

REGION TRACK & FIELD CHAMPIONSHIPS**Region - Records**

5	Girls U 8 70 Metre Sprint	10.97	22/02/2015	Tuliana Kabuyawa - Hills District
6	Boys U 8 70 Metre Sprint	10.99	9/02/2020	Beau Argaet - Minchinbury
7	Girls U 9 70 Metre Sprint	10.53	17/02/2013	Osaru Airhumwunde - Mt Druitt
8	Boys U 9 70 Metre Sprint	10.45	9/02/2020	Peini Ika - Tallawong Park
9	Girls U 10 70 Metre Sprint	10.42	22/02/2015	Clara Nourdine - Doonside
10	Boys U 10 70 Metre Sprint	10.15	18/02/2018	Rhys Webster - Winston Hills
13	Girls U 8 100 Metre Sprint	15.40	21/02/2015	Tuliana Kabuyawa - Hills District
14	Boys U 8 100 Metre Sprint	15.40	15/02/2014	Nathaniel Idehen - Hills District
15	Girls U 9 100 Metre Sprint	14.88	16/02/2013	Osaru Airhumwunde - Mt Druitt
16	Boys U 9 100 Metre Sprint	14.60	15/02/2014	Joshua Debritt - Cranebrook
17	Girls U 10 100 Metre Sprint	14.10	15/02/2014	Osaru Airhumwunde - Mt Druitt
18	Boys U 10 100 Metre Sprint	13.95	9/02/2019	Dylan Taylor-rogers - Cranebrook
19	Girls U 11 100 Metre Sprint	13.76	21/02/2015	Jessica Laurance - Doonside
20	Boys U 11 100 Metre Sprint	13.45	17/02/2018	Lachlan Powell - Hills District
21	Girls U 12 100 Metre Sprint	13.23	17/02/2018	Mia Friesendorff - Doonside
22	Boys U 12 100 Metre Sprint	13.06	20/02/2021	Epeosi Ugbomhe - Werrington
23	Girls U 13 100 Metre Sprint	12.88	9/02/2019	Tuliana Kabuyawa - Hills District
24	Boys U 13 100 Metre Sprint	11.70	15/02/2014	Shane Munaweera - Jamison
25	Girls U 14 100 Metre Sprint	12.63	17/02/2018	Jessica Laurance - Doonside
26	Boys U 14 100 Metre Sprint	11.50	15/02/2014	Walther Wegmann - Kings Langley
27	Girls U 15 100 Metre Sprint	12.54	17/02/2018	Gabrielle Bingham - Prospect
28	Boys U 15 100 Metre Sprint	11.50	15/02/2014	Jarod Rockall - Kings Langley
29	Girls U 17 100 Metre Sprint	12.15	9/02/2019	Jessica Laurance - Doonside
30	Boys U 17 100 Metre Sprint	11.00	15/02/2014	Brock O'Donnell - Doonside
33	Girls U 8 200 Metre Sprint	32.35	22/02/2015	Tuliana Kabuyawa - Hills District
34	Boys U 8 200 Metre Sprint	30.64	19/02/2017	Joseph Ezekiel - Werrington
35	Girls U 9 200 Metre Sprint	30.59	21/02/2016	Tuliana Kabuyawa - Hills District
36	Boys U 9 200 Metre Sprint	29.87	18/02/2018	Joseph Ezekiel - Werrington
37	Girls U 10 200 Metre Sprint	30.05	17/02/2013	Caitlin Preston - Doonside
38	Boys U 10 200 Metre Sprint	29.33	9/02/2020	Alexander Benforte - Rouse Hill
39	Girls U 11 200 Metre Sprint	28.59	22/02/2015	Jessica Laurance - Doonside
40	Boys U 11 200 Metre Sprint	27.52	18/02/2018	Lachlan Powell - Hills District
41	Girls U 12 200 Metre Sprint	27.02	21/02/2016	Jessica Laurance - Doonside
42	Boys U 12 200 Metre Sprint	25.56	17/02/2013	Shane Munaweera - Jamison
43	Girls U 13 200 Metre Sprint	26.79	10/02/2019	Tuliana Kabuyawa - Hills District
44	Boys U 13 200 Metre Sprint	24.69	18/02/2018	Lachlan Wood - Winston Hills
