills District	01/02/2004		
	24.35			K Mannix	Hills District	26/01/2003		
	400M Run		1-02.21	Yes	Kane Lippmann	Kings Langley	29/01/2011	
			58.01		Duane Tennent	Hills District	30/01/2010	
			57.25		Matthew Wesble	Riverstone	31/01/2009	
57.33				Anthony Baddock	Winston Hills	02/02/2008		
57.44				Henry Jones	Hills District	27/01/2007		
58.33				James Dray	Winston Hills	28/01/2006		
1-03.83				Matthew Hughes	Quakers Hill	29/01/2005		
58.39				David Wylie	Winston Hills	31/01/2004		
55.07				P Williams	Hawkesbury City	25/01/2003		
800M Run			2-32.86	Yes	Jayden Rennie	Hills District	30/01/2011	
	2-22.75			Duane Tennent	Hills District	31/01/2010		
	2-17.91			Matthew Van Arkel	Hills District	01/02/2009		
	2-17.57			Jesse Beadman	Riverstone	03/02/2008		
	2-16.54			Henry Jones	Hills District	28/01/2007		

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U/15 Boys	800M Run	2-23.29		Regino Caswell	Kings Langley	29/01/2006	
		2-07.38		James Kaan	Hills District	30/01/2005	
		2-38.54		Martin Trescott	Winston Hills	01/02/2004	
	1500M Run	5-19.89	Yes	Jayden Rennie	Hills District	29/01/2011	
		5-08.18		Ben Allen	Winston Hills	30/01/2010	
		4-53.60		Blake Wigley	Hills District	31/01/2009	
		4-47.70		Jesse Beadman	Riverstone	02/02/2008	
		5-08.79		Henry Jones	Hills District	27/01/2007	
		5-17.00		Derek Mulheam	Hawkesbury City	28/01/2006	
		4-20.45		James Kaan	Hills District	29/01/2005	
		5-31.98		Martin Trescott	Winston Hills	31/01/2004	
		3000M Run	12-02.96	Yes	Nicholas Shina	Hills District	29/01/2011
			11-35.53		Ben Allen	Winston Hills	30/01/2010
10-35.71			Blake Wigley	Hills District	31/01/2009		
10-18.26			Jonathan Perry	Hills District	02/02/2008		
10-29.04			Daniel Marcel	Hills District	31/01/2007		
	1500M Walk	10-52.00		Regino Caswell	Kings Langley	02/02/2006	
		10-25.63		Andrew Ellis	Hills District	02/02/2004	
		8-25.67	Yes	Nicholas Shina	Hills District	28/01/2011	
		8-44.89		Max Olssan	Kings Langley	24/01/2007	
		7-59.85		Derek Mulheam	Hawkesbury City	25/01/2006	
	90M Hurdles	9-53.00		Scott Johnstone	Winston Hills	29/01/2004	
		14.40	Yes	G. Moore	HILLS	05/02/1995	
	100M Hurdles	16.36	Yes	Matt Pell	Kings Langley	30/01/2011	
		15.73		Matthew Collins	Hills District	31/01/2010	
		14.57		Nicholas Hough	Hills District	01/02/2009	
		14.66		Brandon Webster	Winston Hills	03/02/2008	
		16.46		Cameron Whittle	Hills District	28/01/2007	
		15.87		James Mitchelhill-Miller	Riverstone	29/01/2006	
		14.49		C Burns	Hawkesbury City	30/01/2005	
		14.65		Leo Dulay	Winston Hills	01/02/2004	
		15.30		K Mannix	Hills District	26/01/2003	
		200M Hurdles	30.27	Yes	Kane Lippmann	Kings Langley	29/01/2011
30.17			Matthew Collins	Hills District	30/01/2010		
30.11			Shameem Husain	Hills District	31/01/2009		
28.56			Angus Baird	Hills District	02/02/2008		
30.01			Matthew Loader	Riverstone	27/01/2007		
28.54			Regino Caswell	Kings Langley	28/01/2006		
27.77			Brendan Bagley	Hills District	29/01/2005		
27.57			Leo Dulay	Winston Hills	31/01/2004		
26.59			K Mannix	Hills District	25/01/2003		
Long Jump	5.25		Yes	Matt Pell	Kings Langley	29/01/2011	
	5.52		Matthew Collins	Hills District	30/01/2010		
	5.49		Philip Lampart	Kings Langley	31/01/2009		
	2.72		Jahmali Hicks	Hills District	02/02/2008		
	5.03		Ethan Fowler	Hills District	27/01/2007		
	5.10		Gerard Hord	Winston Hills	28/01/2006		
	5.50		Bradley Hoy	Winston Hills	29/01/2005		
	5.92		Daniel Marshall	Hills District	31/01/2004		
	5.47		D Vaughan	Hills District	25/01/2003		
	High Jump	1.56	Yes	Kane Lippmann	Kings Langley	29/01/2011	
1.55			Matthew Collins	Hills District	30/01/2010		
1.50			Zachary Kavanagh	Hills District	31/01/2009		
1.45			Angus Baird	Hills District	02/02/2008		
1.49			Joshua Ellis	Kings Langley	27/01/2007		
1.75			Michael McDougall	Hawkesbury City	28/01/2006		
1.85			Ryan Webster	Winston Hills	29/01/2005		
1.48			Christopher Chester	Winston Hills	31/01/2004		
	1.75		D Vaughan	Hills District	25/01/2003		

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U/15 Boys	Triple Jump	10.85	Yes	Matt Pell	Kings Langley	30/01/2011		
		11.81		Cameron Robertson	Winston Hills	31/01/2010		
		11.08		Franz Hartmann	Hills District	01/02/2009		
		11.09		Jesse Beadman	Riverstone	03/02/2008		
		10.87		Ethan Fowler	Hills District	28/01/2007		
		9.93		Regino Caswell	Kings Langley	29/01/2006		
		11.56		Bradley Hoy	Winston Hills	30/01/2005		
		10.42		Christopher Jackson	Hills District	01/02/2004		
		11.08		N Ledgerwood	Winston Hills	26/01/2003		
		12.42	Shot Put	12.42	Yes	Bradley Baker	Hills District	29/01/2011
		13.09			Pita Vi	Winston Hills	30/01/2010	
		13.53			Tim Pond	Hills District	31/01/2009	
		15.84			Maeva-Nui Teina	Winston Hills	02/02/2008	
	12.16			Aaron Weston	Winston Hills	27/01/2007		
	14.42			Adam Luzi	Winston Hills	28/01/2006		
	12.35			Ryan Webster	Winston Hills	29/01/2005		
	14.91			M Vi	Winston Hills	25/01/2003		
	39.02	Discus		39.02	Yes	Bradley Baker	Hills District	30/01/2011
	40.10				Pita Vi	Winston Hills	31/01/2010	
	36.29			Tim Pond	Hills District	01/02/2009		
	44.80			Maeva-Nui Teina	Winston Hills	03/02/2008		
	36.21			Benjamin Apikotoa	Kings Langley	28/01/2007		
	46.74			Adam Luzi	Winston Hills	29/01/2006		
	37.93			James Kaan	Hills District	30/01/2005		
	25.26			Craig Hurdis	Hawkesbury City	01/02/2004		
	50.40	Javelin	50.40		M Vi	Winston Hills	26/01/2003	
	37.79		Yes	Jayden Rennie	Hills District	28/01/2011		
	32.40			Ali Moubasseri	Winston Hills	27/01/2010		
	42.90			Tim Pond	Hills District	28/01/2009		
	39.02			Maeva-Nui Teina	Winston Hills	30/01/2008		
	38.18			Ethan Fowler	Hills District	24/01/2007		
	49.31			James Dray	Winston Hills	25/01/2006		
	48.95			Ryan Webster	Winston Hills	27/01/2005		
	37.00			Daniel Marshall	Hills District	29/01/2004		
	56.44			M Outzen	Winston Hills	26/01/2003		
	U/17 Boys		100M Run	11.87	Yes	Adrian Boelhouwer	Rouse Hill	29/01/2011
		12.09			Matthew Wesble	Riverstone	30/01/2010	
		12.26			Alexander Lorenzelli	Hills District	31/01/2009	
		200M Run	24.81	Yes	Matthew Collins	Hills District	30/01/2011	
			24.18		Anthony Baddock	Winston Hills	31/01/2010	
			24.58		Anthony Baddock	Winston Hills	01/02/2009	
		400M Run	55.32	Yes	Brad Mcnaughton	Winston Hills	29/01/2011	
			55.62		Anthony Baddock	Winston Hills	30/01/2010	
			54.67		Anthony Baddock	Winston Hills	31/01/2009	
		800M Run	2-12.48	Yes	Franz Hartmann	Hills District	30/01/2011	
			2-16.33		Franz Hartmann	Hills District	31/01/2010	
			2-27.16		Jake Farquar	Kings Langley	01/02/2009	
1500M Run		4-37.31	Yes	Franz Hartmann	Hills District	29/01/2011		
		4-50.83		Franz Hartmann	Hills District	30/01/2010		
3000M Run		10-22.69	Yes	Franz Hartmann	Hills District	29/01/2011		
		12-10.65		Bryce Traynor	Kings Langley	30/01/2010		
		12-21.65		Bryce Traynor	Kings Langley	31/01/2009		
1500M Walk		11-47.57	Yes	Michael Candiloro	Hills District	28/01/2011		
200M Hurdles		27.78	Yes	Steven Jessep	Kings Langley	29/01/2011		
		26.42		Anthony Baddock	Winston Hills	30/01/2010		
		26.36		Anthony Baddock	Winston Hills	31/01/2009		
Long Jump		5.90	Yes	Brad Mcnaughton	Winston Hills	29/01/2011		

