

**North West Met ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Entries - All Events**

---

1. Hudson Bennett - Comp#: 30107 - Male - Age: 7 - Kings Langley - Ind/Rel: 3 / 0	
#2 Boys U 7 50 Metre Sprint Prelims	11.05
#170 Boys U 7 Long Jump	2.60m
#202 Boys U 7 Discus (350 Gram)	10.30m
2. Chloe Blatch - Comp#: 30218 - Female - Age: 7 - Kings Langley - Ind/Rel: 4 / 0	
#3 Girls U 7 70 Metre Sprint Prelims	NT
#11 Girls U 7 100 Metre Sprint Prelims	19.68
#31 Girls U 7 200 Metre Sprint Prelims	42.95
#201 Girls U 7 Discus (350 Gram)	8.99m
3. Anais Fraser - Comp#: 30162 - Female - Age: 8 - Kings Langley - Ind/Rel: 4 / 0	
#13 Girls U 8 100 Metre Sprint Prelims	23.05
#51 Girls U 8 400 Metre Run Pack Start	2:04.02
#69 Girls U 8 60 Metre Hurdles (45cm) Prelims	20.76
#97 Girls U 8 700 Metre Run Pack Start	3:34.66
4. Tharunisri Rajesh Kumar - Comp#: 30243 - Female - Age: 8 - Kings Langley - Ind/Rel: 4 / 0	
#5 Girls U 8 70 Metre Sprint Prelims	14.61
#13 Girls U 8 100 Metre Sprint Prelims	21.60
#69 Girls U 8 60 Metre Hurdles (45cm) Prelims	16.75
#223 Girls U 8 Shot Put (1.5 Kg)	2.58m
5. Jack Simai - Comp#: 30105 - Male - Age: 8 - Kings Langley - Ind/Rel: 4 / 0	
#6 Boys U 8 70 Metre Sprint Prelims	12.23
#70 Boys U 8 60 Metre Hurdles (45cm) Prelims	12.94
#98 Boys U 8 700 Metre Run Pack Start	NT
#172 Boys U 8 Long Jump	3.27m
6. Jack Sue-See - Comp#: 30281 - Male - Age: 8 - Kings Langley - Ind/Rel: 4 / 0	
#14 Boys U 8 100 Metre Sprint Prelims	19.92
#34 Boys U 8 200 Metre Sprint Prelims	44.94
#98 Boys U 8 700 Metre Run Pack Start	NT
#172 Boys U 8 Long Jump	2.10m
7. Isaac Talivakaola - Comp#: 38967 - Male - Age: 8 - Kings Langley - Ind/Rel: 4 / 0	
#6 Boys U 8 70 Metre Sprint Prelims	12.33
#14 Boys U 8 100 Metre Sprint Prelims	18.06
#34 Boys U 8 200 Metre Sprint Prelims	39.14
#172 Boys U 8 Long Jump	2.81m
8. Maddison Watson - Comp#: 30168 - Female - Age: 8 - Kings Langley - Ind/Rel: 4 / 0	
#33 Girls U 8 200 Metre Sprint Prelims	45.29
#51 Girls U 8 400 Metre Run Pack Start	1:47.34
#97 Girls U 8 700 Metre Run Pack Start	NT
#171 Girls U 8 Long Jump	2.41m
9. Georgia Blatch - Comp#: 30222 - Female - Age: 9 - Kings Langley - Ind/Rel: 4 / 0	
#35 Girls U 9 200 Metre Sprint Prelims	44.32
#71 Girls U 9 60 Metre Hurdles (45cm) Prelims	14.08
#153 Girls U 9 High Jump (S/H 0.80m)	NH
#173 Girls U 9 Long Jump	2.42m
10. Zachary Bowie - Comp#: 30193 - Male - Age: 9 - Kings Langley - Ind/Rel: 4 / 0	
#36 Boys U 9 200 Metre Sprint Prelims	38.17
#54 Boys U 9 400 Metre Sprint	1:39.72
#154 Boys U 9 High Jump (S/H 0.85m)	1.00m
#174 Boys U 9 Long Jump	2.72m