45	Girls U 14 200 Metre Sprint	25.56	9/02/2020	Tuliana Kabuyawa - Hills District
46	Boys U 14 200 Metre Sprint	23.79	10/02/2019	Lachlan Wood - Winston Hills
47	Girls U 15 200 Metre Sprint	25.16	18/02/2018	Gabrielle Bingham - Prospect
48	Boys U 15 200 Metre Sprint	23.15	21/02/2016	Joshua McLachlan - Werrington
49	Girls U 17 200 Metre Sprint	25.01	9/02/2020	Jessica Laurance - Doonside
50	Boys U 17 200 Metre Sprint	22.23	17/02/2013	Anas Abu Gamaba - Blacktown
51	Girls U 8 400 Metre Run Pack Start	1:25.31	19/02/2022	Annabelle Clifton - Prospect
52	Boys U 8 400 Metre Run Pack Start	1:17.36	19/02/2022	Theodore Foggo - Winston Hills
53	Girls U 9 400 Metre Sprint	1:13.61	16/02/2013	Ella Buchanan - Hills District
54	Boys U 9 400 Metre Sprint	1:09.54	20/02/2016	Noah Lang - Jamison
55	Girls U 10 400 Metre Sprint	1:09.84	16/02/2013	Caitlin Preston - Doonside
56	Boys U 10 400 Metre Sprint	1:07.53	19/02/2022	Cameron Batey - Hills District
57	Girls U 11 400 Metre Sprint	1:05.89	21/02/2015	Ella Buchanan - Hills District
58	Boys U 11 400 Metre Sprint	1:03.26	20/02/2016	Lachlan Wood - Winston Hills
59	Girls U 12 400 Metre Sprint	1:02.39	20/02/2016	Ella Buchanan - Hills District
60	Boys U 12 400 Metre Sprint	59.47	18/02/2017	Lachlan Wood - Winston Hills
61	Girls U 13 400 Metre Sprint	1:00.68	20/02/2016	Caitlin Preston - Doonside
62	Boys U 13 400 Metre Sprint	55.86	17/02/2018	Lachlan Wood - Winston Hills
63	Girls U 14 400 Metre Sprint	59.28	20/02/2016	Danielle Drinnan - Winston Hills
64	Boys U 14 400 Metre Sprint	54.58	9/02/2019	Shayan Adhikari - Prospect
65	Girls U 15 400 Metre Sprint	57.77	17/02/2018	Sidney Burrell - Hills District
66	Boys U 15 400 Metre Sprint	51.72	17/02/2018	Joshua Atkinson - Hills District
67	Girls U 17 400 Metre Sprint	58.77	20/02/2016	Deyana Trikaliotis - Blacktown
68	Boys U 17 400 Metre Sprint	49.70	8/02/2020	Joshua Atkinson - Hills District
69	Girls U 8 60 Metre Hurdles (45cm)	11.60	15/02/2014	Talahn Paki - Hills District

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70	Boys U 8 60 Metre Hurdles (45cm)	10.81	20/02/2016	Rhys Webster - Winston Hills
71	Girls U 9 60 Metre Hurdles (45cm)	10.62	18/02/2017	Awien Lual - Prospect
72	Boys U 9 60 Metre Hurdles (45cm)	10.20	16/02/2013	Abiatar Peter - Blacktown
73	Girls U 10 60 Metre Hurdles (60cm)	10.40	15/02/2014	Kirrilee Death - Hills District
74	Boys U 10 60 Metre Hurdles (60cm)	10.40	15/02/2014	Jake Baptiste - Kings Langley
75	Girls U 11 80 Metre Hurdles (60cm)	14.10	20/02/2022	Lila Oliver - Hills District
76	Boys U 11 80 Metre Hurdles (60cm)	13.53	20/02/2022	Peini Ika - Doonside
77	Girls U 12 80 Metre Hurdles (68cm)	13.28	21/02/2021	Angelina Burford - Hills District
78	Boys U 12 80 Metre Hurdles (68cm)	12.89	21/02/2021	Alex Spadaro - Prospect