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U/17 Boys	Long Jump	5.90	Yes	Steven Jessep	Kings Langley	29/01/2011
		5.85		Elliott Balkin	Hills District	30/01/2010
		5.69		Elliott Balkin	Hills District	31/01/2009
	High Jump	1.78	Yes	Steven Jessep	Kings Langley	29/01/2011
		1.72		Elliott Balkin	Hills District	30/01/2010
		1.50		Elliott Balkin	Hills District	31/01/2009
	Triple Jump	11.92	Yes	Franz Hartmann	Hills District	30/01/2011
		12.09		Brad Mcnaughton	Winston Hills	31/01/2010
		12.20		Anthony Baddock	Winston Hills	01/02/2009
	Shot Put	11.77	Yes	Brad Mcnaughton	Winston Hills	29/01/2011
		14.95		Maeva Nui Teina	Winston Hills	30/01/2010
		15.34		Maeva Teina	Winston Hills	31/01/2009
	Discus	28.87	Yes	Joel Edwards	Winston Hills	30/01/2011
		41.18		Maeva Nui Teina	Winston Hills	31/01/2010
		40.23		Maeva Teina	Winston Hills	01/02/2009
	Javelin	44.59	Yes	Brad Mcnaughton	Winston Hills	28/01/2011
		40.39		Brad Mcnaughton	Winston Hills	27/01/2010
		43.56		Maeva Teina	Winston Hills	28/01/2009
	110M Hurdles	15.71	Yes	Steven Jessep	Kings Langley	30/01/2011
		16.82		Angus Baird	Hills District	31/01/2010
		16.41		Robert Jessep	Kings Langley	01/02/2009
Junior Boys	4 x 100 Relay	58.60	Yes	Relay Jb	Winston Hills	30/01/2011
		59.77		Relay Jb	Winston Hills	31/01/2010
		59.73		JB Relay	Winston Hills	01/02/2009
		59.96		Junior Boys	Winston Hills	03/02/2008
		1-01.10		Junior Boys Relay	Hills District	28/01/2007
		59.40		. Hills District	Hills District	29/01/2006
		59.37		Hills District	Hills District	30/01/2005
		59.35		Hd Hd	Hills District	01/02/2004
Senior Boys	3000M Run	10-43.60	Yes	R. Bileckij	HILLS	03/02/1993
	4 x 100 Relay	51.05	Yes	Relay Sb	Winston Hills	30/01/2011
		49.19		Relay Sb	Hills District	31/01/2010
		51.77		SB Relay	Hills District	01/02/2009
		52.17		Senior Boys	Hills District	03/02/2008
		52.07		Senior Boys Relay	Hills District	28/01/2007
		51.56		. Hills District	Hills District	29/01/2006
		52.74		Winston Hills	Winston Hills	30/01/2005
		51.25		Wh Wh	Winston Hills	01/02/2004
U/7 Girls	50M Run	9.15	Yes	Alysha Bell	Quakers Hill	29/01/2011
		9.04		Chloe Kennedy	Quakers Hill	30/01/2010
		9.50		Taylor de la Mare	Hills District	31/01/2009
		9.25		Semira Tanea	Kings Langley	02/02/2008
		9.28		Tiana Jaber	Kings Langley	27/01/2007
		9.40		Alice Collins	Hills District	28/01/2006
				R Pace	Riverstone	29/01/2005
		9.80		Rebecca Symonds	Winston Hills	31/01/2004
		70M Run	12.57	Yes	Ella Buchanan	Hills District
	12.16			Chloe Kennedy	Quakers Hill	31/01/2010
	13.11			Taylor de la Mare	Hills District	01/02/2009
	13.0			Semira Tanea	Kings Langley	03/02/2008
	13.1			Rachel Vaughan	Winston Hills	28/01/2007
				Samantha Laidler	Hills District	28/01/2007
	12.6			Chloe Antal	Hills District	29/01/2006
	13.3		R Pace	Riverstone	30/01/2005	
13.0		Lucy Claxton	Winston Hills	01/02/2004		

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U/7 Girls	70M Run	12.3		M Souter	Winston Hills	26/01/2003	
		17.87	Yes	Abby Pitt	Quakers Hill	29/01/2011	
	17.91		Chloe Kennedy	Quakers Hill	30/01/2010		
	18.27		Danielle Drinnan	Winston Hills	31/01/2009		
			18.26		Lauren Berwick	Quakers Hill	02/02/2008
			18.36		Ellesha Starraj	Hills District	27/01/2007
			17.30		Chloe Antal	Hills District	28/01/2006
			18.00		R Pace	Riverstone	29/01/2005
			18.04		Lucy Claxton	Winston Hills	31/01/2004
			16.97		M Souter	Winston Hills	25/01/2003
		200M Run	39.30	Yes	Abby Pitt	Quakers Hill	30/01/2011
			37.35		Georgia Munro	Winston Hills	31/01/2010
			40.01		Danielle Drinnan	Winston Hills	01/02/2009
			38.57		Semira Tanea	Kings Langley	03/02/2008
			39.15		Ellesha Starraj	Hills District	28/01/2007
			37.83		Tegan Pierce	Hawkesbury City	29/01/2006
			39.97		R Pace	Riverstone	30/01/2005
			37.63		Kelsey Dwyer	Hills District	01/02/2004
			35.21		M Souter	Winston Hills	26/01/2003
			Long Jump	2.88	Yes	Eva Nadaya-Harb	Winston Hills
		2.80			Chloe Kennedy	Quakers Hill	27/01/2010
		2.81			Samantha Hayes	Kings Langley	01/02/2009
		2.83			Semira Tanea	Kings Langley	03/02/2008
		2.99			Rachel Vaughan	Winston Hills	28/01/2007
		2.90			T Sparks	Quakers Hill	29/01/2006
		2.62			Katie Alderton	Hills District	30/01/2005
		2.64			Ashlee Tait	Kings Langley	01/02/2004
		2.91			J Hough	Hills District	26/01/2003
		Shot Put		5.40	Yes	Bethaney Toia	Quakers Hill
			4.57		Kaiya Buchanan	Hills District	31/01/2010
			5.08		Emilia Mayol	Winston Hills	01/02/2009
			4.43		Niamh Duggan	Hills District	03/02/2008
			5.81		Jessica Gemmell	Hawkesbury City	28/01/2007
			4.96		Dana Polverino	Kings Langley	29/01/2006
			4.91		K Gemmell	Hawkesbury City	30/01/2005
			4.25		Caitlin Mitchell	Hills District	01/02/2004
			7.74		T Sengul	Winston Hills	26/01/2003
			Discus	10.02	Yes	Bethaney Toia	Quakers Hill
		11.64			Olivia Charlton	Hills District	30/01/2010
		10.63			Sally Shokry	Hills District	31/01/2009
		12.50			Ashleigh Cochrane	Winston Hills	02/02/2008
		12.09			Jessica Gemmell	Hawkesbury City	27/01/2007
	12.69			Brianna Weston	Winston Hills	28/01/2006	
	11.33			Monique Borg	Quakers Hill	29/01/2005	
	11.09			A Cochrane	Quakers Hill	31/01/2004	
	20.08			T Sengul	Winston Hills	25/01/2003	
	500M Pack Sta	1-40.26		Yes	Ella Buchanan	Hills District	28/01/2011
		1-43.55		Georgia Munro	Winston Hills	27/01/2010	
		1-41.90		Danielle Drinnan	Winston Hills	28/01/2009	
		1-44.40		Alysa Saric	Riverstone	01/02/2008	
U/8 Girls	70M Run	12.22	Yes	Chloe Kennedy	Quakers Hill	30/01/2011	
		12.39		Niamh Sanday	Kings Langley	31/01/2010	
		12.57		Olivia Marfo	Winston Hills	01/02/2009	
		11.9		Tiana Jaber	Kings Langley	03/02/2008	
		12.0		Tegan Pierce	Hills District	28/01/2007	
		12.2		Rachel Pace	Riverstone	29/01/2006	
		12.6		Ashlee Tait	Kings Langley	30/01/2005	

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U/8 Girls	70M Run	12.3		Jessica Hough	Hills District	01/02/2004	
		11.7		N Apikotoa	Kings Langley	26/01/2003	
	100M Run	16.44	Yes	Eseosa Amegor	Rouse Hill	29/01/2011	
		17.58		Phoebe Young	Rouse Hill	30/01/2010	
		16.99		Semira Toireasa Pala Tanea	Kings Langley	31/01/2009	
		16.52		Tiana Jaber	Kings Langley	02/02/2008	
		17.48		Sara De Silva	Winston Hills	27/01/2007	
		16.23		Rachel Pace	Riverstone	28/01/2006	
		16.65		Ashlee Tait	Kings Langley	29/01/2005	
		16.53		Jessica Hough	Hills District	31/01/2004	
		16.15		N Apikotoa	Kings Langley	25/01/2003	
		200M Run	36.52	Yes	Mia Munro	Winston Hills	30/01/2011
			35.57		Danielle Drinnan	Winston Hills	31/01/2010
			36.47		Semira Toireasa Pala Tanea	Kings Langley	01/02/2009
			38.11		Taylor Kennedy	Quakers Hill	03/02/2008
			36.27		Tegan Pierce	Hills District	28/01/2007
	36.92			Bianca Messina	Hawkesbury City	29/01/2006	
	35.92			Kelsey Dwyer	Hills District	30/01/2005	
	35.50			Matilda Souter	Winston Hills	01/02/2004	
	34.26			N Apikotoa	Kings Langley	26/01/2003	
	400M Run		1-24.84	Yes	Sidney Burrell	Hills District	29/01/2011
			1-22.99		Danielle Drinnan	Winston Hills	30/01/2010
			1-30.69		Tiajana Gow	Hills District	31/01/2009
			1-27.19		Taylor Kennedy	Quakers Hill	02/02/2008
			1-25.35		Tegan Pierce	Hills District	27/01/2007
		1-28.15		Bianca Messina	Hawkesbury City	28/01/2006	
		1-23.74		Kelsey Dwyer	Hills District	29/01/2005	
		1-17.12		Matilda Souter	Winston Hills	31/01/2004	
		1-22.55		E Bidart	Hills District	25/01/2003	
		60M Hurdles	12.74	Yes	Chloe Kennedy	Quakers Hill	29/01/2011
			13.22		Tahlia O'Connell	Kings Langley	30/01/2010
			12.32		Lauren Berwick	Quakers Hill	31/01/2009
			12.19		Tiana Jaber	Kings Langley	02/02/2008
			13.13		Tegan Pierce	Hills District	27/01/2007
	12.42			Rachel Pace	Riverstone	28/01/2006	
	12.24			Ashlee Tait	Kings Langley	29/01/2005	
	12.31			Jessica Hough	Hills District	31/01/2004	
	11.81			M Charlton-Owen	Hawkesbury City	25/01/2003	
	Long Jump		3.17	Yes	Chloe Kennedy	Quakers Hill	29/01/2011
			3.10		Danielle Drinnan	Winston Hills	30/01/2010
			3.24		Olivia Marfo	Winston Hills	31/01/2009
			3.27		Tiana Jaber	Kings Langley	02/02/2008
			3.12		Tyler Sparks	Quakers Hill	27/01/2007
		3.09		Lauren Russell	Hawkesbury City	28/01/2006	
		3.31		Ashlee Tait	Kings Langley	29/01/2005	
		3.27		Jessica Hough	Hills District	31/01/2004	
		3.23		A Pollett	Hills District	25/01/2003	
		Shot Put	4.81	Yes	Ashleigh Ervin	Winston Hills	30/01/2011
			5.03		Sally Shokry	Hills District	31/01/2010
			5.67		Aayushi Keths	Rouse Hill	01/02/2009
5.74				J. Gemmell	Hawkesbury City	03/02/2008	
5.00				Edwina Bourne	Winston Hills	28/01/2007	
6.12			Kathleen Gemmell	Hawkesbury City	29/01/2006		
5.49			Kirsty Welfare	Winston Hills	30/01/2005		
8.50			Taylah Sengul	Winston Hills	01/02/2004		
5.14			K Melrose	Winston Hills	26/01/2003		
Discus	12.50		Yes	Mikayla Fuller	Winston Hills	29/01/2011	
	13.91			Sally Shokry	Hills District	30/01/2010	
	13.75			Ashleigh Cochrane	Winston Hills	31/01/2009	

