

North West Met ZONE TRACK & FIELD CHAMPIONSHIPS

Roxborough Park

Meet Summary - All Events

	Seed	Heats	Final	
Hudson Bennett - Male - Age: 7 - Comp#: 30107 - Kings Langley				
#2 Boys U 7 50 Metre Sprint	11.05	12.07 (13)		
#170 Boys U 7 Long Jump	2.60m		2.56m	(7)
#202 Boys U 7 Discus (350 Gram)	10.30m		5.39m	(13)
Chloe Blatch - Female - Age: 7 - Comp#: 30218 - Kings Langley				
#11 Girls U 7 100 Metre Sprint	19.68	19.52 (6)	19.60	(7) *
#31 Girls U 7 200 Metre Sprint	42.95	41.24 (5)	42.33	(5) *
#95 Girls U 7 500 Metre Run Pack Start	NT		2:10.30	(6)
#201 Girls U 7 Discus (350 Gram)	8.99m		12.48m	(1) *
Georgia Blatch - Female - Age: 9 - Comp#: 30222 - Kings Langley				
#35 Girls U 9 200 Metre Sprint	44.32	39.56 (12)		*
#71 Girls U 9 60 Metre Hurdles (45cm)	14.08	14.10 (18)		
#153 Girls U 9 High Jump (S/H 0.80m)	NH		0.90m	(6) *
#173 Girls U 9 Long Jump	2.42m		2.62m	(13) *
Zachary Bowie - Male - Age: 9 - Comp#: 30193 - Kings Langley				
#36 Boys U 9 200 Metre Sprint	38.17	35.62 (10)		*
#54 Boys U 9 400 Metre Sprint	1:39.72		1:22.46	(7) *
#154 Boys U 9 High Jump (S/H 0.85m)	1.00m		0.95m	(9)
#174 Boys U 9 Long Jump	2.72m		3.04m	(13) *
Aahaan Chakravorty - Male - Age: 9 - Comp#: 38969 - Kings Langley				
#8 Boys U 9 70 Metre Sprint	NT	12.90 (15)		
#16 Boys U 9 100 Metre Sprint	NT	19.46 (21)		
#36 Boys U 9 200 Metre Sprint	NT	38.95 (14)		
#100 Boys U 9 800 Metre Run	NT		3:24.89	(14)
Anais Fraser - Female - Age: 8 - Comp#: 30162 - Kings Langley				
#13 Girls U 8 100 Metre Sprint	23.05	22.43 (16)		*
#51 Girls U 8 400 Metre Run Pack Start	2:04.02		1:55.83	(11) *
#69 Girls U 8 60 Metre Hurdles (45cm)	20.76	19.67 (20)		*
#97 Girls U 8 700 Metre Run Pack Start	3:34.66		3:24.96	(8) *
Olive Fraser - Female - Age: 11 - Comp#: 30156 - Kings Langley				
#19 Girls U 11 100 Metre Sprint	20.22	19.75 (18)		*
#57 Girls U 11 400 Metre Sprint	1:50.96		1:45.06	(14) *
#103 Girls U 11 800 Metre Run	4:01.91		3:51.24	(12) *
#117 Girls U 11 1500 Metre Run	8:03.55		7:53.00	(10) *
Ondine Fraser - Female - Age: 11 - Comp#: 30161 - Kings Langley				
#57 Girls U 11 400 Metre Sprint	1:41.45		1:37.56	(13) *
#103 Girls U 11 800 Metre Run	3:50.61		3:45.65	(11) *
#117 Girls U 11 1500 Metre Run	7:56.00		7:28.89	(9) *
Claire Giffney - Female - Age: 17 - Comp#: 30003 - Kings Langley				
#135 Girls U 17 3000 Metre Run	NT		DNS	
#151 Girls U 17 1500 Metre Walk	8:57.70		9:10.59	(2)
#219 Girls U 17 Discus (1.0 Kg)	29.23m		20.30m	(5)
#239 Girls U 17 Shot Put (3.0 Kg)	ND		6.69m	(6) *
Michael Giffney - Male - Age: 12 - Comp#: 30000 - Kings Langley				
#106 Boys U 12 800 Metre Run	2:53.09		2:38.68	(6) *
#120 Boys U 12 1500 Metre Run	5:51.82		5:32.24	(6) *
#212 Boys U 12 Discus (750 Gram)	28.09m		29.29m	(2) *
#232 Boys U 12 Shot Put (2.0 Kg)	10.33m		10.55m	(3) *
#244 Boys U 12 Javelin (400 Gram)	ND		28.08m	(2) *
Stella Hay - Female - Age: 10 - Comp#: 30057 - Kings Langley				
#139 Girls U 10 1100 Metre Walk	7:22.93		7:10.40	(3) *
Seilala Iaulualo - Female - Age: 9 - Comp#: 30283 - Kings Langley				
#7 Girls U 9 70 Metre Sprint	12.74	12.32 (7)	12.36	(8) *
#15 Girls U 9 100 Metre Sprint	18.21	17.30 (9)		*
#205 Girls U 9 Discus (500 Gram)	9.92m		12.29m	(7) *
#225 Girls U 9 Shot Put (2.0 Kg)	3.11m		4.96m	(2) *