79	Girls U 13 80 Metre Hurdles (76cm)	13.19	10/02/2019	Talahn Paki - Hills District
80	Boys U 13 80 Metre Hurdles (76cm)	13.10	18/02/2018	Jesse Bingham - Prospect
81	Girls U 14 80 Metre Hurdles (76cm)	12.69	16/02/2014	Tiana Death - Hills District
82	Boys U 14 90 Metre Hurdles (76cm)	13.32	17/02/2013	Alexander Thompson - Quakers Hill
83	Girls U 15 90 Metre Hurdles (76cm)	13.85	18/02/2018	Claire Meyers - Emu Plains
84	Boys U 15 100 Metre Hurdles (76cm)	14.06	21/02/2016	Shane Munaweera - Jamison
85	Girls U 17 100 Metre Hurdles (76cm)	15.04	20/02/2022	Talahn Paki - Hills District
86	Boys U 17 110 Metre Hurdles (76cm)	13.92	21/02/2016	Alexander Thompson - Quakers Hill
87	Girls U 13 200 Metre Hurdles (68cm)	29.67	19/02/2016	Caitlin Preston - Doonside
88	Boys U 13 200 Metre Hurdles (68cm)	26.80	15/02/2014	Shane Munaweera - Jamison
89	Girls U 14 200 Metre Hurdles (76cm)	29.09	17/02/2017	Kaiya Buchanan - Hills District
90	Boys U 14 200 Metre Hurdles (76cm)	26.76	16/02/2013	Alexander Thompson - Quakers Hill
91	Girls U 15 300 Metre Hurdles (76cm)	46.65	17/02/2017	Danielle Drinnan - Winston Hills
92	Boys U 15 300 Metre Hurdles (76cm)	42.96	16/02/2018	Rhys Walker - Doonside
93	Girls U 17 300 Metre Hurdles (76cm)	45.85	16/02/2018	Sundance Fuller - Penrith
94	Boys U 17 300 Metre Hurdles (76cm)	40.20	18/02/2022	Mitchell Bradley - Prospect
97	Girls U 8 700 Metre Run Pack Start	2:32.98	18/02/2018	Olivia Scott-Rogers - Hills District
98	Boys U 8 700 Metre Run Pack Start	2:22.60	18/02/2018	Harrison Ferns - Rouse Hill
99	Girls U 9 800 Metre Run	2:50.29	9/02/2020	Eva McKenzie - Hills District
100	Boys U 9 800 Metre Run	2:33.56	21/02/2021	Ruari Mercer - Hills District
101	Girls U 10 800 Metre Run	2:40.79	19/02/2017	Sophie Schultz - Hills District
102	Boys U 10 800 Metre Run	2:31.37	21/02/2021	Lachlan Dorahy - Hills District
103	Girls U 11 800 Metre Run	2:30.32	16/02/2014	Sidney Burrell - Hills District
104	Boys U 11 800 Metre Run	2:24.39	18/02/2018	Toby Dorahy - Hills District
105	Girls U 12 800 Metre Run	2:27.92	16/02/2014	Danielle Drinnan - Winston Hills
106	Boys U 12 800 Metre Run	2:20.94	19/02/2017	Lachlan Wood - Winston Hills
107	Girls U 13 800 Metre Run	2:20.12	22/02/2015	Danielle Drinnan - Winston Hills
108	Boys U 13 800 Metre Run	2:11.85	9/02/2020	Will Haydon - Emu Plains
109	Girls U 14 800 Metre Run	2:16.36	21/02/2016	Danielle Drinnan - Winston Hills
110	Boys U 14 800 Metre Run	2:01.81	19/02/2017	Joshua Atkinson - Hills District
111	Girls U 15 800 Metre Run	2:13.18	21/02/2016	Carley Thomas - Hills District
112	Boys U 15 800 Metre Run	1:58.61	18/02/2018	Joshua Atkinson - Hills District
113	Girls U 17 800 Metre Run	2:18.62	19/02/2017	Rowena Milliss - Winston Hills
114	Boys U 17 800 Metre Run	1:53.49	10/02/2019	Joshua Atkinson - Hills District