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U/8 Girls	Discus	16.71		J. Gemmell	Hawkesbury City	02/02/2008	
		12.00		Gabrielle Cahill	Winston Hills	27/01/2007	
		13.41		Kimberley Newell	Winston Hills	28/01/2006	
		13.97		Kirsty Welfare	Winston Hills	29/01/2005	
		23.74		Taylah Sengul	Winston Hills	31/01/2004	
		14.90		K Melrose	Winston Hills	25/01/2003	
	700M Pack Sta	2-34.11	Yes	Sidney Burrell	Hills District	28/01/2011	
		2-23.63		Danielle Drinnan	Winston Hills	27/01/2010	
		2-26.10		Semira Toireasa Pala Tanea	Kings Langley	28/01/2009	
		2-33.00		Taylor Kennedy	Quakers Hill	10/01/2009	
U/9 Girls	70M Run	11.58	Yes	Niamh Sanday	Kings Langley	30/01/2011	
		11.49		Georgia Cosatto	Hills District	31/01/2010	
		11.08		Tiana Jaber	Kings Langley	01/02/2009	
		11.2		Jane Hill	Winston Hills	03/02/2008	
		11.3		Rachel Pace	Riverstone	28/01/2007	
		11.2		Allanah Cochrane	Winston Hills	29/01/2006	
		11.7		Jessica Hough	Hills District	30/01/2005	
		11.2		Natalie Apikotoa	Kings Langley	01/02/2004	
		11.3		V Osifo	Kings Langley	26/01/2003	
		100M Run	16.24	Yes	Georgia Phillips	Quakers Hill	29/01/2011
			15.94		Semira Tanea	Kings Langley	30/01/2010
			15.48		Tiana Jaber	Kings Langley	31/01/2009
	16.15			Taan Mocatta	Hills District	02/02/2008	
	16.32			Rachel Pace	Riverstone	27/01/2007	
	15.18			Ashlee Tait	Kings Langley	28/01/2006	
	15.74			Jessica Hough	Hills District	29/01/2005	
	15.29			Natalie Rimac	Winston Hills	31/01/2004	
	15.51			V Osifo	Kings Langley	25/01/2003	
	200M Run		34.40	Yes	Tahlia O'Connell	Kings Langley	30/01/2011
		32.85		Semira Tanea	Kings Langley	31/01/2010	
		34.47		Amanda Bello	Rouse Hill	01/02/2009	
		33.28		Sara De Silva	Winston Hills	03/02/2008	
		36.06		Maddie Green	Hills District	28/01/2007	
		32.54		Kelsey Dwyer	Hills District	29/01/2006	
		33.46		Jessica Hough	Hills District	30/01/2005	
		33.09		Natalie Apikotoa	Kings Langley	01/02/2004	
		33.30		V Osifo	Kings Langley	26/01/2003	
		400M Run	1-17.34	Yes	Danielle Drinnan	Winston Hills	29/01/2011
	1-19.26			Brooke Steinwede	Rouse Hill	30/01/2010	
	1-21.58			Ali Thomson	Hills District	31/01/2009	
	1-16.98			Sara De Silva	Winston Hills	02/02/2008	
	1-23.92			Christine Hadfield	Winston Hills	27/01/2007	
	1-17.53			Lucy Claxton	Winston Hills	28/01/2006	
	1-17.30			Matilda Souter	Winston Hills	29/01/2005	
	1-19.37			Karly Melrose	Winston Hills	31/01/2004	
	1-21.52			T Breeze-Backers	Winston Hills	25/01/2003	
	800M Run		2-57.29	Yes	Danielle Drinnan	Winston Hills	30/01/2011
		3-01.68		Brooke Steinwede	Rouse Hill	31/01/2010	
		3-03.36		Ali Thomson	Hills District	01/02/2009	
		3-07.96		Ella Jorgensen	Hills District	03/02/2008	
		3-13.51		Kate O' Gorman	Hills District	28/01/2007	
		3-01.20		Sarah Marvin	Winston Hills	29/01/2006	
3-04.26			Matilda Souter	Winston Hills	30/01/2005		
2-59.46			Jessica Clarke	Winston Hills	01/02/2004		
3-00.63			S Bright	Hills District	26/01/2003		
700M Walk		4-05.24	Yes	Niamh Sanday	Kings Langley	28/01/2011	
	4-37.74		Georgia Garnett	Winston Hills	27/01/2010		

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U/9 Girls	700M Walk	4-09.90		Ali Thomson	Hills District	28/01/2009	
		4-46.90		Gabrielle Cahill	Winston Hills	30/01/2008	
		4-40.90		Daniela Milicevic	Hills District	24/01/2007	
		4-56.06		Tiralyn Watson	Kings Langley	25/01/2006	
		4-30.80		Taylah Sengul	Winston Hills	27/01/2005	
		4-30.20		Jasmin Cobb	Winston Hills	29/01/2004	
		4-18.30		K Scholz	Winston Hills	23/01/2003	
	60M Hurdles	12.04	Yes	Tahlia O'Connell	Kings Langley	29/01/2011	
		11.17		Olivia Marfo	Winston Hills	30/01/2010	
		11.07		Tiana Jaber	Kings Langley	31/01/2009	
		11.46		Chloe Antal	Hills District	02/02/2008	
		11.68		Rachel Pace	Riverstone	27/01/2007	
		11.53		Ashlee Tait	Kings Langley	28/01/2006	
		11.36		Paige Wilson-Mosey	Winston Hills	29/01/2005	
		11.80		Jessica Clarke	Winston Hills	31/01/2004	
		11.37		A VanZeeland	Winston Hills	25/01/2003	
		Long Jump	3.41	Yes	Tahlia O'Connell	Kings Langley	30/01/2011
			3.50		Olivia Marfo	Winston Hills	31/01/2010
			3.68		Tiana Jaber	Kings Langley	01/02/2009
			3.50		Tyler Sparks	Quakers Hill	03/02/2008
	3.81			Rachel Pace	Riverstone	28/01/2007	
	3.52			Ashlee Tait	Kings Langley	29/01/2006	
	3.44			Jessica Hough	Hills District	30/01/2005	
	3.80			Natalie Apikotoa	Kings Langley	01/02/2004	
	3.34			A Lewis	Kings Langley	26/01/2003	
	High Jump		1.00	Yes	Taylor Cranwell	Riverstone	29/01/2011
		1.03		Olivia Marfo	Winston Hills	30/01/2010	
		1.05		Samantha Laidler	Hills District	31/01/2009	
				Tyler Sparks	Quakers Hill	02/02/2008	
		1.14		Lauren Russell	Hawkesbury City	27/01/2007	
		1.12		Ashlee Tait	Kings Langley	28/01/2006	
		1.03		Paige Wilson-Mosey	Winston Hills	29/01/2005	
		1.08		Alexandra Walsh	Winston Hills	31/01/2004	
		1.05		T Williams	Hills District	25/01/2003	
		Shot Put	6.06	Yes	Sally Shokry	Hills District	29/01/2011
	4.72			Anna Lockrey	Hills District	30/01/2010	
	6.08			Jessica Gemmell	Hawkesbury City	31/01/2009	
	5.19			Gabrielle Cahill	Winston Hills	02/02/2008	
	6.37			Kathleen Gemmell	Hawkesbury City	27/01/2007	
	6.40			Kirsty Welfare	Winston Hills	28/01/2006	
	7.82			Taylah Sengul	Winston Hills	29/01/2005	
	6.71			Jean Harvey	Winston Hills	31/01/2004	
	8.12			T Breeze-Backers	Winston Hills	25/01/2003	
	Discus		20.33	Yes	Sally Shokry	Hills District	30/01/2011
		14.19		Emily Mooney	Winston Hills	31/01/2010	
		16.17		Isabel Barton	Winston Hills	01/02/2009	
		17.26		Alice Collins	Hills District	03/02/2008	
16.37			Kimberley Newell	Winston Hills	28/01/2007		
16.74			Allanah Cochrane	Winston Hills	29/01/2006		
27.18			Paletina Lemi	Winston Hills	30/01/2005		
19.65			Karly Melrose	Winston Hills	01/02/2004		
18.80			J Punch	Kings Langley	26/01/2003		
U/10 Girls		70M Run	11.30	Yes	Carisa Kolodziej	Hills District	30/01/2011
	10.93			Tiana Jaber	Kings Langley	31/01/2010	
	10.82			Chloe Antal	Hills District	01/02/2009	
	10.7			Rachel Pace	Riverstone	03/02/2008	
	11.1			Allanah Cochrane	Winston Hills	28/01/2007	

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U/10 Girls	70M Run	11.1		Jessica Hough	Hills District	29/01/2006
		10.9		Natalie Rimac	Winston Hills	30/01/2005
		11.1		Ashley Breen	Hills District	01/02/2004
		11.3		E Sheridan	Hawkesbury City	26/01/2003
	100M Run	15.61	Yes	Olivia Marfo	Winston Hills	29/01/2011
		14.91		Tiana Jaber	Kings Langley	30/01/2010
		14.98		Chloe Antal	Hills District	31/01/2009
		15.32		Rachel Pace	Riverstone	02/02/2008
		15.93		Ashlee Tait	Kings Langley	27/01/2007
		15.09		Jessica Hough	Hills District	28/01/2006
		14.81		Natalie Rimac	Winston Hills	29/01/2005
		15.59		Ashley Breen	Hills District	31/01/2004
	200M Run	15.21		M Denning	Hills District	25/01/2003
		35.54	Yes	Anna Jaunzems	Riverstone	30/01/2011
		31.86		Samantha Laidler	Hills District	31/01/2010
31.03			Sara de Silva	Winston Hills	01/02/2009	
33.36			Elouise Abrahams	Hills District	03/02/2008	
32.97			Kelsey Dwyer	Hills District	28/01/2007	
32.10			Jessica Hough	Hills District	29/01/2006	
31.60			Natalie Rimac	Winston Hills	30/01/2005	
33.76			Sarah Bright	Hills District	01/02/2004	
32.86			L Dowle	Winston Hills	26/01/2003	
400M Run	1-16.54	Yes	Georgia Cosatto	Hills District	29/01/2011	
	1-18.04		Ali Thomson	Hills District	30/01/2010	
	1-12.53		Sara de Silva	Winston Hills	31/01/2009	
	1-19.80		Maddie Green	Hills District	02/02/2008	
	1-14.21		Kelsey Dwyer	Hills District	27/01/2007	
	1-14.38		Matilda Souter	Winston Hills	28/01/2006	
	1-20.23		Shinelle Baker	Winston Hills	29/01/2005	
	1-19.53		S Brown	Riverstone	31/01/2004	
	1-18.93		L Dowle	Winston Hills	25/01/2003	
	800M Run	2-57.68	Yes	Carley Thomas	Hills District	30/01/2011
		2-54.98		Ali Thomson	Hills District	31/01/2010
		3-00.33		Madison McComsky	Rouse Hill	01/02/2009
		3-11.62		Kate O' Gorman	Hills District	03/02/2008
2-50.33			Sarah Marvin	Winston Hills	28/01/2007	
2-44.55			Katie Gamble	Hills District	29/01/2006	
2-58.94			Katie Ingle	Hills District	30/01/2005	
1500M Run	2-55.03		Sarah Bright	Hills District	01/02/2004	
	3-08.25		R Houston	Winston Hills	26/01/2003	
	6-09.60	Yes	Madison Hayward	Hills District	29/01/2011	
	5-52.70		Ali Thomson	Hills District	30/01/2010	
	6-12.83		Ella Jorgensen	Hills District	31/01/2009	
	6-19.40		Kate O' Gorman	Hills District	02/02/2008	
	5-48.02		Sarah Marvin	Winston Hills	27/01/2007	
	5-39.00		Katie Gamble	Hills District	28/01/2006	
	5-58.20		Jessica Clarke	Winston Hills	29/01/2005	
	5-52.42		Sarah Bright	Hills District	31/01/2004	
1100M Walk	6-00.04		M Denning	Hills District	25/01/2003	
	8-06.82	Yes	Natasja Wilesmith	Quakers Hill	28/01/2011	
	6-23.75		Ali Thomson	Hills District	27/01/2010	
	6-38.20		Tiffany Saker	Hills District	28/01/2009	
	7-43.20		Adriana Shina	Hills District	30/01/2008	
	7-04.47		Michelle Dalbon	Hills District	24/01/2007	
	7-13.50		Taylah Sengul	Winston Hills	25/01/2006	
	7-07.44		Jasmin Cobb	Winston Hills	27/01/2005	
	7-01.90		Kate Scholz	Winston Hills	29/01/2004	
	6-17.40		R Houston	Winston Hills	23/01/2003	
60M Hurdles	11.97	Yes	Olivia Marfo	Winston Hills	29/01/2011	