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Alex Jack - Male - Age: 14 - Comp#: 30001 - Kings Langley				
#26 Boys U 14 100 Metre Sprint	14.42	13.76 (12)		*
#46 Boys U 14 200 Metre Sprint	30.81		29.23 (8)	*
#184 Boys U 14 Long Jump	3.53m		3.63m (16)	*
#216 Boys U 14 Discus (1.0 Kg)	24.90m		24.80m (2)	
#236 Boys U 14 Shot Put (3.0 Kg)	9.72m		9.25m (3)	
#248 Boys U 14 Javelin (600 Gram)	ND		19.16m (8)	*
Brian Jack - Male - Age: 13 - Comp#: 30002 - Kings Langley				
#44 Boys U 13 200 Metre Sprint	30.04	29.84 (7)	31.38 (6)	*
#80 Boys U 13 80 Metre Hurdles (76cm)	17.86	16.79 (7)	16.82 (7)	*
#108 Boys U 13 800 Metre Run	2:47.08		2:50.91 (13)	
#122 Boys U 13 1500 Metre Run	5:41.12		5:50.27 (14)	
#130 Boys U 13 3000 Metre Run	NT		DNF	
#182 Boys U 13 Long Jump	ND		4.15m (6)	*
Sebastian Joyce - Male - Age: 10 - Comp#: 30091 - Kings Langley				
#56 Boys U 10 400 Metre Sprint	1:38.24		1:30.71 (21)	*
#102 Boys U 10 800 Metre Run	3:42.57		DNF	
#156 Boys U 10 High Jump (S/H 0.95m)	NH		0.95m (16)	*
#176 Boys U 10 Long Jump	2.79m		2.94m (22)	*
Ruhan Kalal - Male - Age: 15 - Comp#: 30249 - Kings Langley				
#28 Boys U 15 100 Metre Sprint	13.54	13.12 (9)		*
#48 Boys U 15 200 Metre Sprint	31.33		27.10 (4)	*
#186 Boys U 15 Long Jump	4.08m		3.45m (11)	
Kings Langley - Female - Age: 12 - Comp#: - Kings Langley				
#322 Girls U 7-17 Police Challenge	NT		16.56 (7)	
Kings Langley - Male - Age: 12 - Comp#: - Kings Langley				
#321 Boys U 7-17 Police Challenge	NT		14.45 (7)	
Caitlyn Ligertwood - Female - Age: 14 - Comp#: 30177 - Kings Langley				
#25 Girls U 14 100 Metre Sprint	17.58	15.94 (12)		*
#109 Girls U 14 800 Metre Run	3:29.24		DNF	
#215 Girls U 14 Discus (1.0 Kg)	13.04m		DNF	
#247 Girls U 14 Javelin (400 Gram)	ND		13.30m (8)	*
Phoebe Ligertwood - Female - Age: 10 - Comp#: 30176 - Kings Langley				
#17 Girls U 10 100 Metre Sprint	18.05	17.85 (17)		*
#73 Girls U 10 60 Metre Hurdles (60cm)	14.29	13.83 (10)		*
#175 Girls U 10 Long Jump	2.98m		DNF	
#207 Girls U 10 Discus (500 Gram)	12.81m		10.49m (10)	
Sharwin Mageshkumar - Male - Age: 10 - Comp#: 30175 - Kings Langley				
#10 Boys U 10 70 Metre Sprint	12.48	11.57 (13)		*
#18 Boys U 10 100 Metre Sprint	17.50	16.57 (13)		*
#38 Boys U 10 200 Metre Sprint	43.10	35.83 (16)		*
#74 Boys U 10 60 Metre Hurdles (60cm)	14.29	14.40 (14)		
Patrick Martin - Male - Age: 10 - Comp#: 30093 - Kings Langley				
#18 Boys U 10 100 Metre Sprint	NT	17.44 (17)		
#38 Boys U 10 200 Metre Sprint	NT	38.60 (19)		
#56 Boys U 10 400 Metre Sprint	NT		1:26.89 (20)	
#102 Boys U 10 800 Metre Run	NT		3:26.87 (18)	
Amir Ali Mohseni - Male - Age: 10 - Comp#: 30020 - Kings Langley				
#18 Boys U 10 100 Metre Sprint	NT	18.55 (20)		
#38 Boys U 10 200 Metre Sprint	NT	DNF		
#56 Boys U 10 400 Metre Sprint	NT		DNF	
Rafael Mokamba - Male - Age: 11 - Comp#: 30090 - Kings Langley				
#104 Boys U 11 800 Metre Run	NT		3:03.77 (12)	
#118 Boys U 11 1500 Metre Run	6:24.06		6:05.95 (12)	*
#190 Boys U 11 Triple Jump	6.85m		7.45m (8)	*
#210 Boys U 11 Discus 500 Gram)	15.15m		8.69m (16)	