117	Girls U 11 1500 Metre Run	5:18.20	16/02/2013	Danielle Drinnan - Winston Hills
118	Boys U 11 1500 Metre Run	4:51.79	16/02/2018	Will Haydon - Emu Plains
119	Girls U 12 1500 Metre Run	5:02.70	15/02/2014	Danielle Drinnan - Winston Hills
120	Boys U 12 1500 Metre Run	4:51.57	8/02/2019	Will Haydon - Emu Plains
121	Girls U 13 1500 Metre Run	4:49.82	21/02/2015	Niamh Sanday - Kings Langley
122	Boys U 13 1500 Metre Run	4:28.25	8/02/2020	Will Haydon - Emu Plains
123	Girls U 14 1500 Metre Run	4:46.80	15/02/2014	Leena Yang - Hills District
124	Boys U 14 1500 Metre Run	4:19.20	18/02/2017	Joshua Atkinson - Hills District
125	Girls U 15 1500 Metre Run	4:52.29	21/02/2015	Ali Thomson - Hills District
126	Boys U 15 1500 Metre Run	4:21.55	9/02/2019	Andrew Laycock - Emu Plains
127	Girls U 17 1500 Metre Run	5:02.50	16/02/2013	Sarah Marvin - Winston Hills
128	Boys U 17 1500 Metre Run	4:16.22	17/02/2018	Luca Manente - Hills District
129	Girls U 13 3000 Metre Run	10:42.53	8/02/2019	Lucie Francis - Winston Hills
130	Boys U 13 3000 Metre Run	10:00.29	7/02/2020	Will Haydon - Emu Plains
131	Girls U 14 3000 Metre Run	10:23.40	14/02/2014	Leena Yang - Hills District
132	Boys U 14 3000 Metre Run	9:53.19	16/02/2018	Andrew Laycock - Emu Plains
133	Girls U 15 3000 Metre Run	10:51.94	7/02/2020	Catherine Richter - Hills District
134	Boys U 15 3000 Metre Run	9:21.37	18/02/2022	Isaac Beacroft - Quakers Hill

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135	Girls U 17 3000 Metre Run	10:26.10	16/02/2013	Sarah Marvin - Winston Hills
136	Boys U 17 3000 Metre Run	8:47.39	7/02/2020	Daniel Kelly - Emu Plains
137	Girls U 9 700 Metre Walk	3:39.18	22/02/2015	Jessica Randall - Doonside
138	Boys U 9 700 Metre Walk	3:31.95	20/02/2022	Nate Appleyard - Winston Hills
139	Girls U 10 1100 Metre Walk	6:06.68	16/02/2014	Chloe Bell - Kings Langley
140	Boys U 10 1100 Metre Walk	5:38.05	19/02/2017	Peter Elliott - Quakers Hill
141	Girls U 11 1100 Metre Walk	5:37.95	9/02/2020	Matilda Webb - Winston Hills
142	Boys U 11 1100 Metre Walk	5:29.03	18/02/2018	Isaac Beacroft - Quakers Hill
143	Girls U 12 1500 Metre Walk	7:43.47	21/02/2021	Matilda Webb - Winston Hills
144	Boys U 12 1500 Metre Walk	7:14.49	10/02/2019	Isaac Beacroft - Quakers Hill
145	Girls U 13 1500 Metre Walk	7:33.02	17/02/2013	Raquel Roukos - Doonside
146	Boys U 13 1500 Metre Walk	7:24.40	17/02/2013	Kyle Bedford - Nepean
147	Girls U 14 1500 Metre Walk	7:18.30	16/02/2014	Raquel Roukos - Doonside
148	Boys U 14 1500 Metre Walk	7:18.83	16/02/2014	Kyle Bedford - Nepean
149	Girls U 15 1500 Metre Walk	6:52.72	22/02/2015	Raquel Roukos - Doonside
150	Boys U 15 1500 Metre Walk	6:21.27	20/02/2022	Isaac Beacroft - Quakers Hill
151	Girls U 17 1500 Metre Walk	6:44.74	16/02/2014	Jasmine Dighton - Lethbridge Park
152	Boys U 17 1500 Metre Walk	6:28.23	19/02/2017	Ryan Thomson - Colyton St Clair