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U/10 Girls	60M Hurdles	11.36		Tiana Jaber	Kings Langley	30/01/2010	
		12.32		Tegan Pierce	Hills District	31/01/2009	
		11.82		Rachel Pace	Riverstone	02/02/2008	
		12.02		Ashlee Tait	Kings Langley	27/01/2007	
		11.78		Paige Wilson-Mosey	Winston Hills	28/01/2006	
		12.15		Alexandra Walsh	Winston Hills	29/01/2005	
		12.54		S Brown	Riverstone	31/01/2004	
		12.42		L Kenny	Hills District	25/01/2003	
		Long Jump	3.95	Yes	Olivia Marfo	Winston Hills	29/01/2011
			4.19		Tiana Jaber	Kings Langley	30/01/2010
			3.90		Sara de Silva	Winston Hills	31/01/2009
			4.00		Rachel Pace	Riverstone	02/02/2008
			3.72		Ashlee Tait	Kings Langley	27/01/2007
			4.00		Jessica Hough	Hills District	28/01/2006
	3.93			Natalie Apikotoa	Kings Langley	29/01/2005	
	3.97			Taylor Breeze-Backers	Winston Hills	31/01/2004	
	3.64			M Denning	Hills District	25/01/2003	
	High Jump		1.17	Yes	Lauren Berwick	Quakers Hill	30/01/2011
		1.05		Samantha Laidler	Hills District	31/01/2010	
		1.14		Anastasia Plummer	Hawkesbury City	01/02/2009	
		1.08		Eliza Adams	Winston Hills	03/02/2008	
		1.28		Ashlee Tait	Kings Langley	28/01/2007	
		1.17		Sarah Watts	Hills District	29/01/2006	
				Alexandra Walsh	Winston Hills	30/01/2005	
		1.27		Taylor Breeze-Backers	Winston Hills	01/02/2004	
		1.15		B Claassens	Hawkesbury City	26/01/2003	
		Shot Put	6.45	Yes	Bronte Bow	Hills District	30/01/2011
	6.82			Natalie Warwick	Hills District	31/01/2010	
	6.93			Edwina Bourne	Winston Hills	01/02/2009	
	6.25			K. Gemmell	Hawkesbury City	03/02/2008	
	6.32			Taylor Douglas	Winston Hills	28/01/2007	
	10.92			Paletina Lemi	Winston Hills	29/01/2006	
	7.63			Mikaela Cameron	Winston Hills	30/01/2005	
	9.27			Taylor Breeze-Backers	Winston Hills	01/02/2004	
	6.88			K Kennedy	Winston Hills	26/01/2003	
	Discus		20.69	Yes	Ashleigh Cochrane	Winston Hills	29/01/2011
		15.59		Amanda Bello	Rouse Hill	30/01/2010	
		19.83		Bethany Parker	Kings Langley	31/01/2009	
		18.06		K. Gemmell	Hawkesbury City	02/02/2008	
		16.39		Dana Pogson	Quakers Hill	27/01/2007	
		36.17		Taylah Sengul	Winston Hills	28/01/2006	
		20.23		Jean Harvey	Winston Hills	29/01/2005	
25.70			Jessica Punch	Winston Hills	31/01/2004		
23.77			K Kennedy	Winston Hills	25/01/2003		
U/11 Girls		100M Run	14.48	Yes	Tiana Jaber	Kings Langley	29/01/2011
	14.61			Chloe Antal	Hills District	30/01/2010	
	14.55			Rachel Pace	Riverstone	31/01/2009	
	14.21			Emily Lagos	Rouse Hill	02/02/2008	
	15.18			Sonya Taumaialo	Winston Hills	27/01/2007	
	14.45			Natalie Apikotoa	Kings Langley	28/01/2006	
	14.81			C Stedman	Hawkesbury City	29/01/2005	
	15.29			Rebecca Watts	Winston Hills	31/01/2004	
	14.54			D Eros	Hills District	25/01/2003	
	200M Run		30.59	Yes	Samantha Laidler	Hills District	30/01/2011
			30.02		Sara De Silva	Winston Hills	31/01/2010
			31.31		Rachel Pace	Riverstone	01/02/2009
		30.77		Kelsey Dwyer	Hills District	03/02/2008	

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U/11 Girls	200M Run	30.50		Sonya Taumaialo	Winston Hills	28/01/2007	
		30.26		Natalie Rimac	Winston Hills	29/01/2006	
		32.21		Amy Lewis	Hills District	30/01/2005	
		30.44		Meryn Denning	Hills District	01/02/2004	
		30.30		C Stedman	Hawkesbury City	26/01/2003	
	400M Run	1-11.74	Yes	Ali Thomson	Hills District	29/01/2011	
		1-09.37		Melissa Bello	Rouse Hill	30/01/2010	
		1-17.61		Maddie Green	Hills District	31/01/2009	
		1-13.86		Kelsey Dwyer	Hills District	02/02/2008	
		1-11.76		Matilda Souter	Winston Hills	27/01/2007	
		1-15.73		Shayna Killey	Winston Hills	28/01/2006	
		1-12.93		Sarah Bright	Hills District	29/01/2005	
		1-13.69		Rebecca Watts	Winston Hills	31/01/2004	
		1-11.94		V Thwaites	Riverstone	25/01/2003	
		800M Run	2-50.62	Yes	Ali Thomson	Hills District	30/01/2011
			2-59.83		Jane Hill	Winston Hills	31/01/2010
			2-53.81		Tayla Deverell	Quakers Hill	01/02/2009
			2-43.54		Sarah Marvin	Winston Hills	03/02/2008
	2-46.50			Katie Gamble	Hills District	28/01/2007	
	2-52.79			Kristal Lewis	Hawkesbury City	29/01/2006	
	2-52.66			Sarah Bright	Hills District	30/01/2005	
	2-46.34			Meryn Denning	Hills District	01/02/2004	
	2-50.17			J Dawson	Riverstone	26/01/2003	
	1500M Run	5-39.32	Yes	Ali Thomson	Hills District	29/01/2011	
		6-06.29		Tayla Chaplin	Kings Langley	30/01/2010	
		5-50.08		Tayla Deverell	Quakers Hill	31/01/2009	
		5-28.60		Sarah Marvin	Winston Hills	02/02/2008	
		5-53.41		Katie Gamble	Hills District	27/01/2007	
		5-52.00		Kristal Lewis	Hawkesbury City	28/01/2006	
		5-54.74		Sarah Bright	Hills District	29/01/2005	
		5-56.86		Laura Kenny	Hills District	31/01/2004	
		5-50.57		J Dawson	Riverstone	25/01/2003	
		1100M Walk	5-57.51	Yes	Ali Thomson	Hills District	28/01/2011
	6-25.81			Tiffany Saker	Hills District	27/01/2010	
	6-41.40			Adriana Shina	Hills District	28/01/2009	
	6-44.10			Cliantha Tanea	Kings Langley	30/01/2008	
	6-48.30			Alicia Van Arkel	Hills District	24/01/2007	
	6-55.50			Taryn Eddy	Hawkesbury City	25/01/2006	
	7-03.90			Lauren Deverell	Quakers Hill	27/01/2005	
	6-25.70			Rebecca Houston	Winston Hills	29/01/2004	
	6-24.00			L Cameron	Hills District	23/01/2003	
	1500M Walk		8-38.40	Yes	K. Drennan	W/HLS	03/02/1995
		60M Hurdles	10.33	Yes	Tiana Jaber	Kings Langley	29/01/2011
11.87			Sherrie Calleia	Hills District	30/01/2010		
10.65			Rachel Pace	Riverstone	31/01/2009		
10.56			Ashlee Tait	Kings Langley	02/02/2008		
10.65			Sonya Taumaialo	Winston Hills	27/01/2007		
11.61			Corrina Moore	Kings Langley	28/01/2006		
11.37			Vanessa Osifo	Kings Langley	29/01/2005		
12.04			Laura Kenny	Hills District	31/01/2004		
10.70			D Macer-Wright	Kings Langley	25/01/2003		
Long Jump	4.46		Yes	Tiana Jaber	Kings Langley	30/01/2011	
	4.03			Tean Mocatta	Hills District	31/01/2010	
	4.15			Rachel Pace	Riverstone	01/02/2009	
	4.16			Tienna Parello	Winston Hills	03/02/2008	
	4.19		Sonya Taumaialo	Winston Hills	28/01/2007		
	4.12		Natalie Apikotoa	Kings Langley	29/01/2006		
	4.07		Amy Lewis	Hills District	30/01/2005		
	3.95		Erin Sheridan	Hawkesbury City	01/02/2004		