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Eloise Mugridge - Female - Age: 10 - Comp#: 30109 - Kings Langley					
#9 Girls U 10 70 Metre Sprint	12.43	11.88 (8)	12.20	(8)	*
#37 Girls U 10 200 Metre Sprint	38.23	DNS			
#101 Girls U 10 800 Metre Run	3:27.11		3:26.65	(12)	*
#227 Girls U 10 Shot Put (2.0 Kg)	4.58m		4.63m	(8)	*
Neema Muia - Female - Age: 10 - Comp#: 38959 - Kings Langley					
#9 Girls U 10 70 Metre Sprint	11.66	11.08 (1)	11.34	(1)	*
#17 Girls U 10 100 Metre Sprint	16.97	16.27 (1)	15.48	(1)	*
#37 Girls U 10 200 Metre Sprint	35.66	32.28 (1)	32.76	(1)	*
gurshaan pannu - Male - Age: 15 - Comp#: 38955 - Kings Langley					
#112 Boys U 15 800 Metre Run	2:52.31		2:40.46	(4)	*
#126 Boys U 15 1500 Metre Run	6:05.97		DNS		
Adeel Pokharel - Male - Age: 11 - Comp#: 30287 - Kings Langley					
#40 Boys U 11 200 Metre Sprint	NT	DNS			
#76 Boys U 11 80 Metre Hurdles (60cm)	NT	DNS			
#210 Boys U 11 Discus 500 Gram)	ND		DNS		
#230 Boys U 11 Shot Put (2.0 Kg)	ND		DNS		
Annabelle R Price - Female - Age: 11 - Comp#: 30079 - Kings Langley					
#19 Girls U 11 100 Metre Sprint	16.50	16.25 (11)			*
#39 Girls U 11 200 Metre Sprint	37.70	34.58 (11)			*
#75 Girls U 11 80 Metre Hurdles (60cm)	18.48	16.68 (5)	17.07	(5)	*
#209 Girls U 11 Discus (500 Gram)	ND		17.20m	(4)	*
Evie I Price - Female - Age: 9 - Comp#: 30080 - Kings Langley					
#7 Girls U 9 70 Metre Sprint	14.62	13.57 (17)			*
#15 Girls U 9 100 Metre Sprint	19.96	19.53 (16)			*
#35 Girls U 9 200 Metre Sprint	46.62	42.64 (13)			*
#71 Girls U 9 60 Metre Hurdles (45cm)	14.83	13.96 (16)			*
Tristan Prosser-Shaw - Male - Age: 13 - Comp#: 30115 - Kings Langley					