153	Girls U 9 High Jump (S/H 0.85m)	1.03m	19/02/2022	Arielle Burville - The Ponds
154	Boys U 9 High Jump (S/H 0.90m)	1.30m	18/02/2018	Joseph Ezekiel - Werrington
155	Girls U 10 High Jump (S/H 0.95m)	1.27m	20/02/2016	Audrey Nadaya-Harb - Winston Hills
156	Boys U 10 High Jump (S/H 1.00m)	1.38m	21/02/2021	Ebosiogwe Ugbohmeh - Werrington
157	Girls U 11 High Jump (S/H 1.05m)	1.40m	19/02/2017	Vanessa Apel - Winston Hills
158	Boys U 11 High Jump (S/H 1.10m)	1.41m	9/02/2020	Brayden Thompson - Hills District
159	Girls U 12 High Jump (S/H 1.15m)	1.51m	18/02/2018	Audrey Nadaya-Harb - Winston Hills
160	Boys U 12 High Jump (S/H 1.20m)	1.51m	21/02/2015	Joseph Suaalii - Werrington
161	Girls U 13 High Jump (S/H 1.20m)	1.55m	9/02/2019	Vanessa Apel - Winston Hills
162	Boys U 13 High Jump (S/H 1.25m)	1.57m	20/02/2022	Brayden Thompson - Hills District
163	Girls U 14 High Jump (S/H 1.25m)	1.60m	10/02/2019	Olivia Dimech - Hawkesbury City
164	Boys U 14 High Jump (S/H 1.30m)	1.68m	17/02/2018	Siotame Hansen - Colyton St Clair
165	Girls U 15 High Jump (S/H 1.25m)	1.65m	21/02/2016	Desleigh Owusu - Kings Langley
166	Boys U 15 High Jump (S/H 1.30m)	1.75m	10/02/2019	Joel Davis - Hills District
167	Girls U 17 High Jump (S/H 1.30m)	1.67m	20/02/2022	Vanessa Apel - Winston Hills
168	Boys U 17 High Jump (S/H 1.35m)	1.86m	9/02/2019	Andrew Dean - Doonside
171	Girls U 8 Long Jump	3.47m	18/02/2018	Olivia Scott-Rogers - Hills District
172	Boys U 8 Long Jump	3.79m	19/02/2017	Joseph Ezekiel - Werrington
173	Girls U 9 Long Jump	3.81m	16/02/2014	Alannah Martin - Doonside
174	Boys U 9 Long Jump	4.07m	17/02/2018	Joseph Ezekiel - Werrington
175	Girls U 10 Long Jump	4.41m	21/02/2015	Clara Nourdine - Doonside
176	Boys U 10 Long Jump	4.40m	21/02/2015	Jesse McLean - Blacktown
177	Girls U 11 Long Jump	4.52m	20/02/2016	Clara Nourdine - Doonside
178	Boys U 11 Long Jump	4.94m	22/02/2015	Nwazuruka Ohiaeri - Lethbridge P
179	Girls U 12 Long Jump	4.99m	18/02/2018	Raphaila Idris - Blacktown
180	Boys U 12 Long Jump	5.20m	16/02/2013	Shane Munaweera - Jamison
181	Girls U 13 Long Jump	5.14m	9/02/2019	Raphaila Idris - Blacktown
182	Boys U 13 Long Jump	5.60m	17/02/2013	Anthony Gale - Nepean
183	Girls U 14 Long Jump	5.38m	18/02/2018	Jessica Laurance - Doonside
184	Boys U 14 Long Jump	6.29m	19/02/2017	Laud Codjoe - Colyton St Clair
185	Girls U 15 Long Jump	5.46m	22/02/2015	Caitlyn Hicks - Winston Hills
186	Boys U 15 Long Jump	6.36m	17/02/2018	Laud Codjoe - Colyton St Clair
187	Girls U 17 Long Jump	5.67m	9/02/2019	Jessica Laurance - Doonside
188	Boys U 17 Long Jump	6.59m	15/02/2014	Jordan Coleman - Hills District
189	Girls U 11 Triple Jump	10.02m	21/02/2016	Clara Nourdine - Doonside
190	Boys U 11 Triple Jump	9.79m	9/02/2020	Nicholas McNally - Hills District