**North West Met ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Entries - All Events**


---

11. Aahaan Chakravorty - Comp#: 38969 - Male - Age: 9 - Kings Langley - Ind/Rel: 4 / 0	
#8 Boys U 9 70 Metre Sprint Prelims	NT
#16 Boys U 9 100 Metre Sprint Prelims	NT
#36 Boys U 9 200 Metre Sprint Prelims	NT
#100 Boys U 9 800 Metre Run	NT
12. Seilala Iaulualo - Comp#: 30283 - Female - Age: 9 - Kings Langley - Ind/Rel: 4 / 0	
#7 Girls U 9 70 Metre Sprint Prelims	12.74
#15 Girls U 9 100 Metre Sprint Prelims	18.21
#205 Girls U 9 Discus (500 Gram)	9.92m
#225 Girls U 9 Shot Put (2.0 Kg)	3.11m
13. Evie I Price - Comp#: 30080 - Female - Age: 9 - Kings Langley - Ind/Rel: 4 / 0	
#7 Girls U 9 70 Metre Sprint Prelims	14.62
#15 Girls U 9 100 Metre Sprint Prelims	19.96
#35 Girls U 9 200 Metre Sprint Prelims	46.62
#71 Girls U 9 60 Metre Hurdles (45cm) Prelims	14.83
14. Michael Woodhouse - Comp#: 30300 - Male - Age: 9 - Kings Langley - Ind/Rel: 4 / 0	
#16 Boys U 9 100 Metre Sprint Prelims	18.54
#54 Boys U 9 400 Metre Sprint	1:37.07
#72 Boys U 9 60 Metre Hurdles (45cm) Prelims	14.32
#226 Boys U 9 Shot Put (2.0 Kg)	7.23m
15. Stella Hay - Comp#: 30057 - Female - Age: 10 - Kings Langley - Ind/Rel: 1 / 0	
#139 Girls U 10 1100 Metre Walk	7:22.93
16. Sebastian Joyce - Comp#: 30091 - Male - Age: 10 - Kings Langley - Ind/Rel: 4 / 0	
#56 Boys U 10 400 Metre Sprint	1:38.24
#102 Boys U 10 800 Metre Run	3:42.57
#156 Boys U 10 High Jump (S/H 0.95m)	NH
#176 Boys U 10 Long Jump	2.79m
17. Phoebe Ligertwood - Comp#: 30176 - Female - Age: 10 - Kings Langley - Ind/Rel: 4 / 0	
#17 Girls U 10 100 Metre Sprint Prelims	18.05
#73 Girls U 10 60 Metre Hurdles (60cm) Prelims	14.29
#175 Girls U 10 Long Jump	2.98m
#207 Girls U 10 Discus (500 Gram)	12.81m
18. Sharwin Mageshkumar - Comp#: 30175 - Male - Age: 10 - Kings Langley - Ind/Rel: 4 / 0	
#10 Boys U 10 70 Metre Sprint Prelims	12.48
#18 Boys U 10 100 Metre Sprint Prelims	17.50
#38 Boys U 10 200 Metre Sprint Prelims	43.10
#74 Boys U 10 60 Metre Hurdles (60cm) Prelims	14.29
19. Patrick Martin - Comp#: 30093 - Male - Age: 10 - Kings Langley - Ind/Rel: 4 / 0	
#18 Boys U 10 100 Metre Sprint Prelims	NT
#38 Boys U 10 200 Metre Sprint Prelims	NT
#56 Boys U 10 400 Metre Sprint	NT
#102 Boys U 10 800 Metre Run	NT
20. Amir Ali Mohseni - Comp#: 30020 - Male - Age: 10 - Kings Langley - Ind/Rel: 3 / 0	
#18 Boys U 10 100 Metre Sprint Prelims	NT
#38 Boys U 10 200 Metre Sprint Prelims	NT
#56 Boys U 10 400 Metre Sprint	NT
21. Eloise Mugridge - Comp#: 30109 - Female - Age: 10 - Kings Langley - Ind/Rel: 4 / 0	
#9 Girls U 10 70 Metre Sprint Prelims	12.43
#37 Girls U 10 200 Metre Sprint Prelims	38.23
#101 Girls U 10 800 Metre Run	3:27.11
#227 Girls U 10 Shot Put (2.0 Kg)	4.58m