#24 Boys U 13 100 Metre Sprint	15.91	14.86 (11)			*
#182 Boys U 13 Long Jump	3.72m		4.02m	(9)	*
Tharunisri Rajesh Kumar - Female - Age: 8 - Comp#: 30243 - Kings Langley					
#5 Girls U 8 70 Metre Sprint	14.61	DNS			
#13 Girls U 8 100 Metre Sprint	21.60	21.17 (13)			*
#69 Girls U 8 60 Metre Hurdles (45cm)	16.75	17.02 (19)			
#223 Girls U 8 Shot Put (1.5 Kg)	2.58m		DNS		
Hamish Sandercoe - Male - Age: 11 - Comp#: 29998 - Kings Langley					
#40 Boys U 11 200 Metre Sprint	36.89	36.56 (11)			*
#58 Boys U 11 400 Metre Sprint	1:20.06		1:16.95	(6)	*
#104 Boys U 11 800 Metre Run	3:07.81		3:14.70	(16)	
#118 Boys U 11 1500 Metre Run	6:40.46		6:14.69	(14)	*
Sophie Seymon - Female - Age: 12 - Comp#: 30256 - Kings Langley					
#105 Girls U 12 800 Metre Run	3:15.99		3:10.10	(11)	*
#119 Girls U 12 1500 Metre Run	6:25.11		6:16.86	(9)	*
Mikhail Shaik - Male - Age: 11 - Comp#: 30213 - Kings Langley					
#58 Boys U 11 400 Metre Sprint	1:18.84		1:18.90	(9)	
#104 Boys U 11 800 Metre Run	3:00.09		2:57.69	(8)	*
#118 Boys U 11 1500 Metre Run	6:15.61		6:00.29	(11)	*
#178 Boys U 11 Long Jump	3.52m		3.56m	(4)	*
Jack Simai - Male - Age: 8 - Comp#: 30105 - Kings Langley					
#6 Boys U 8 70 Metre Sprint	12.23	12.25 (3)	12.58	(6)	
#70 Boys U 8 60 Metre Hurdles (45cm)	12.94	12.68 (8)	12.86	(6)	*
#98 Boys U 8 700 Metre Run Pack Start	NT		3:10.54	(15)	
#172 Boys U 8 Long Jump	3.27m		3.27m	(2)	
Lily Simai - Female - Age: 11 - Comp#: 30097 - Kings Langley					
#75 Girls U 11 80 Metre Hurdles (60cm)	22.77	19.39 (11)			*
#177 Girls U 11 Long Jump	2.60m		3.05m	(9)	*
#189 Girls U 11 Triple Jump	6.17m		6.84m	(12)	*
#229 Girls U 11 Shot Put (2.0 Kg)	4.63m		4.47m	(11)	