191	Girls U 12 Triple Jump	10.66m	18/02/2017	Clara Nourdine - Doonside
192	Boys U 12 Triple Jump	10.66m	20/02/2016	Jake Baptiste - Kings Langley
193	Girls U 13 Triple Jump	11.39m	10/02/2019	Raphaila Idris - Blacktown
194	Boys U 13 Triple Jump	11.25m	21/02/2016	Laud Codjoe - Colyton St Clair
195	Girls U 14 Triple Jump	10.84m	10/02/2019	Clara Nourdine - The Ponds
196	Boys U 14 Triple Jump	12.65m	17/02/2018	Sylvester Amon - Rouse Hill
197	Girls U 15 Triple Jump	11.49m	8/02/2020	Olivia Dimech - Hawkesbury City

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198	Boys U 15 Triple Jump	13.18m	20/02/2022	Luke Vrataric - Blacktown
199	Girls U 17 Triple Jump	11.78m	21/02/2015	Taylor Garrett - Penrith
200	Boys U 17 Triple Jump	13.74m	16/02/2018	James Neilly - Jamison
203	Girls U 8 Discus (500 Gram)	17.68m	17/02/2018	Jordyn Deen - Hills District
204	Boys U 8 Discus (500 Gram)	26.50m	20/02/2016	Lachlan Metcalfe - Kings Langley
205	Girls U 9 Discus (500 Gram)	24.10m	22/02/2015	Clare Grubba - Winston Hills
206	Boys U 9 Discus (500 Gram)	28.51m	19/02/2017	Lachlan Metcalfe - Kings Langley
207	Girls U 10 Discus (500 Gram)	32.02m	21/02/2016	Clare Grubba - Winston Hills
208	Boys U 10 Discus (500 Gram)	34.50m	9/02/2020	Aaron Chevalier - Winston Hills
209	Girls U 11 Discus (500 Gram)	32.80m	17/02/2013	Sally Shokry - Hills District
210	Boys U 11 Discus (500 Gram)	39.45m	10/02/2019	Alexander Pupualii - Lethbridge Park
211	Girls U 12 Discus (750 Gram)	40.58m	18/02/2018	Rachel Bardney - Kings Langley
212	Boys U 12 Discus (750 Gram)	44.75m	15/02/2014	Alexander Murdocca - Rouse Hill
213	Girls U 13 Discus (750 Gram)	43.33m	10/02/2019	Rachel Bardney - The Ponds
214	Boys U 13 Discus (750 Gram)	45.84m	21/02/2015	Alexander Murdocca - Rouse Hill
215	Girls U 14 Discus (1.0 Kg)	41.74m	19/02/2016	Sally Shokry - Hills District
216	Boys U 14 Discus (1.0 Kg)	52.34m	16/02/2018	Siotame Hansen - Colyton St Clair
217	Girls U 15 Discus (1.0 Kg)	44.74m	18/02/2017	Sally Shokry - Hills District
218	Boys U 15 Discus (1.0 Kg)	55.76m	17/02/2018	Lucas Rose - Colyton St Clair
219	Girls U 17 Discus (1.0 Kg)	43.68m	10/02/2019	Sally Shokry - Hills District
220	Boys U 17 Discus (1.5 Kg)	51.45m	9/02/2020	Lucas Rose - Colyton St Clair
223	Girls U 8 Shot Put (1.5 Kg)	6.50m	16/02/2014	Rachel Bardney - Kings Langley
224	Boys U 8 Shot Put (1.5 Kg)	8.98m	21/02/2016	Lachlan Metcalfe - Kings Langley
225	Girls U 9 Shot Put (2.0 Kg)	7.42m	21/02/2015	Rachel Bardney - Kings Langley
226	Boys U 9 Shot Put (2.0 Kg)	8.93m	18/02/2017	Lachlan Metcalfe - Kings Langley
227	Girls U 10 Shot Put (2.0 Kg)	8.83m	18/02/2017	Sarah Idaire - Hills District
228	Boys U 10 Shot Put (2.0 Kg)	10.15m	17/02/2018	Lachlan Metcalfe - Kings Langley
229	Girls U 11 Shot Put (2.0 Kg)	11.12m	16/02/2018	Emma Matthias - Emu Plains
230	Boys U 11 Shot Put (2.0 Kg)	13.29m	19/02/2016	Muhumuza Guma - Prospect