**North West Met ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Entries - All Events**


---

22. Neema Muia - Comp#: 38959 - Female - Age: 10 - Kings Langley - Ind/Rel: 4 / 0	
#9 Girls U 10 70 Metre Sprint Prelims	11.66
#17 Girls U 10 100 Metre Sprint Prelims	16.97
#37 Girls U 10 200 Metre Sprint Prelims	35.66
#101 Girls U 10 800 Metre Run	3:16.47
23. Ava Watson - Comp#: 30167 - Female - Age: 10 - Kings Langley - Ind/Rel: 3 / 0	
#9 Girls U 10 70 Metre Sprint Prelims	15.85
#207 Girls U 10 Discus (500 Gram)	14.05m
#227 Girls U 10 Shot Put (2.0 Kg)	4.30m
24. Olive Fraser - Comp#: 30156 - Female - Age: 11 - Kings Langley - Ind/Rel: 4 / 0	
#19 Girls U 11 100 Metre Sprint Prelims	20.22
#57 Girls U 11 400 Metre Sprint	1:50.96
#103 Girls U 11 800 Metre Run	4:01.91
#117 Girls U 11 1500 Metre Run	8:03.55
25. Ondine Fraser - Comp#: 30161 - Female - Age: 11 - Kings Langley - Ind/Rel: 4 / 0	
#39 Girls U 11 200 Metre Sprint Prelims	46.26
#57 Girls U 11 400 Metre Sprint	1:41.45
#103 Girls U 11 800 Metre Run	3:50.61
#117 Girls U 11 1500 Metre Run	7:56.00
26. Rafael Mokamba - Comp#: 30090 - Male - Age: 11 - Kings Langley - Ind/Rel: 4 / 0	
#104 Boys U 11 800 Metre Run	NT
#118 Boys U 11 1500 Metre Run	6:24.06
#190 Boys U 11 Triple Jump	6.85m
#210 Boys U 11 Discus 500 Gram)	15.15m
27. Adeel Pokharel - Comp#: 30287 - Male - Age: 11 - Kings Langley - Ind/Rel: 4 / 0	
#40 Boys U 11 200 Metre Sprint Prelims	NT
#76 Boys U 11 80 Metre Hurdles (60cm) Prelims	NT
#210 Boys U 11 Discus 500 Gram)	ND
#230 Boys U 11 Shot Put (2.0 Kg)	ND
28. Annabelle R Price - Comp#: 30079 - Female - Age: 11 - Kings Langley - Ind/Rel: 4 / 0	
#19 Girls U 11 100 Metre Sprint Prelims	16.50
#39 Girls U 11 200 Metre Sprint Prelims	37.70
#75 Girls U 11 80 Metre Hurdles (60cm) Prelims	18.48
#209 Girls U 11 Discus (500 Gram)	ND
29. Hamish Sandercoe - Comp#: 29998 - Male - Age: 11 - Kings Langley - Ind/Rel: 4 / 0	
#40 Boys U 11 200 Metre Sprint Prelims	36.89
#58 Boys U 11 400 Metre Sprint	1:20.06
#104 Boys U 11 800 Metre Run	3:07.81
#118 Boys U 11 1500 Metre Run	6:40.46
30. Mikhail Shaik - Comp#: 30213 - Male - Age: 11 - Kings Langley - Ind/Rel: 4 / 0	
#58 Boys U 11 400 Metre Sprint	1:18.84
#104 Boys U 11 800 Metre Run	3:00.09
#118 Boys U 11 1500 Metre Run	6:15.61
#178 Boys U 11 Long Jump	3.52m
31. Lily Simai - Comp#: 30097 - Female - Age: 11 - Kings Langley - Ind/Rel: 4 / 0	
#75 Girls U 11 80 Metre Hurdles (60cm) Prelims	22.77
#177 Girls U 11 Long Jump	2.60m
#189 Girls U 11 Triple Jump	6.17m
#229 Girls U 11 Shot Put (2.0 Kg)	4.63m