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U/11 Girls	Long Jump	3.99		D Macer-Wright	Kings Langley	26/01/2003	
		1.27	Yes	Jade Flitter	Riverstone	29/01/2011	
	High Jump	1.19		Anastasia Plummer	Hawkesbury City	30/01/2010	
				Tayla Deverell	Quakers Hill	31/01/2009	
		1.24		Ashlee Tait	Kings Langley	02/02/2008	
		1.28		Sarah Watts	Hills District	27/01/2007	
				Natalie Rimac	Winston Hills	28/01/2006	
		1.20		N Stalenberg	Hawkesbury City	29/01/2005	
		1.23		Bethany Claassens	Hawkesbury City	31/01/2004	
		1.27		D Eros	Hills District	25/01/2003	
		Triple Jump	9.70	Yes	Tiana Jaber	Kings Langley	29/01/2011
			8.76		Chloe Antal	Hills District	30/01/2010
			8.68		Emma-Jane Missio	Kings Langley	31/01/2009
			9.27		Allanah Cochrane	Winston Hills	02/02/2008
			8.61		Jessica Hough	Hills District	27/01/2007
					Alexandra Pollett	Hills District	28/01/2006
			8.65		Taylor Breeze-Backers	Winston Hills	29/01/2005
	9.15			Meryn Denning	Hills District	31/01/2004	
	8.49			A Badcoe	Hills District	25/01/2003	
	Shot Put		7.80	Yes	Amanda Bello	Rouse Hill	29/01/2011
			9.44		Bethany Parker	Kings Langley	30/01/2010
			8.18		Emma Ralphs	Hills District	31/01/2009
		8.66		Tienna Parello	Winston Hills	02/02/2008	
		12.65		Taylah Sengul	Winston Hills	27/01/2007	
		10.69		Jean Harvey	Winston Hills	28/01/2006	
		10.36		Amber Van Zeeland	Winston Hills	29/01/2005	
		8.24		Kim Kennedy	Winston Hills	31/01/2004	
		8.22		A Brough	Hills District	25/01/2003	
		Discus	18.82	Yes	Sophie Smith	Quakers Hill	30/01/2011
			23.60		Bethany Parker	Kings Langley	31/01/2010
	22.50			Emma Ralphs	Hills District	01/02/2009	
	16.13			Daisy Bryant	Hills District	03/02/2008	
	33.66			Paletina Lemi	Winston Hills	28/01/2007	
	26.91			Jean Harvey	Winston Hills	29/01/2006	
	25.23			Tepa Lemi	Winston Hills	30/01/2005	
	22.92			Kim Kennedy	Winston Hills	01/02/2004	
	21.41			L Cameron	Hills District	26/01/2003	
	U/12 Girls	100M Run	14.21	Yes	Chloe Antal	Hills District	29/01/2011
			14.98		Elouise Abrahams	Hills District	30/01/2010
			13.56		Ashlee Tait	Kings Langley	31/01/2009
			13.64		Sonya Taumaialo	Winston Hills	02/02/2008
			14.60		Alexandra Pollett	Hills District	27/01/2007
			13.89		Tatum Kite	Hawkesbury City	28/01/2006
13.97				Meryn Denning	Hills District	29/01/2005	
14.40				Caitlin Stedman	Hawkesbury City	31/01/2004	
13.77				L Nicola	Winston Hills	25/01/2003	
200M Run			30.19	Yes	Melissa Bello	Rouse Hill	30/01/2011
			30.81		Natalie Szabo	Rouse Hill	31/01/2010
			29.52		Emily Lagos	Rouse Hill	01/02/2009
			29.00		Sonya Taumaialo	Winston Hills	03/02/2008
			28.89		Natalie Apikotoa	Kings Langley	28/01/2007
			30.13		Vanessa Osifo	Hills District	29/01/2006
		30.20		Meryn Denning	Hills District	30/01/2005	
		29.73		Caitlin Stedman	Hawkesbury City	01/02/2004	
				A Zaja	Hills District	26/01/2003	
		400M Run	1-09.48	Yes	Melissa Bello	Rouse Hill	29/01/2011
			1-09.97		Elouise Abrahams	Hills District	30/01/2010

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U/12 Girls	400M Run	1-14.36		Rachel Knellwolf	Rouse Hill	31/01/2009	
		1-12.48		Samantha Cahill	Winston Hills	02/02/2008	
		1-15.15		Shayna Killey	Winston Hills	27/01/2007	
		1-09.98		Sarah Bright	Hills District	28/01/2006	
		1-12.15		Hannah Monty	Hills District	29/01/2005	
		1-09.41		Caitlin Stedman	Hawkesbury City	31/01/2004	
		1-07.84		B Melrose	Winston Hills	25/01/2003	
		800M Run	2-51.59	Yes	Tayla Chaplin	Kings Langley	30/01/2011
			2-44.64		Paris Lawrence	Hills District	31/01/2010
			2-38.42		Sarah Marvin	Winston Hills	01/02/2009
			2-42.90		Abby Brown	Riverstone	03/02/2008
			2-53.84		Gabrielle Ralphs	Hills District	28/01/2007
		2-39.29		Sarah Bright	Hills District	29/01/2006	
		2-54.52		Courtney Hughes	Quakers Hill	30/01/2005	
		2-37.94		Xanthe Dwyer	Hills District	01/02/2004	
		2-36.49		B Melrose	Winston Hills	26/01/2003	
		1500M Run	6-01.44	Yes	Tayla Chaplin	Kings Langley	29/01/2011
			5-41.74		Paris Lawrence	Hills District	30/01/2010
			5-16.27		Sarah Marvin	Winston Hills	31/01/2009
			5-39.60		Abby Brown	Riverstone	02/02/2008
			6-02.94		Isabella Shina	Hills District	27/01/2007
			5-28.00		Sarah Bright	Hills District	28/01/2006
			5-57.35		Courtney Hughes	Quakers Hill	29/01/2005
			5-29.03		Xanthe Dwyer	Hills District	31/01/2004
			5-52.04		B Melrose	Winston Hills	25/01/2003
		1500M Walk	9-15.56	Yes	Tiffany Saker	Hills District	28/01/2011
			9-20.95		Adriana Shina	Hills District	27/01/2010
			9-15.20		Clantha Philene Tut Tanea	Kings Langley	28/01/2009
			10-22.40		Telicia Watson	Kings Langley	30/01/2008
			9-17.74		Isabella Shina	Hills District	24/01/2007
			9-33.12		L Deverell	Quakers Hill	25/01/2006
			8-44.35		B Claassens	Hawkesbury City	27/01/2005
			9-07.30		Lauren Leckie	Winston Hills	29/01/2004
			8-18.80		B Melrose	Winston Hills	23/01/2003
		60M Hurdles	11.06	Yes	Chloe Antal	Hills District	29/01/2011
			11.88		Freya Cleveringa	Hills District	30/01/2010
			11.28		Ashlee Tait	Kings Langley	31/01/2009
			10.53		Sonya Taumaialo	Winston Hills	02/02/2008
			11.60		Corrina Moore	Kings Langley	27/01/2007
			11.17		Vanessa Osifo	Hills District	28/01/2006
			11.44		Meryn Denning	Hills District	29/01/2005
			10.67		Dominique Macer-wright	Kings Langley	31/01/2004
		11.22		J Burge	Hills District	25/01/2003	
	Long Jump	4.26	Yes	Chloe Antal	Hills District	29/01/2011	
		4.27		Emma Ralphs	Hills District	30/01/2010	
		4.23		Tienna Parrello	Winston Hills	31/01/2009	
		4.57		Sonya Taumaialo	Winston Hills	02/02/2008	
		4.61		Natalie Apikotoa	Kings Langley	27/01/2007	
		4.32		Amy Lewis	Hills District	28/01/2006	
		4.22		E Sheridan	Hawkesbury City	29/01/2005	
		4.44		Dominique Macer-wright	Kings Langley	31/01/2004	
		4.25		J Dowle	Winston Hills	25/01/2003	
	High Jump	1.20	Yes	Lauryn Brown	Winston Hills	30/01/2011	
		1.35		Emma Ralphs	Hills District	31/01/2010	
		1.25		Allanah Cochrane	Winston Hills	01/02/2009	
		1.36		Brooke Hojel	Kings Langley	03/02/2008	
		1.25		Gabrielle Ralphs	Hills District	28/01/2007	
		1.26		Vanessa Osifo	Hills District	29/01/2006	
		1.15		B Claassens	Hawkesbury City	30/01/2005	

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U/12 Girls	High Jump	1.33		Jemimah Hoare	Winston Hills	01/02/2004		
		1.35		Z Wanschers	Winston Hills	26/01/2003		
	Triple Jump	8.90	Yes	Chloe Antal	Hills District	30/01/2011		
		8.81		Emma-Jane Missio	Kings Langley	31/01/2010		
		9.05		Ashlee Tait	Kings Langley	01/02/2009		
		9.76		Jessica Hough	Hills District	03/02/2008		
		9.91		Natalie Apikotoa	Kings Langley	28/01/2007		
		8.91		Amy Lewis	Hills District	29/01/2006		
		9.26		Meryn Denning	Hills District	30/01/2005		
		9.02		Dominique Macer-wright	Kings Langley	01/02/2004		
		8.94		A Zaja	Hills District	26/01/2003		
		Shot Put	10.57	Yes	Bethany Parker	Kings Langley	30/01/2011	
	9.59			Emma Ralphs	Hills District	31/01/2010		
	10.05			Francesca Mayol	Winston Hills	01/02/2009		
	15.76			Taylah Sengul	Winston Hills	03/02/2008		
	12.00			Jean Harvey	Winston Hills	28/01/2007		
	12.65			Tepa Lemi	Winston Hills	29/01/2006		
	9.61			Kim Kennedy	Winston Hills	30/01/2005		
	9.58			Alison Brough	Hills District	01/02/2004		
	12.69			J Cameron	Hills District	26/01/2003		
	Discus		27.23	Yes	Chloe Singleton	Hills District	29/01/2011	
		25.22		Emma Ralphs	Hills District	30/01/2010		
		31.24		Francesca Mayol	Winston Hills	31/01/2009		
		41.59		Taylah Sengul	Winston Hills	02/02/2008		
		31.04		Jean Harvey	Winston Hills	27/01/2007		
		37.31		Tepa Lemi	Winston Hills	28/01/2006		
		27.48		Kim Kennedy	Winston Hills	29/01/2005		
		24.92		Sarah Dalrymple	Winston Hills	31/01/2004		
		35.46		J Cameron	Hills District	25/01/2003		
		Javelin	22.93	Yes	Bethany Parker	Kings Langley	29/01/2011	
			Yes	Bethany Parker	Kings Langley	29/01/2011		
	U/13 Girls	100M Run	14.00	Yes	Natalie Szabo	Rouse Hill	29/01/2011	
			14.01		Ashlee Tait	Kings Langley	30/01/2010	
			14.10		Courtney Elliott	Winston Hills	31/01/2009	
			13.75		Alexandra Pollett	Hills District	02/02/2008	
			14.73		Amy Lewis	Hills District	27/01/2007	
			13.41		Rebecca Watts	Winston Hills	28/01/2006	
			13.24		Jessi Elliott	Winston Hills	29/01/2005	
			13.75		Phoebe Rom	Winston Hills	31/01/2004	
			13.95		J Hampson	Hills District	25/01/2003	
			200M Run	29.97	Yes	Natalie Szabo	Rouse Hill	30/01/2011
				28.87		Ashlee Tait	Kings Langley	31/01/2010
				29.09		Jessica Hough	Hills District	01/02/2009
				28.64		Alexandra Pollett	Hills District	03/02/2008
		29.49			Amy Lewis	Hills District	28/01/2007	
		28.40			Rebecca Watts	Winston Hills	29/01/2006	
		27.85			Jessi Elliott	Winston Hills	30/01/2005	
400M Run		27.60		Phoebe Rom	Winston Hills	01/02/2004		
		28.62		S BoshierEggs	Hills 2WS Athletic Club	26/01/2003		
		1-09.32	Yes	Elouise Abrahams	Hills District	29/01/2011		
		1-10.34		Victoria Hack	Hills District	30/01/2010		
		1-09.94		Samantha Cahill	Winston Hills	31/01/2009		
		1-08.90		Shayna Killey	Winston Hills	02/02/2008		
		1-06.45		Stephanie Brown	Riverstone	27/01/2007		
		1-04.29		Janine Liversage	Hills District	28/01/2006		
		1-08.96		C Stedman	Hawkesbury City	29/01/2005		
		1-02.04		Phoebe Rom	Winston Hills	31/01/2004		