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Meet Summary - All Events

	Seed	Heats	Final	
Jack Sue-See - Male - Age: 8 - Comp#: 30281 - Kings Langley				
#14 Boys U 8 100 Metre Sprint	19.92	19.48 (21)		*
#34 Boys U 8 200 Metre Sprint	44.94	DNS		
#98 Boys U 8 700 Metre Run Pack Start	NT		3:16.85 (18)	
#172 Boys U 8 Long Jump	2.10m		1.83m (25)	
Lincoln Sue-See - Male - Age: 11 - Comp#: 30288 - Kings Langley				
#76 Boys U 11 80 Metre Hurdles (60cm)	20.48	18.24 (10)		*
#104 Boys U 11 800 Metre Run	3:15.51		3:06.19 (14)	*
#118 Boys U 11 1500 Metre Run	6:26.30		6:26.07 (18)	*
#178 Boys U 11 Long Jump	3.05m		2.23m (13)	
Isaac Talivakaola - Male - Age: 8 - Comp#: 38967 - Kings Langley				
#6 Boys U 8 70 Metre Sprint	12.33	12.32 (4)	12.39 (4)	*
#14 Boys U 8 100 Metre Sprint	18.06	17.33 (7)	17.28 (6)	*
#34 Boys U 8 200 Metre Sprint	39.14	36.51 (7)	36.51 (6)	*
#172 Boys U 8 Long Jump	2.81m		2.69m (9)	
Cooper Thompson - Male - Age: 14 - Comp#: 30273 - Kings Langley				
#64 Boys U 14 400 Metre Sprint	1:15.87		1:09.16 (6)	*
#82 Boys U 14 90 Metre Hurdles (76cm)	19.22		16.46 (3)	*
#90 Boys U 14 200 Metre Hurdles (76cm)	NT		33.27 (7)	
#164 Boys U 14 High Jump (S/H 1.25m)	1.36m		1.40m (7)	*
#196 Boys U 14 Triple Jump	8.01m		9.00m (8)	*
Lucas Ward - Male - Age: 14 - Comp#: 30227 - Kings Langley				
#90 Boys U 14 200 Metre Hurdles (76cm)	NT		34.17 (8)	
#164 Boys U 14 High Jump (S/H 1.25m)	1.36m		1.35m (9)	
#184 Boys U 14 Long Jump	4.04m		4.04m (13)	
#196 Boys U 14 Triple Jump	9.77m		9.62m (5)	
#216 Boys U 14 Discus (1.0 Kg)	22.10m		20.34m (4)	
#248 Boys U 14 Javelin (600 Gram)	ND		14.54m (11)	*
Ava Watson - Female - Age: 10 - Comp#: 30167 - Kings Langley				
#9 Girls U 10 70 Metre Sprint	15.85	14.95 (15)		*
#207 Girls U 10 Discus (500 Gram)	14.05m		13.31m (5)	
#227 Girls U 10 Shot Put (2.0 Kg)	4.30m		5.45m (4)	*
Maddison Watson - Female - Age: 8 - Comp#: 30168 - Kings Langley				
#33 Girls U 8 200 Metre Sprint	45.29	40.15 (6)	41.36 (7)	*
#51 Girls U 8 400 Metre Run Pack Start	1:47.34		1:36.82 (4)	*
#97 Girls U 8 700 Metre Run Pack Start	NT		3:12.22 (4)	
#171 Girls U 8 Long Jump	2.41m		2.88m (3)	*
Liam Woodhouse - Male - Age: 11 - Comp#: 30302 - Kings Langley				
#20 Boys U 11 100 Metre Sprint	18.19	18.11 (14)		*
#58 Boys U 11 400 Metre Sprint	1:31.35		1:22.49 (12)	*
#118 Boys U 11 1500 Metre Run	7:08.88		7:09.94 (21)	
#190 Boys U 11 Triple Jump	5.66m		5.44m (14)	
Michael Woodhouse - Male - Age: 9 - Comp#: 30300 - Kings Langley				
#16 Boys U 9 100 Metre Sprint	18.54	17.77 (19)		*
#54 Boys U 9 400 Metre Sprint	1:37.07		1:35.89 (17)	*
#72 Boys U 9 60 Metre Hurdles (45cm)	14.32	13.16 (15)		*
#226 Boys U 9 Shot Put (2.0 Kg)	7.23m		5.23m (10)	
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Relay	Seed	Heats	Final	
1 Kings Langley				
#277 Girls U 9-12 4x100 Metre Relay (Jnr)	NT		1:10.84 (5)	
2 Kings Langley				
#280 Boys U 12-17 4x100 Metre Relay (Snr)	NT		58.45 (6)	

Total Athletes: 45

Total Relays: 2