**North West Met ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Entries - All Events**

---

32.	Lincoln Sue-See - Comp#: 30288 - Male - Age: 11 - Kings Langley - Ind/Rel: 4 / 0	
	#76 Boys U 11 80 Metre Hurdles (60cm) Prelims	20.48
	#104 Boys U 11 800 Metre Run	3:15.51
	#118 Boys U 11 1500 Metre Run	6:26.30
	#178 Boys U 11 Long Jump	3.05m
33.	Liam Woodhouse - Comp#: 30302 - Male - Age: 11 - Kings Langley - Ind/Rel: 4 / 0	
	#20 Boys U 11 100 Metre Sprint Prelims	18.19
	#58 Boys U 11 400 Metre Sprint	1:31.35
	#118 Boys U 11 1500 Metre Run	7:08.88
	#190 Boys U 11 Triple Jump	5.66m
34.	Michael Giffney - Comp#: 30000 - Male - Age: 12 - Kings Langley - Ind/Rel: 5 / 0	
	#106 Boys U 12 800 Metre Run	2:53.09
	#120 Boys U 12 1500 Metre Run	5:51.82
	#212 Boys U 12 Discus (750 Gram)	28.09m
	#232 Boys U 12 Shot Put (2.0 Kg)	10.33m
	#244 Boys U 12 Javelin (400 Gram)	ND
35.	Sophie Seymon - Comp#: 30256 - Female - Age: 12 - Kings Langley - Ind/Rel: 2 / 0	
	#105 Girls U 12 800 Metre Run	3:15.99
	#119 Girls U 12 1500 Metre Run	6:25.11
36.	Brian Jack - Comp#: 30002 - Male - Age: 13 - Kings Langley - Ind/Rel: 5 / 0	
	#44 Boys U 13 200 Metre Sprint Prelims	30.04
	#80 Boys U 13 80 Metre Hurdles (76cm) Prelims	17.86
	#108 Boys U 13 800 Metre Run	2:47.08
	#122 Boys U 13 1500 Metre Run	5:41.12
	#130 Boys U 13 3000 Metre Run	NT
37.	Tristan Prosser-Shaw - Comp#: 30115 - Male - Age: 13 - Kings Langley - Ind/Rel: 2 / 0	
	#24 Boys U 13 100 Metre Sprint Prelims	15.91
	#182 Boys U 13 Long Jump	3.72m
38.	Alex Jack - Comp#: 30001 - Male - Age: 14 - Kings Langley - Ind/Rel: 6 / 0	
	#26 Boys U 14 100 Metre Sprint Prelims	14.42
	#46 Boys U 14 200 Metre Sprint Prelims	30.81
	#184 Boys U 14 Long Jump	3.53m
	#216 Boys U 14 Discus (1.0 Kg)	24.90m
	#236 Boys U 14 Shot Put (3.0 Kg)	9.72m
	#248 Boys U 14 Javelin (600 Gram)	ND
39.	Caitlyn Ligertwood - Comp#: 30177 - Female - Age: 14 - Kings Langley - Ind/Rel: 5 / 0	
	#25 Girls U 14 100 Metre Sprint Prelims	17.58
	#63 Girls U 14 400 Metre Sprint	1:37.73
	#109 Girls U 14 800 Metre Run	3:29.24
	#215 Girls U 14 Discus (1.0 Kg)	13.04m
	#247 Girls U 14 Javelin (400 Gram)	ND
40.	Cooper Thompson - Comp#: 30273 - Male - Age: 14 - Kings Langley - Ind/Rel: 5 / 0	
	#46 Boys U 14 200 Metre Sprint Prelims	32.61
	#64 Boys U 14 400 Metre Sprint	1:15.87
	#82 Boys U 14 90 Metre Hurdles (76cm) Prelims	19.22
	#164 Boys U 14 High Jump (S/H 1.25m)	1.36m
	#196 Boys U 14 Triple Jump	8.01m

**North West Met ZONE TRACK & FIELD CHAMPIONSHIPS****Roxborough Park****Entries - All Events**

---

41. Lucas Ward - Comp#: 30227 - Male - Age: 14 - Kings Langley - Ind/Rel: 6 / 0	
#90 Boys U 14 200 Metre Hurdles (76cm)	NT
#164 Boys U 14 High Jump (S/H 1.25m)	1.36m
#184 Boys U 14 Long Jump	4.04m
#196 Boys U 14 Triple Jump	9.77m
#216 Boys U 14 Discus (1.0 Kg)	22.10m
#248 Boys U 14 Javelin (600 Gram)	ND
42. Ruhan Kalal - Comp#: 30249 - Male - Age: 15 - Kings Langley - Ind/Rel: 3 / 0	
#28 Boys U 15 100 Metre Sprint Prelims	13.54
#48 Boys U 15 200 Metre Sprint Prelims	31.33
#186 Boys U 15 Long Jump	4.08m
43. gurshaan pannu - Comp#: 38955 - Male - Age: 15 - Kings Langley - Ind/Rel: 2 / 0	
#112 Boys U 15 800 Metre Run	2:52.31
#126 Boys U 15 1500 Metre Run	6:05.97
44. Claire Giffney - Comp#: 30003 - Female - Age: 17 - Kings Langley - Ind/Rel: 4 / 0	
#135 Girls U 17 3000 Metre Run	NT
#151 Girls U 17 1500 Metre Walk	8:57.70
#219 Girls U 17 Discus (1.0 Kg)	29.23m
#239 Girls U 17 Shot Put (3.0 Kg)	ND

---

**Total Athletes: 44**