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U/13 Girls	400M Run	1-06.57		E South	Winston Hills	25/01/2003			
		2-54.81	Yes	Maddie Green	Hills District	30/01/2011			
	2-33.71		Sarah Marvin	Winston Hills	31/01/2010				
	2-38.16		Emily Michell	Hills District	01/02/2009				
	2-42.90		Isabella Shina	Hills District	03/02/2008				
	2-38.99		Sarah Bright	Hills District	28/01/2007				
	2-28.72		Janine Liversage	Hills District	29/01/2006				
	2-34.72		Kristina Cavanna	Hills District	30/01/2005				
	2-32.20		Brittany Melrose	Winston Hills	01/02/2004				
	2-55.09		J Dalbon	Hills District	26/01/2003				
	1500M Run	1500M Run	6-34.32	Yes	Adriana Shina	Hills District	29/01/2011		
			5-07.31		Sarah Marvin	Winston Hills	30/01/2010		
			5-30.15		Emily Michell	Hills District	31/01/2009		
			5-37.41		Isabella Shina	Hills District	02/02/2008		
			5-26.51		Sarah Bright	Hills District	27/01/2007		
			5-12.00		Janine Liversage	Hills District	28/01/2006		
			5-23.51		Kristina Cavanna	Hills District	29/01/2005		
			5-47.04		Alyse Wigley	Hills District	31/01/2004		
			6-01.93		A Clark	Quakers Hill	25/01/2003		
			3000M Run	3000M Run	13-29.87	Yes	Carley Gemmell	Quakers Hill	29/01/2011
					10-43.12		Sarah Marvin	Winston Hills	30/01/2010
					11-41.20		Emily Michell	Hills District	31/01/2009
					11-55.49		Isabella Shina	Hills District	02/02/2008
	11-48.40				Else Gallen	Riverstone	31/01/2007		
	11-17.40				Janine Liversage	Hills District	02/02/2006		
	13-12.20				Melissa Hayes	Kings Langley	04/02/2004		
	12-37.53				Louise Marvin	Winston Hills	02/02/2004		
	13-20.03				A Clark	Quakers Hill	29/01/2003		
	12-02.30				K. Drennan	W/HLS	02/02/1997		
	1500M Walk	1500M Walk	9-26.60	Yes	Adriana Shina	Hills District	28/01/2011		
			8-03.44		Kerilee Coote	Hills District	27/01/2010		
			8-55.70		Emily Tahiri	Kings Langley	28/01/2009		
			7-46.10		Isabella Shina	Hills District	30/01/2008		
			9-13.20		Alison Jalvo	Hills District	24/01/2007		
			8-37.29		Bethany Claassens	Hawkesbury City	25/01/2006		
			9-49.31		Lauren Leckie	Winston Hills	27/01/2005		
			8-01.40		Brittany Melrose	Winston Hills	29/01/2004		
			8-55.00		J Cobb	Winston Hills	23/01/2003		
			80M Hurdles	80M Hurdles	14.37	Yes	Madeleine Jones	Hills District	30/01/2011
	14.04				Ashlee Tait	Kings Langley	31/01/2010		
	15.24				Jessica Hough	Hills District	01/02/2009		
	14.40				Corrina Moore	Kings Langley	03/02/2008		
	15.11				Rosie Bradshaw	Winston Hills	28/01/2007		
	15.07				Meryn Denning	Hills District	29/01/2006		
	14.18				Dominique Macer-Wright	Winston Hills	30/01/2005		
	14.88				Jennifer Burge	Hills District	01/02/2004		
	14.10				E South	Winston Hills	26/01/2003		
					L Huston	Winston Hills	26/01/2003		
	90M Hurdles	90M Hurdles	15.80	Yes	N. Crawford	HILLS	07/02/1993		
			32.44	Yes	Madeleine Jones	Hills District	29/01/2011		
200M Hurdles	200M Hurdles	30.12		Ashlee Tait	Kings Langley	30/01/2010			
		32.11		Courtney Elliott	Winston Hills	31/01/2009			
		32.51		Corrina Moore	Kings Langley	02/02/2008			
		31.58		Amy Lewis	Hills District	27/01/2007			
		32.18		Kim Kennedy	Winston Hills	28/01/2006			
		30.70		Jessi Elliott	Winston Hills	29/01/2005			
		32.54		Phoebe Rom	Winston Hills	31/01/2004			
		31.26		L Denning	Hills District	25/01/2003			
		Long Jump	Long Jump	4.33	Yes	Emma Ralphs	Hills District	30/01/2011	

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U/13 Girls	Long Jump	4.57		Victoria Hack	Hills District	31/01/2010	
		4.17		Sarah Watts	Hills District	01/02/2009	
		4.58		Gabrielle Ralphs	Hills District	03/02/2008	
		4.22		Rosie Bradshaw	Winston Hills	28/01/2007	
		4.36		Erin Sheridan	Hawkesbury City	29/01/2006	
		4.56		Jessi Elliott	Winston Hills	30/01/2005	
		4.27		Shalini Haines	Winston Hills	01/02/2004	
		4.53		E South	Winston Hills	26/01/2003	
		High Jump	1.40	Yes	Madeleine Jones	Hills District	29/01/2011
			1.31		Natasha Roach	Winston Hills	30/01/2010
			1.45		Sarah Watts	Hills District	31/01/2009
					Gabrielle Ralphs	Hills District	02/02/2008
			1.40		Rosie Bradshaw	Winston Hills	27/01/2007
			1.32		Katherine Innes	Hills District	28/01/2006
	1.44			Jemimah Hoare	Winston Hills	29/01/2005	
	1.36			Kate Dossaer	Hawkesbury City	31/01/2004	
	1.55			E South	Winston Hills	25/01/2003	
	Triple Jump		10.25	Yes	Madeleine Jones	Hills District	29/01/2011
			9.60		Ashlee Tait	Kings Langley	30/01/2010
			9.34		Nicola Claravall	Hawkesbury City	31/01/2009
			10.14		Alexandra Pollett	Hills District	02/02/2008
			9.58		Vanessa Osifo	Hills District	27/01/2007
		9.79		Meryn Denning	Hills District	28/01/2006	
		9.80		Dominique Macer-Wright	Winston Hills	29/01/2005	
		9.20		Natalie Tereba	Hills District	31/01/2004	
		9.12		J Hampson	Hills District	25/01/2003	
		Shot Put	9.59	Yes	Emma Ralphs	Hills District	30/01/2011
			9.51		Lucinda Wade	Hawkesbury City	31/01/2010
			14.57		Taylah Sengul	Winston Hills	01/02/2009
			10.14		Jean Harvey	Winston Hills	03/02/2008
			11.97		Tepa Lemi	Winston Hills	28/01/2007
	9.11			Kim Kennedy	Winston Hills	29/01/2006	
	8.92			Lauren Cameron	Winston Hills	30/01/2005	
	11.14			Jessica Cameron	Winston Hills	01/02/2004	
	9.24			J Richter	Winston Hills	26/01/2003	
	Discus		29.85	Yes	Emma Ralphs	Hills District	29/01/2011
			21.61		Tienna Parrello	Winston Hills	30/01/2010
			47.60		Taylah Sengul	Winston Hills	31/01/2009
			31.51		Jean Harvey	Winston Hills	02/02/2008
			37.96		Tepa Lemi	Winston Hills	27/01/2007
		30.32		Kim Kennedy	Winston Hills	28/01/2006	
		28.67		Lauren Cameron	Winston Hills	29/01/2005	
		37.24		Jessica Cameron	Winston Hills	31/01/2004	
		33.80		L Huston	Winston Hills	25/01/2003	
		Javelin	29.41	Yes	Emma Ralphs	Hills District	28/01/2011
			11.17		Talisha Jones	Hills District	27/01/2010
			41.86		Taylah Sengul	Winston Hills	28/01/2009
			28.44		Jean Harvey	Winston Hills	30/01/2008
			29.76		Tepa Lemi	Winston Hills	24/01/2007
	30.10			Kim Kennedy	Winston Hills	25/01/2006	
26.30			Nicole Dahlberg	Winston Hills	27/01/2005		
31.49			Jessica Cameron	Winston Hills	29/01/2004		
30.50			L Huston	Winston Hills	26/01/2003		
U/14 Girls	100M Run		13.13	Yes	Ashlee Tait	Kings Langley	29/01/2011
			13.44		Courtney Elliott	Winston Hills	30/01/2010
			13.46		Natalie Apikotoa	Kings Langley	31/01/2009
			13.91		Amy Lewis	Hills District	02/02/2008