231	Girls U 12 Shot Put (2.0 Kg)	13.49m	17/02/2018	Rachel Bardney - Kings Langley
232	Boys U 12 Shot Put (2.0 Kg)	14.06m	10/02/2019	Benjamin Kasozi - Hills District
233	Girls U 13 Shot Put (3.0 Kg)	12.39m	19/02/2022	Kaiah Wong - Mt Druitt
234	Boys U 13 Shot Put (3.0 Kg)	16.19m	9/02/2020	Benjamin Kasozi - Hills District
235	Girls U 14 Shot Put (3.0 Kg)	12.05m	19/02/2022	Ava Masic - Doonside
236	Boys U 14 Shot Put (3.0 Kg)	18.10m	9/02/2020	Amosia Soatini - Nepean
237	Girls U 15 Shot Put (3.0 Kg)	12.90m	19/02/2017	Alysha Pearson - Jamison
238	Boys U 15 Shot Put (4.0 Kg)	16.03m	19/02/2022	Daniel Kasozi - Hills District
239	Girls U 17 Shot Put (3.0 Kg)	13.64m	10/02/2019	Sally Shokry - Hills District
240	Boys U 17 Shot Put (5.0 Kg)	18.32m	16/02/2013	Tepai Moerora - Doonside
241	Girls U 11 Javelin (400 Gram)	25.90m	20/02/2016	Amelia McIlwaine - Hills District
242	Boys U 11 Javelin (400 Gram)	32.94m	20/02/2016	Muhumuza Guma - Prospect
243	Girls U 12 Javelin (400 Gram)	32.08m	16/02/2018	Rachel Bardney - Kings Langley
244	Boys U 12 Javelin (400 Gram)	33.62m	19/02/2022	Mitchell Klomp - Hills District
245	Girls U 13 Javelin (400 Gram)	34.95m	8/02/2019	Rachel Bardney - The Ponds
246	Boys U 13 Javelin (600 Gram)	36.64m	7/02/2020	Daniel Kasozi - Hills District
247	Girls U 14 Javelin (400 Gram)	45.40m	9/02/2019	Ariana Levy - Werrington
248	Boys U 14 Javelin (600 Gram)	43.24m	9/02/2020	Toby Camilleri - Cranebrook
249	Girls U 15 Javelin (500 Gram)	38.70m	19/02/2017	Chloe Schwarz - Nepean
250	Boys U 15 Javelin (700 Gram)	49.19m	21/02/2015	Aaron Keene - Emu Plains
251	Girls U 17 Javelin (500 Gram)	42.34m	9/02/2020	Amelia McIlwaine - Winston Hills
252	Boys U 17 Javelin (700 Gram)	61.86m	19/02/2017	Aaron Keene - Emu Plains
254	Boys U 9-10 100 Metre Multi Class Run	23.11	8/02/2020	Ethan Odell TF 20 - Rouse Hill
255	Girls U 11-12 100 Metre Multi Class Run	15.84	9/02/2019	Layla Sharp - Werrington
256	Boys U 11-12 100 Metre Multi Class Run	18.81	9/02/2019	Lowndes Motler T/F 20 - Werrington
257	Girls U 13-14 100 Metre Multi Class Run	16.71	8/02/2020	Layla Sharp TF 12 - Werrington
258	Boys U 13-14 100 Metre Multi Class Run	18.35	8/02/2020	Lowndes Motler TF 20 - Werrington
259	Girls U 15-17 100 Metre Multi Class Run	18.79	19/02/2022	Layla Sharp (T/F12) - Werrington
260	Boys U 15-17 100 Metre Multi Class Run	16.83	19/02/2022	Lowndes Motler (T/F20) - Werrington
262	Boys U 9-10 Multi Class Long Jump	1.80m	7/02/2020	Levi Douglass TF 13 - Hawkesbury City
263	Girls U 11-12 Multi Class Long Jump	3.02m	10/02/2019	Layla Sharp - Werrington
264	Boys U 11-12 Multi Class Long Jump	2.19m	10/02/2019	Lowndes Motler T/F 20 - Werrington

REGION TRACK & FIELD CHAMPIONSHIPS**Region - Records**

265	Girls U 13-14 Multi Class Long Jump	3.19m	8/02/2020	Layla Sharp TF 12 - Werrington