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U/14 Girls	100M Run	13.76		Rebecca Watts	Winston Hills	27/01/2007	
		12.98		Jessi Elliott	Winston Hills	28/01/2006	
		13.35		Lauren Nicola	Winston Hills	29/01/2005	
		13.07		Cara Berry	Winston Hills	31/01/2004	
		13.39		C Davis	Hills District	25/01/2003	
	200M Run	27.76	Yes	Daisy Bryant	Hills District	30/01/2011	
		28.38		Michaela Emblem	Hawkesbury City	31/01/2010	
		28.15		Natalie Apikotoa	Kings Langley	01/02/2009	
		28.43		Amy Lewis	Hills District	03/02/2008	
		27.62		Rebecca Watts	Winston Hills	28/01/2007	
		27.46		Jessi Elliott	Winston Hills	29/01/2006	
				Lauren Nicola	Winston Hills	30/01/2005	
		27.22		Cara Berry	Winston Hills	01/02/2004	
		28.15		F Tassone	Hills District	26/01/2003	
		400M Run	1-04.74	Yes	Ashlee Tait	Kings Langley	29/01/2011
	1-06.99			Michaela Emblem	Hawkesbury City	30/01/2010	
	1-07.74			Genevieve Cowie	Hills District	31/01/2009	
	1-03.33			Stephanie Brown	Riverstone	02/02/2008	
	1-03.49			Janine Liversage	Hills District	27/01/2007	
	1-07.49			Xanthe Dwyer	Hills District	28/01/2006	
	1-04.54			Andrea Zaja	Hills District	29/01/2005	
	1-03.84			Lauren Johnston	Hills District	31/01/2004	
	1-04.75			F Tassone	Hills District	25/01/2003	
	800M Run		2-30.87	Yes	Sarah Marvin	Winston Hills	30/01/2011
			2-39.37		Emily Michell	Hills District	31/01/2010
			2-42.18		Kristal Lewis	Hawkesbury City	01/02/2009
			2-31.52		Sarah Bright	Hills District	03/02/2008
			2-27.13		Janine Liversage	Hills District	28/01/2007
			2-34.53		Xanthe Dwyer	Hills District	29/01/2006
		2-37.08		Katy Tomasums	Hills District	30/01/2005	
		2-39.62		Lauren Wheeler	Hills District	01/02/2004	
		2-22.05		H Gregson	Hills 2WS Athletic Club	26/01/2003	
		1500M Run	5-01.87	Yes	Sarah Marvin	Winston Hills	29/01/2011
	5-26.69			Emily Michell	Hills District	30/01/2010	
	5-33.80			Isabella Shina	Hills District	31/01/2009	
	5-19.30			Sarah Bright	Hills District	02/02/2008	
	5-12.14			Janine Liversage	Hills District	27/01/2007	
	5-15.00			Louise Marvin	Winston Hills	28/01/2006	
	5-44.05			Alyse Wigley	Hills District	29/01/2005	
	6-02.07			Lauren Wheeler	Hills District	31/01/2004	
	5-04.64			H Gregson	Hills 2WS Athletic Club	25/01/2003	
	3000M Run		10-37.90	Yes	Sarah Marvin	Winston Hills	29/01/2011
		11-51.88		Corinne Gard	Hills District	30/01/2010	
		11-44.44		Isabella Wigley	Hills District	31/01/2009	
		11-58.18		Else Gallen	Riverstone	02/02/2008	
13-05.50			Emily Thomson	Winston Hills	31/01/2007		
11-33.30			Louise Marvin	Winston Hills	02/02/2006		
17-33.40			Laura Fletcher	Hawkesbury City	04/02/2004		
			Malissa Smith	Hawkesbury City	04/02/2004		
12-30.72			Melissa Hayes	Kings Langley	02/02/2004		
13-07.04			N Xuereb	Riverstone	29/01/2003		
1500M Walk		9-46.36	Yes	Clantha Tanea	Kings Langley	28/01/2011	
		8-12.11		Maddison Hardy	Hills District	27/01/2010	
		8-16.50		Isabella Shina	Hills District	28/01/2009	
		10-59.10		Emily Scott	Hawkesbury City	30/01/2008	
		8-51.85		Bethany Claassens	Hawkesbury City	24/01/2007	
	9-22.44		Dalbon Louise	Hills District	25/01/2006		
	7-52.57		Brittany Melrose	Winston Hills	27/01/2005		
	9-37.00		Jessica Cobb	Winston Hills	29/01/2004		

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U/14 Girls	1500M Walk	9-17.50		C Chircop	Winston Hills	23/01/2003	
		80M Hurdles	14.11	Yes	Ashlee Tait	Kings Langley	30/01/2011
	200M Hurdles	14.04		Courtney Elliott	Winston Hills	31/01/2010	
		13.49		Corrina Moore	Kings Langley	01/02/2009	
		15.55		Rosie Bradshaw	Winston Hills	03/02/2008	
		14.46		Kim Kennedy	Winston Hills	28/01/2007	
		14.17		Dominique Macer-Wright	Winston Hills	29/01/2006	
		15.01		Jennifer Burge	Hills District	30/01/2005	
		13.18		Cara Berry	Winston Hills	01/02/2004	
		14.54		C Cody	Hills District	26/01/2003	
		90M Hurdles	15.50	Yes	T. Furlong	RICH	07/02/1993
		200M Hurdles	31.56	Yes	Ashlee Tait	Kings Langley	29/01/2011
			32.04		Abigail Marfo	Winston Hills	30/01/2010
			31.09		Genevieve Cowie	Hills District	31/01/2009
			32.30		Amy Lewis	Hills District	02/02/2008
			31.89		Meryn Denning	Hills District	27/01/2007
	30.64			Jessi Elliott	Winston Hills	28/01/2006	
	32.59			Natalie Tereba	Hills District	29/01/2005	
	30.67			Laura Denning	Hills District	31/01/2004	
	33.28			T Guyatt	Hills District	25/01/2003	
	Long Jump		4.73	Yes	Daisy Bryant	Hills District	29/01/2011
			4.65		Jessica Hough	Hills District	30/01/2010
			4.77		Natalie Apikotoa	Kings Langley	31/01/2009
			4.68		Amy Lewis	Hills District	02/02/2008
			3.94		Elizabeth Tobar	Quakers Hill	27/01/2007
			4.78		Jessi Elliott	Winston Hills	28/01/2006
			4.21		Shalini Haines	Winston Hills	29/01/2005
			4.91		Janine Hampson	Hills District	31/01/2004
					Cara Berry	Winston Hills	31/01/2004
				C Cody	Hills District	25/01/2003	
		High Jump	1.29	Yes	Rebekah Flitter	Riverstone	30/01/2011
			1.45		Sarah Watts	Hills District	31/01/2010
	1.50			Gabrielle Ralphs	Hills District	01/02/2009	
	1.40			Rosie Bradshaw	Winston Hills	03/02/2008	
	1.45			Chelsea Killey	Winston Hills	28/01/2007	
	1.31			Ashlee Clews	Winston Hills	29/01/2006	
	1.40			Andrea Zaja	Hills District	30/01/2005	
	1.39			Lauren Johnston	Hills District	01/02/2004	
	1.41			C Cody	Hills District	26/01/2003	
	Triple Jump		10.41	Yes	Allanah Cochrane	Winston Hills	30/01/2011
		10.20		Abigail Marfo	Winston Hills	31/01/2010	
		9.84		Gabrielle Ralphs	Hills District	01/02/2009	
		8.68		Tamara Smith	Winston Hills	03/02/2008	
		9.38		Meryn Denning	Hills District	28/01/2007	
		10.35		Dominique Macer-Wright	Winston Hills	29/01/2006	
		9.62		Andrea Zaja	Hills District	30/01/2005	
		10.26		Lara Huston	Winston Hills	01/02/2004	
		9.21		T Guyatt	Hills District	26/01/2003	
		Shot Put	9.98	Yes	Lucinda Wade	Hawkesbury City	29/01/2011
	15.42			Taylah Sengul	Winston Hills	30/01/2010	
	11.92			Gabrielle Ralphs	Hills District	31/01/2009	
	11.01			Tepa Lemi	Winston Hills	02/02/2008	
9.56			Lauren Dowle	Winston Hills	27/01/2007		
9.91			Alison Brough	Hills District	28/01/2006		
13.16			Jessica Cameron	Winston Hills	29/01/2005		
9.49			Rhiannon Sengul	Winston Hills	31/01/2004		
10.86			A Levick	Kings Langley	25/01/2003		
Discus	18.87	Yes	Casey Green	Hills District	30/01/2011		
	44.29		Taylah Sengul	Winston Hills	31/01/2010		

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U/14 Girls	Discus	33.28		Natalie Apikotoa	Kings Langley	01/02/2009
		35.23		Cassie Hewitt	Hills District	03/02/2008
		26.88		Kim Kennedy	Winston Hills	28/01/2007
		25.23		Lauren Cameron	Winston Hills	29/01/2006
		36.66		Jessica Cameron	Winston Hills	30/01/2005
		26.65		Lara Huston	Winston Hills	01/02/2004
		25.35		A Levick	Kings Langley	26/01/2003
	Javelin	17.96	Yes	Andrea Sigmann	Hills District	28/01/2011
		37.11		Taylah Sengul	Winston Hills	27/01/2010
		26.29		Daniela Mayol	Winston Hills	28/01/2009
		28.48		Cassie Hewitt	Hills District	30/01/2008
		30.03		Lauren Dowle	Winston Hills	24/01/2007
		23.13		Nichole Dahlberg	Winston Hills	25/01/2006
		30.11		Jessica Cameron	Winston Hills	27/01/2005
		32.17		Lara Huston	Winston Hills	29/01/2004
		22.54		A Levick	Kings Langley	25/01/2003
		U/15 Girls	100M Run	13.28	Yes	Courtney Elliott
13.06				Natalie Apikotoa	Kings Langley	30/01/2010
13.37				Amy Lewis	Hills District	31/01/2009
12.86				Rebecca Watts	Winston Hills	02/02/2008
13.47				Jessi Elliott	Winston Hills	27/01/2007
13.65				Phoebe Rom	Winston Hills	28/01/2006
13.25				Janine Hampson	Hills District	29/01/2005
13.75				Candice Davis	Hills District	31/01/2004
13.27				T Harris	Hills District	25/01/2003
200M Run	28.37			Yes	Jessica Hough	Hills District
	27.39			Natalie Apikotoa	Kings Langley	31/01/2010
	27.92			Stephanie Brown	Riverstone	01/02/2009
	26.92			Rebecca Watts	Winston Hills	03/02/2008
	27.60			Jessi Elliott	Winston Hills	28/01/2007
	27.50			Andrea Zaja	Hills District	29/01/2006
	28.13			Lauren Johnston	Hills District	30/01/2005
	28.16			Filomena Tassone	Hills District	01/02/2004
400M Run	27.33			S Hewitt	Hills District	26/01/2003
	1-11.92		Yes	Emily Michell	Hills District	29/01/2011
	1-12.28			Shinelle Baker	Winston Hills	30/01/2010
	1-03.30			Sarah Bright	Hills District	31/01/2009
	1-03.18			Hannah Monty	Hills District	02/02/2008
	1-11.25			Amanda Xuereb	Riverstone	27/01/2007
	1-03.42			Hayley Jones	Riverstone	28/01/2006
	1-04.21			Lauren Johnston	Hills District	29/01/2005
	1-04.41			Filomena Tassone	Hills District	31/01/2004
	1-05.08			H Pobjie	Hills District	25/01/2003
800M Run	2-50.25		Yes	Emily Michell	Hills District	30/01/2011
	2-42.39			Kristal Lewis	Hawkesbury City	31/01/2010
	2-21.78			Sarah Bright	Hills District	01/02/2009
	2-39.68			Hannah Monty	Hills District	03/02/2008
	2-29.48			Kristina Cavanna	Hills District	28/01/2007
	2-28.76			Hayley Jones	Riverstone	29/01/2006
	2-54.97		Lauren Wheeler	Hills District	30/01/2005	
	2-40.48		N Xuereb	Riverstone	01/02/2004	
	2-28.23		H Pobjie	Hills District	26/01/2003	
	2-52.00		B. Weaver	HILLS	30/01/2000	
1500M Run	5-53.82	Yes	Emily Michell	Hills District	29/01/2011	
	5-49.84		Shinelle Baker	Winston Hills	30/01/2010	
	4-58.60		Sarah Bright	Hills District	31/01/2009	
	5-11.73		Kristina Cavanna	Hills District	27/01/2007	

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U/15 Girls	1500M Run	5-19.00		Brittany Melrose	Winston Hills	28/01/2006	
		7-14.58		Jessica Bisazza	Winston Hills	29/01/2005	
		5-49.95		Jessica Brewster	Winston Hills	31/01/2004	
		5-07.20		H Pobjie	Hills District	25/01/2003	
		6-01.30		J. Chang	W/HLS	29/01/2000	
	3000M Run	15-44.20	Yes	Sarah Cunningham	Winston Hills	29/01/2011	
		12-27.54		Kristal Lewis	Hawkesbury City	30/01/2010	
		11-10.19		Else Gallen	Riverstone	31/01/2009	
		17-20.90		Natalie Hendley	Kings Langley	02/02/2008	
		11-18.79		Louise Marvin	Winston Hills	31/01/2007	
		12-27.30		Alyse Wigley	Hills District	02/02/2006	
		12-59.40		Jessica Brewster	Winston Hills	04/02/2004	
		10-57.25		H Pobjie	Hills District	29/01/2003	
		11-56.40		A. Jones	HILLS	02/02/1997	
		1500M Walk	8-21.14	Yes	Isabella Shina	Hills District	27/01/2010
			9-37.00		Rebecca Houston	Winston Hills	30/01/2008
				Bethany Claassens	Hawkesbury City	30/01/2008	
	9-12.12			Louise Dalbon	Hills District	24/01/2007	
	7-15.46			Melissa Hayes	Kings Langley	25/01/2006	
	8-55.62			Jessica Cobb	Winston Hills	27/01/2005	
	10-49.30			Amy Sultana	Hills District	29/01/2004	
	9-03.10			H Anschau	Kings Langley	23/01/2003	
	90M Hurdles		15.38	Yes	Sarah Watts	Hills District	30/01/2011
			14.34		Corrina Moore	Kings Langley	31/01/2010
			15.20		Bianca Mayol	Winston Hills	01/02/2009
		20.86		Megan Moore	Kings Langley	03/02/2008	
		14.59		Rachel May	Winston Hills	28/01/2007	
		15.34		Jennifer Burge	Hills District	29/01/2006	
		14.66		Laura Denning	Hills District	30/01/2005	
		19.61		Nicole Schaerer	Winston Hills	01/02/2004	
		14.10		T Harris	Hills District	26/01/2003	
		200M Hurdles	31.46	Yes	Sarah Watts	Hills District	29/01/2011
			30.91		Natalie Apikotoa	Kings Langley	30/01/2010
	31.39			Bianca Mayol	Winston Hills	31/01/2009	
	31.44			Hannah Monty	Hills District	02/02/2008	
	29.76			Jessi Elliott	Winston Hills	27/01/2007	
	33.28			Natalie Tereba	Hills District	28/01/2006	
	32.71			Sasha Serrao	Winston Hills	29/01/2005	
	32.30			Courtney Vince	Winston Hills	31/01/2004	
	30.45			S Hewitt	Hills District	25/01/2003	
	Long Jump		5.09	Yes	Sarah Watts	Hills District	29/01/2011
			5.13		Natalie Apikotoa	Kings Langley	30/01/2010
		4.69		Amy Lewis	Hills District	31/01/2009	
4.64			Meryn Denning	Hills District	02/02/2008		
4.61			Emilie Duval	Winston Hills	27/01/2007		
4.66			Jennifer Burge	Hills District	28/01/2006		
4.83			Lara Huston	Winston Hills	29/01/2005		
4.65			Courtney Vince	Winston Hills	31/01/2004		
5.07			S Hewitt	Hills District	25/01/2003		
High Jump		1.47	Yes	Sarah Watts	Hills District	29/01/2011	
		1.50		Genevieve Cowie	Hills District	30/01/2010	
	1.30		Courtney Bridge	Winston Hills	31/01/2009		
	1.35		Bethany Claassens	Hawkesbury City	02/02/2008		
			Chelsea Killey	Winston Hills	02/02/2008		
			Ashlee Clews	Winston Hills	27/01/2007		
	1.40		Andrea Zaja	Hills District	28/01/2006		
	1.55		Emma South	Winston Hills	29/01/2005		
	1.46		Penny Skeen	Hills District	31/01/2004		
	1.35		N Huston	Winston Hills	25/01/2003		

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U/15 Girls	Triple Jump	10.16	Yes	Abigail Marfo	Winston Hills	30/01/2011		
		11.47		Natalie Apikotoa	Kings Langley	31/01/2010		
		9.68		Cassie Hewitt	Hills District	01/02/2009		
		10.05		Meryn Denning	Hills District	03/02/2008		
		9.80		Therese Canty	Winston Hills	28/01/2007		
		10.28		Andrea Zaja	Hills District	29/01/2006		
		10.25		Emma South	Winston Hills	30/01/2005		
		9.64		Courtney Vince	Winston Hills	01/02/2004		
		9.71		S McKinley	Quakers Hill	26/01/2003		
		14.86		Shot Put	Yes	Taylah Sengul	Winston Hills	30/01/2011
	11.92	Gabrielle Ralphs	Hills District			31/01/2010		
	11.76	Tepa Lemi	Winston Hills			01/02/2009		
	9.35	Elyce Hanson	Winston Hills			03/02/2008		
	9.86	Nicole Dahlberg	Winston Hills			28/01/2007		
	11.77	Bridgette Gemmell	Hawkesbury City			29/01/2006		
	10.66	Rhiannon Sengul	Winston Hills			30/01/2005		
	11.08	Amanda Levick	Kings Langley			01/02/2004		
	11.98	K Cannavo	Hills District			26/01/2003		
	44.63	Discus	Yes			Taylah Sengul	Winston Hills	29/01/2011
	28.97			Natalie Apikotoa	Kings Langley	30/01/2010		
	36.37			Tepa Lemi	Winston Hills	31/01/2009		
	24.48			Kim Kennedy	Winston Hills	02/02/2008		
	26.37			Lauren Cameron	Winston Hills	27/01/2007		
	33.49			Bridgette Gemmell	Hawkesbury City	28/01/2006		
	33.16			Rhiannon Sengul	Winston Hills	29/01/2005		
	28.24			Amanda Levick	Kings Langley	31/01/2004		
	37.50			L Pruy	Hills District	25/01/2003		
	27.71			Javelin	Yes	Paletina Lemi	Winston Hills	28/01/2011
	28.83	Cassie Hewitt	Hills District			28/01/2009		
	29.69	Lauren Dowle	Winston Hills			30/01/2008		
	28.70	Nicole Dahlberg	Winston Hills			24/01/2007		
	20.30	Melissa Hayes	Kings Langley			25/01/2006		
	30.21	Lara Huston	Winston Hills			27/01/2005		
	24.68	Amanda Levick	Kings Langley			29/01/2004		
	35.80	L Pruy	Hills District			26/01/2003		
U/17 Girls	100M Run	13.08	Yes			Natalie Apikotoa	Kings Langley	29/01/2011
		13.66				Emily Jordan	Winston Hills	30/01/2010
		13.51		Meryn Denning	Hills District	31/01/2009		
	200M Run	26.83	Yes	Natalie Apikotoa	Kings Langley	30/01/2011		
		28.71		Emily Jordan	Winston Hills	31/01/2010		
	400M Run	28.38	Yes	Meryn Denning	Hills District	01/02/2009		
		1-08.27		Shinelle Baker	Winston Hills	29/01/2011		
		1-07.28		Hannah Monty	Hills District	30/01/2010		
	800M Run	1-08.99	Yes	Emily Jordan	Winston Hills	31/01/2009		
		2-45.59		Shinelle Baker	Winston Hills	30/01/2011		
		2-50.62		India Cuttilan	Quakers Hill	31/01/2010		
	1500M Run	2-43.72	Yes	Louise Marvin	Winston Hills	01/02/2009		
		5-37.45		Shinelle Baker	Winston Hills	29/01/2011		
		5-19.14		Else Gallen	Riverstone	30/01/2010		
	3000M Run	5-31.70	Yes	Louise Marvin	Winston Hills	31/01/2009		
		12-29.37		Shinelle Baker	Winston Hills	29/01/2011		
		11-09.39		Else Gallen	Riverstone	30/01/2010		
	1500M Walk	12-02.43	Yes	Louise Marvin	Winston Hills	31/01/2009		
		8-47.57		Isabella Shina	Hills District	28/01/2011		
		9-49.93		Rebecca Houston	Winston Hills	27/01/2010		
	100M Hurdles	10-12.60	Yes	Rebecca Houston	Winston Hills	28/01/2009		
		15.22		Corrina Moore	Kings Langley	30/01/2011		

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U/17 Girls	100M Hurdles	17.82		Hannah Monty	Hills District	31/01/2010
		19.91		Emily Thomson	Winston Hills	01/02/2009
	200M Hurdles	30.03	Yes	Natalie Apikotoa	Kings Langley	29/01/2011
		35.18		Emily Thomson	Winston Hills	30/01/2010
	Long Jump	32.87		Meryn Denning	Hills District	31/01/2009
		5.30	Yes	Natalie Apikotoa	Kings Langley	29/01/2011
		4.56		Emily Jordan	Winston Hills	30/01/2010
	High Jump	4.54		Alison McIntye	Hills District	31/01/2009
		1.54	Yes	Corrina Moore	Kings Langley	29/01/2011
		1.31		Mahsa Javam	Winston Hills	30/01/2010
	Triple Jump	1.35		Emily Thomson	Winston Hills	31/01/2009
		11.90	Yes	Natalie Apikotoa	Kings Langley	30/01/2011
		9.24		Emily Jordan	Winston Hills	31/01/2010
	Shot Put	9.93		Meryn Denning	Hills District	01/02/2009
		8.49	Yes	Brianna Murray	Winston Hills	30/01/2011
		11.73		Tepa Lemi	Winston Hills	31/01/2010
	Discus	8.27		Nicole Dahlberg	Winston Hills	01/02/2009
		32.70	Yes	Natalie Apikotoa	Kings Langley	29/01/2011
		38.30		Tepa Lemi	Winston Hills	30/01/2010
	Javelin	24.16		Mahsa Javam	Winston Hills	31/01/2009
32.15		Yes	Brianna Murray	Winston Hills	28/01/2011	
29.07			Brianna Murray	Winston Hills	27/01/2010	
		31.16		Nicole Dahlberg	Winston Hills	28/01/2009
Junior Girls	4 x 100 Relay	1-01.15	Yes	Relay Jg	Hills District	30/01/2011
		1-00.93		Relay Jg	Winston Hills	31/01/2010
		1-01.96		JG Relay	Kings Langley	01/02/2009
		1-03.57		Junior Girls	Winston Hills	03/02/2008
		1-01.67		Junior Girls Relay	Winston Hills	28/01/2007
		1-02.46		. Hills District	Hills District	29/01/2006
		1-01.82		Winston Hills	Winston Hills	30/01/2005
		1-01.07		Hd Hd	Hills District	01/02/2004
Senior Girls	3000M Run	11-42.80	Yes	K. Clarke	W/HLS	03/02/1993
	4 x 100 Relay	54.72	Yes	Relay Sg	Hills District	30/01/2011
		54.30		Relay Sg	Winston Hills	31/01/2010
		54.82		SG Relay	Winston Hills	01/02/2009
		54.27		Senior Girls	Winston Hills	03/02/2008
		54.59		Senior Girls Relay	Winston Hills	28/01/2007
		53.76		. Winston Hills	Winston Hills	29/01/2006
		55.81		Hills District	Hills District	30/01/2005
		53.62		Hd Hd	Hills District	01/02/2004

Selection Criteria for this Report

Record Type: TITLE

Age Group: All

Event: All