266	Boys U 13-14 Multi Class Long Jump	2.58m	9/02/2020	Lowndes Motler TF 20 - Werrington
268	Boys U 15-17 Multi Class Long Jump	2.46m	19/02/2022	Lowndes Motler (T/F20) - Werrington
270	Boys U 9-10 Multi Class Shot Put	8.01m	10/02/2019	Levi Douglass T/F 13 - Hawkesbury City
271	Girls U 11-12 Multi Class Shot Put	14.50m	9/02/2020	Michayla Espie TF 20 - Penrith
272	Boys U 11-12 Multi Class Shot Put	6.88m	10/02/2019	Lowndes Motler T/F 20 - Werrington
273	Girls U 13-14 Multi Class Shot Put	6.74m	19/02/2022	Michayla Espie (T/F20) - Penrith
274	Boys U 13-14 Multi Class Shot Put	6.81m	7/02/2020	Lowndes Motler TF 20 - Werrington
276	Boys U 15-17 Multi Class Shot Put	7.31m	19/02/2022	Lowndes Motler (T/F20) - Werrington
277	Girls U 9-12 4x100 Metre Relay (Jnr)	56.86	18/02/2018	Hills District - Hills District M Park, t kabuyawa, A Powell, T Paki
278	Boys U 9-12 4x100 Metre Relay (Jnr)	57.02	10/02/2019	Hills District - Hills District Y Tajudeen, R Nolan, L Albert, C Thorpe
279	Girls U 12-17 4x100 Metre Relay (Snr)	50.52	19/02/2017	Hills District - Hills District L Jacobs, E Buchanan, E Page, A Fartek
280	Boys U 12-17 4x100 Metre Relay (Snr)	45.81	20/02/2022	Hills District - Hills District J Proudford, L Hayes, D Illangantilake, S Kumar
282	Boys U 9-10 800 Metre Multi Class Run	4:25.53	9/02/2020	Ethan Odell TF 20 - Rouse Hill
283	Girls U 11-12 800 Metre Multi Class Run	2:56.63	10/02/2019	Layla Sharp - Werrington
284	Boys U 11-12 800 Metre Multi Class Run	4:12.69	20/02/2022	Ethan Odell - Rouse Hill
285	Girls U 13-14 800 Metre Multi Class Run	2:48.07	9/02/2020	Layla Sharp TF 12 - Werrington
287	Girls U 15-17 800 Metre Multi Class Run	3:34.64	20/02/2022	Layla Sharp (T/F12) - Werrington
290	Boys U 9-10 200 Metre Multi Class Run	50.13	9/02/2020	Ethan Odell TF 20 - Rouse Hill
291	Girls U 11-12 200 Metre Multi Class Run	34.97	10/02/2019	Layla Sharp - Werrington
292	Boys U 11-12 200 Metre Multi Class Run	49.62	20/02/2022	Ethan Odell - Rouse Hill
293	Girls U 13-14 200 Metre Multi Class Run	33.52	9/02/2020	Layla Sharp TF 12 - Werrington
295	Girls U 15-17 200 Metre Multi Class Run	46.29	20/02/2022	Layla Sharp (T/F12) - Werrington
296	Boys U 15-17 200 Metre Multi Class Run	48.17	20/02/2022	Nilesh Srikanthan (T/F20) - Blacktown
298	Boys U 9-10 Multi Class Discus	2.89m	8/02/2020	Levi Douglass TF 13 - Hawkesbury City
299	Girls U 11-12 Multi Class Discus	5.75m	8/02/2020	Michayla Espie TF 20 - Penrith
300	Boys U 11-12 Multi Class Discus	5.44m	19/02/2022	Ethan Odell - Rouse Hill
301	Girls U 13-14 Multi Class Discus	15.55m	20/02/2022	Michayla Espie (T/F20) - Penrith
302	Boys U 13-14 Multi Class Discus	2.80m	9/02/2020	Josh Carter F 37 - Colyton St Clair
304	Boys U 15-17 Multi Class Discus	3.33m	19/02/2022	Josh Carter (T/F37)) - Colyton St Clair